

Pacific Offshore Academy Pacific Cup Weather and Race Strategy

by

Paul Kamen, Naval Architect, P.E.

January 26, 2020



Phase 1: The Start



20 ROOM TO TACK AT AN OBSTRUCTION

20.1 Hailing

A boat may hail for *room* to tack and avoid a boat on the same *tack*. However, she shall not hail unless

- (a) she is approaching an *obstruction* and will soon need to make a substantial course change to avoid it safely, and
- (b) she is sailing close-hauled or above.

In addition, she shall not hail if the *obstruction* is a *mark* and a boat that is *fetching* it would be required to change course as a result of the hail.

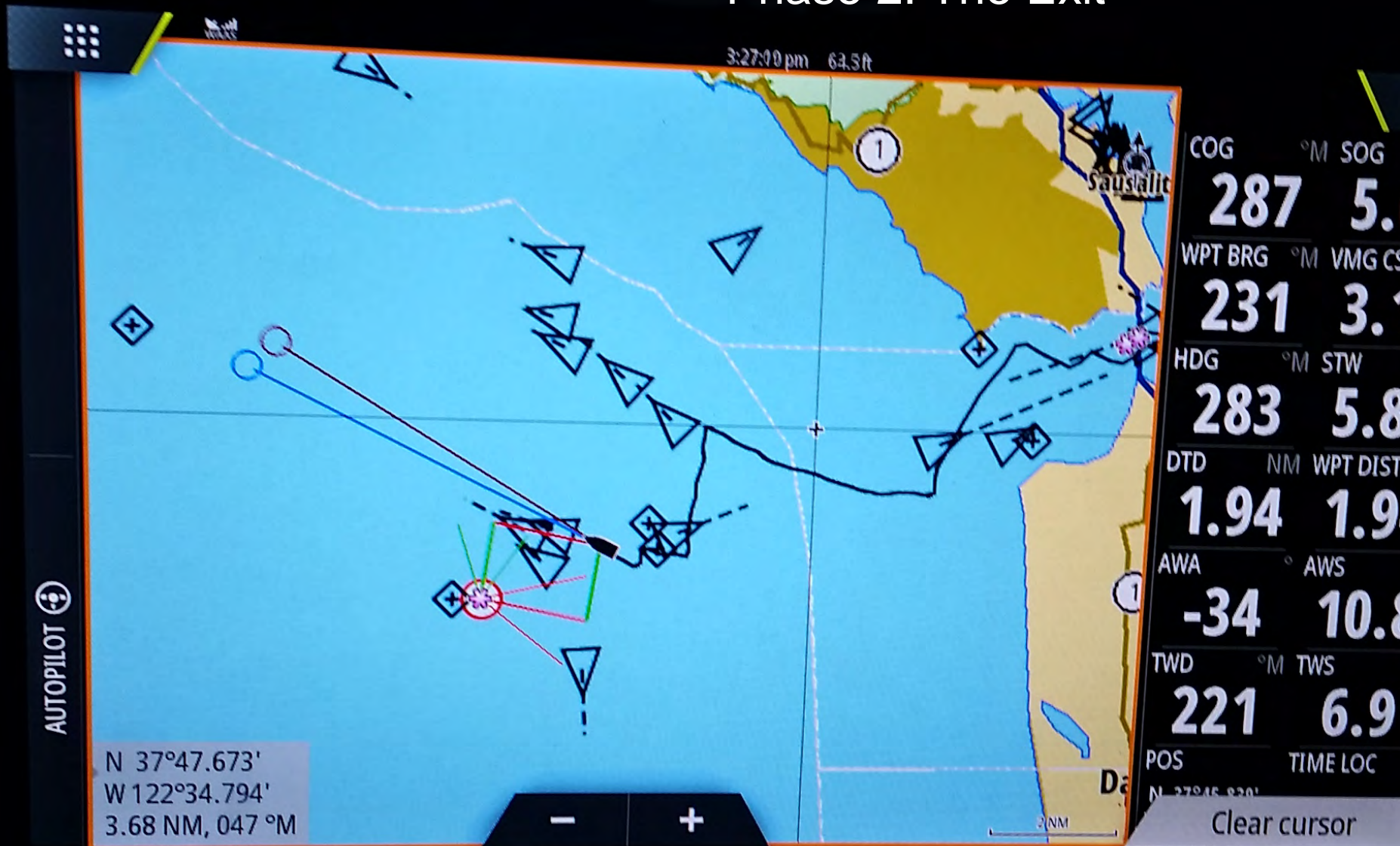
20.2 Responding

- (a) After a boat hails, she shall give a hailed boat time to respond.
- (b) A hailed boat shall respond even if the hail breaks rule 20.1.
- (c) A hailed boat shall respond either by tacking as soon as possible, or by immediately replying 'You tack' and then giving the hailing boat *room* to tack and avoid her.
- (d) When a hailed boat responds, the hailing boat shall tack as soon as possible.
- (e) From the time a boat hails until she has tacked and avoided a hailed boat, rule 18.2 does not apply between them.

20.3 Passing On a Hail to an Additional Boat

When a boat has been hailed for *room* to tack and she intends to respond by tacking, she may hail another boat on the same *tack* for *room* to tack and avoid her. She may hail even if her hail does not meet the conditions of rule 20.1. Rule 20.2 applies between her and a boat she hails.

