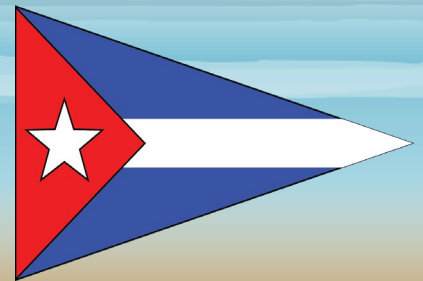
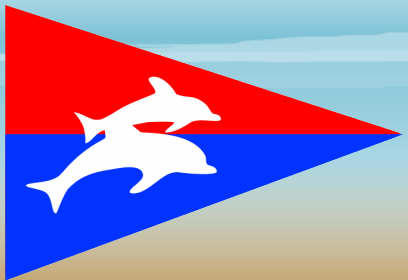




Offshore Skills

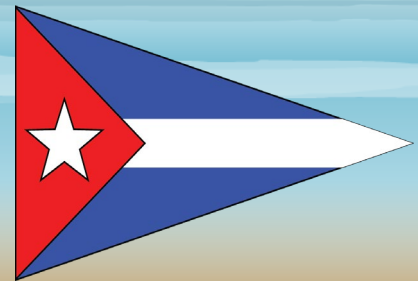
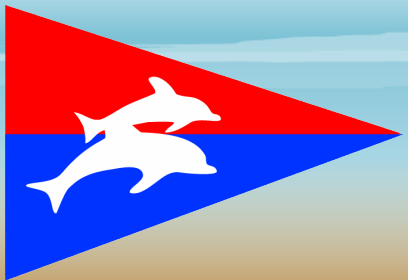
CREW





Crew Considerations

MARY LOVELY, PHD, RN
JIM QUANCI





Where from...

- *People You Know*
- *Personal Reference*
- *Unknown? Such as from Crew List...*



Compatibility

- *Trust but Verify*
 - ✓ *Time together*
 - ✓ *At sea under stress*
 - ✓ *With not enough sleep*



Speaking of Trust...

- *A sensitive subject...*
- *In most venues... legally “private” (don’t ask, don’t tell)*
- *But a “must” when on a long voyage...*
- *Not necessarily a dis-qualifier... but a consideration*
- *Chronic Health Conditions*
 - ✓ *Diabetes*
 - ✓ *Epilepsy*
 - ✓ *Heart Conditions*
 - ✓ *Sleep Disorders*
 - ✓ *Other*
- *You need to know*
 - ✓ *Tough conditions first few days can “bring it out”*
 - ✓ *Crew on board trained to help*
 - ✓ *Boat prep - Have great sat phone and email if med advice needed?*
 - ✓ *Compatible with your goals?*
 - ✓ *They may not want to tell you or feel they have to tell you*



People that can be “Safe”

- *“Enough” discipline to follow rules and orders*



What about a “Pro”?

- *Still need to verify compatibility*
- *Need to be sure goals are aligned...*
- *Get references that match your “program”*



Goal Alignment

- *Can/will your crew be honest about their goals?*
- *Does skipper and crew have aligned goals?*
- *If you have a Pro (or just a single very good sailor), are their goals aligned with the Skipper and the crew?*



Know your goals – and share with prospective crew

- *Fun sail – spinnaker optional*
- *Adventure of a lifetime – and would like to place well - but may drop spinnaker in a squall*
- *All out – I want to win*

Then

- *Watch closely how prospective crew react to your goals*
- *Are they saying yes but looking like no (will they sow discontent?)*



Diversity

- *Skills*
 - *Sail Handling*
 - *Mechanic/Electrical*
 - *Food Organize and Cook*
 - *Driver(s)*
 - *Some young muscle can be nice (at night in big breeze)*
 - *Opportunity to learn!*
- *For Fun!*
 - *Great conversation*
 - *Good humor*



Match Boat Setup with Crew

- *Match boat setup to crew skills*





Compatibility

Safety

Goal Alignment