Phase 2: The Exit





Marin

Tiburon

Raccoon
Strait

Angel
Island

Alcatraz

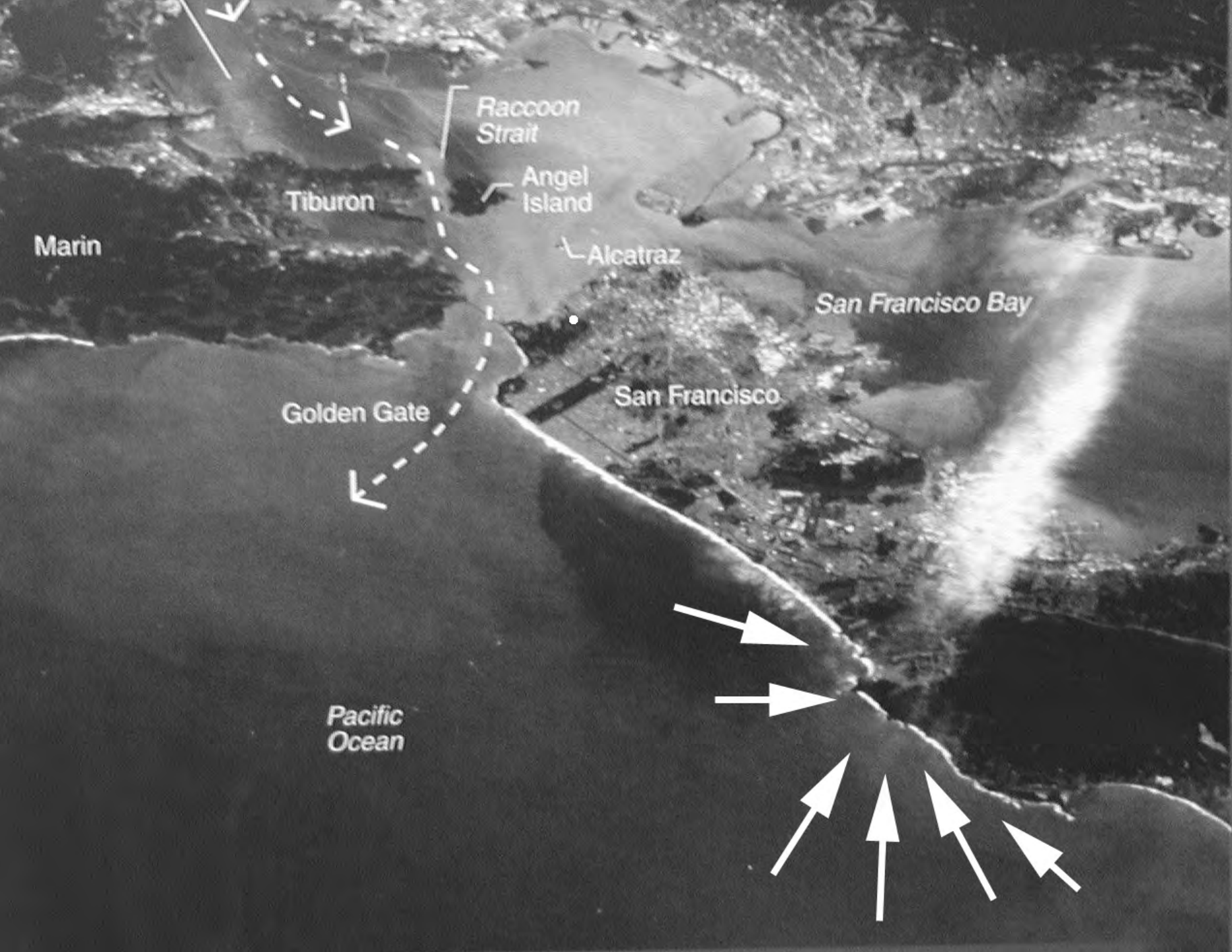
San Francisco Bay

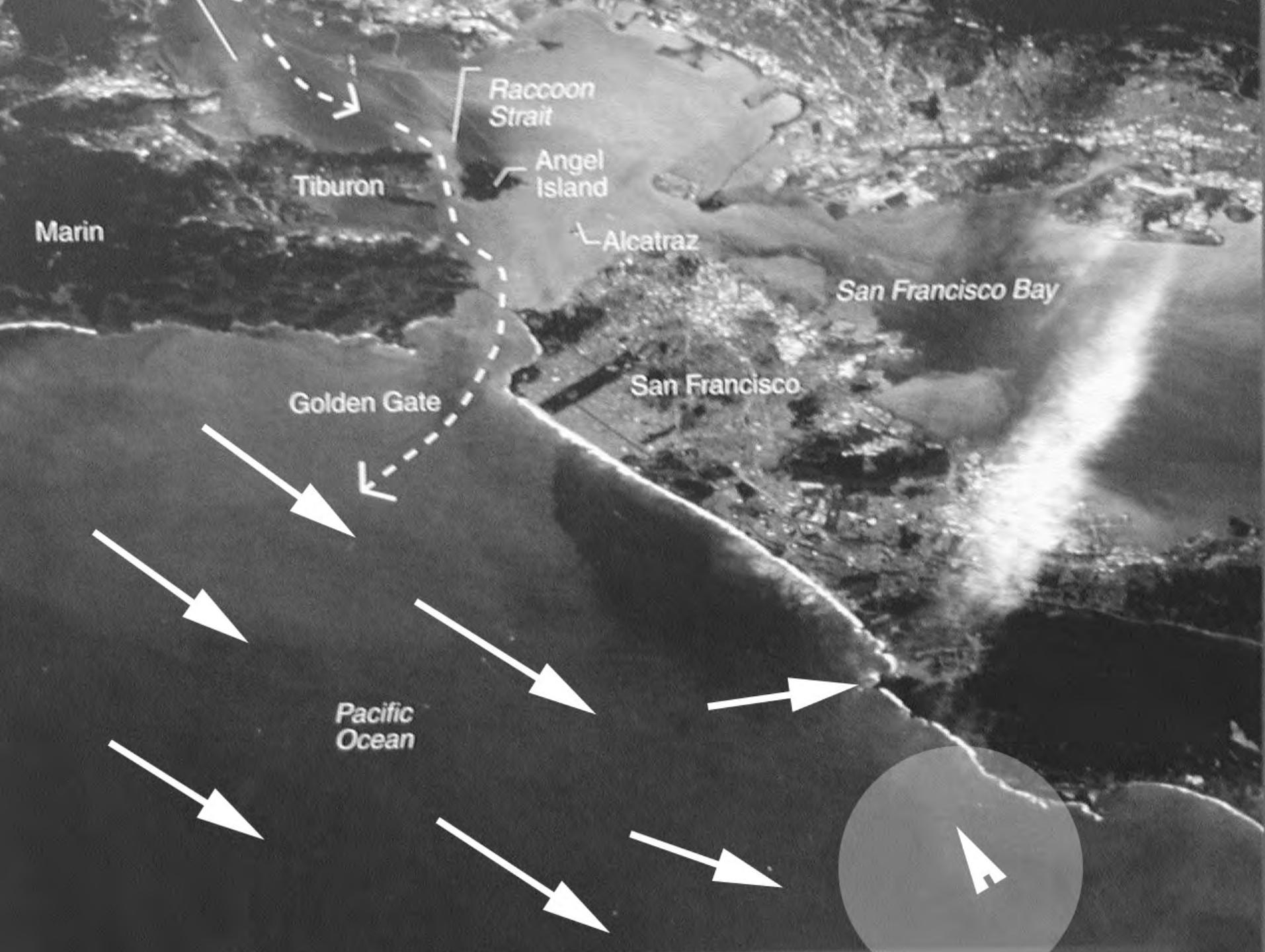
San Francisco

Golden Gate

Pacific
Ocean







Dial-A-Buoy

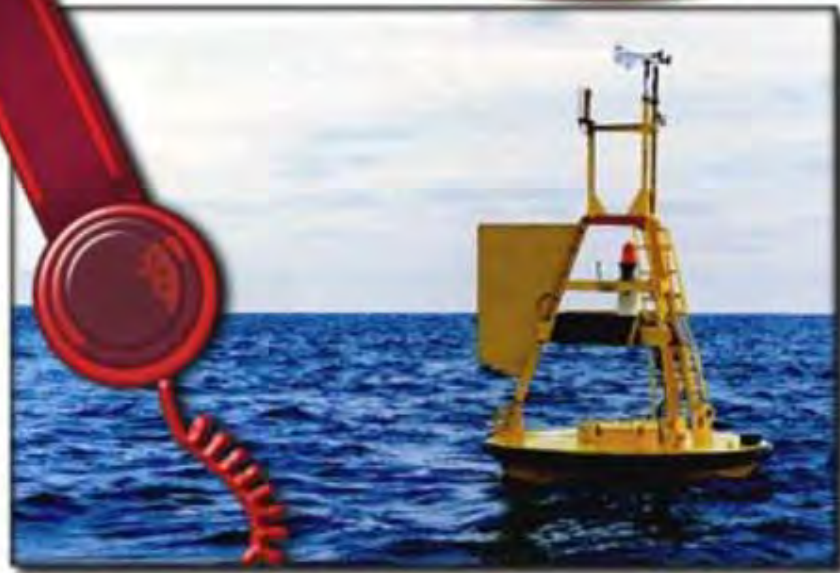
Call 888-701-8992
Commercial 301-713-9620

**How Does
Dial-A-Buoy
Work?**

**What is
Dial-A-Buoy?**

**How Do I Use
Dial-A-Buoy?**

**What Should
I Do If...?**





46013 wind and wave

888-701-8992

46214 waves

PRYC1 wind

46237
waves

46026 wind
and wave

46012 wind

46012

Phase 3:

Race to the Synoptic Wind

Petaluma

Miller Park

Novato

Ignacio

San Rafael

Mill Valley

San
Francisco

Daly City

Pacifica

Shenando
Pa

Richmo

Be

Sa

Windy Hill Op



888-701-8992

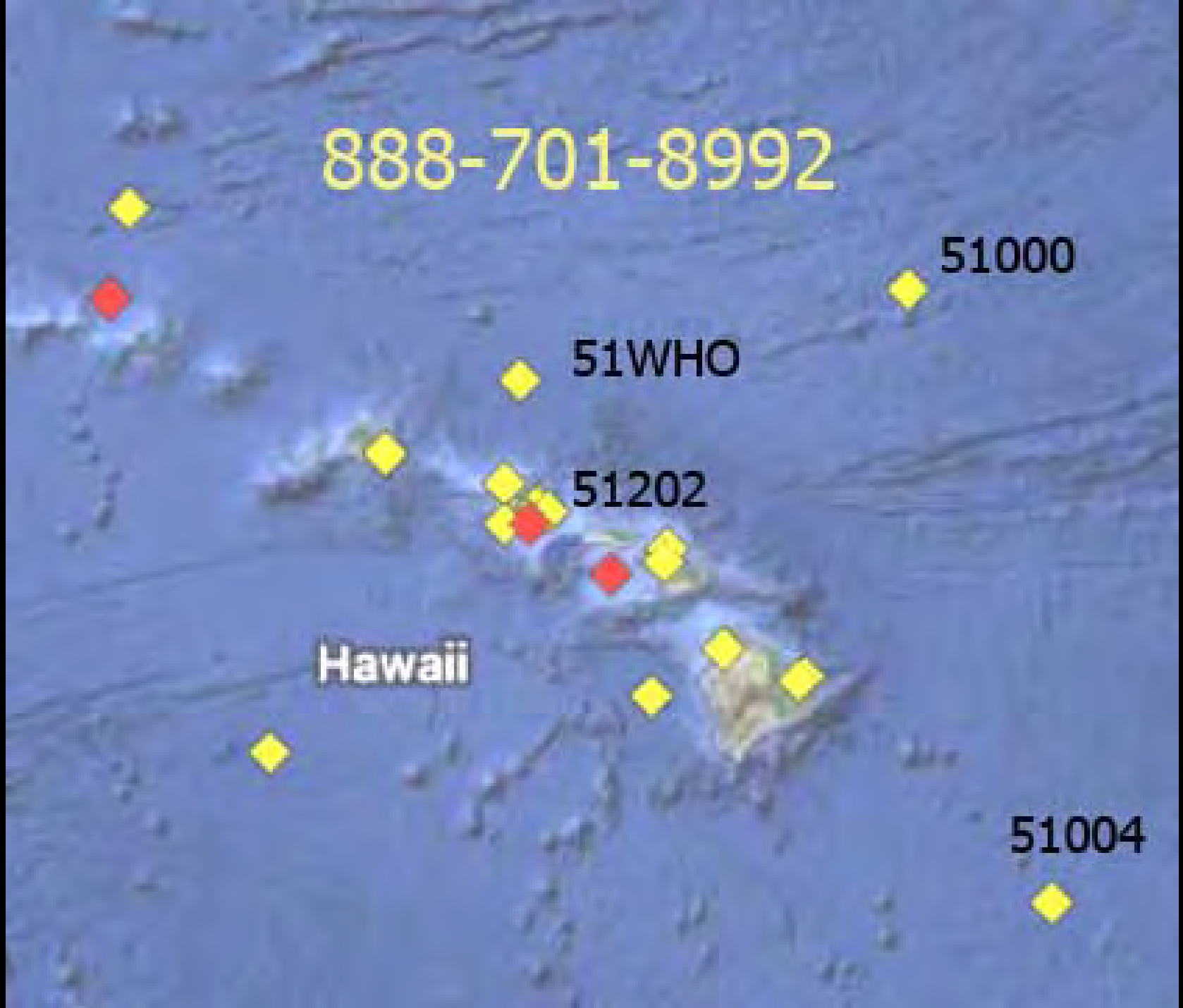
51000

51WHO

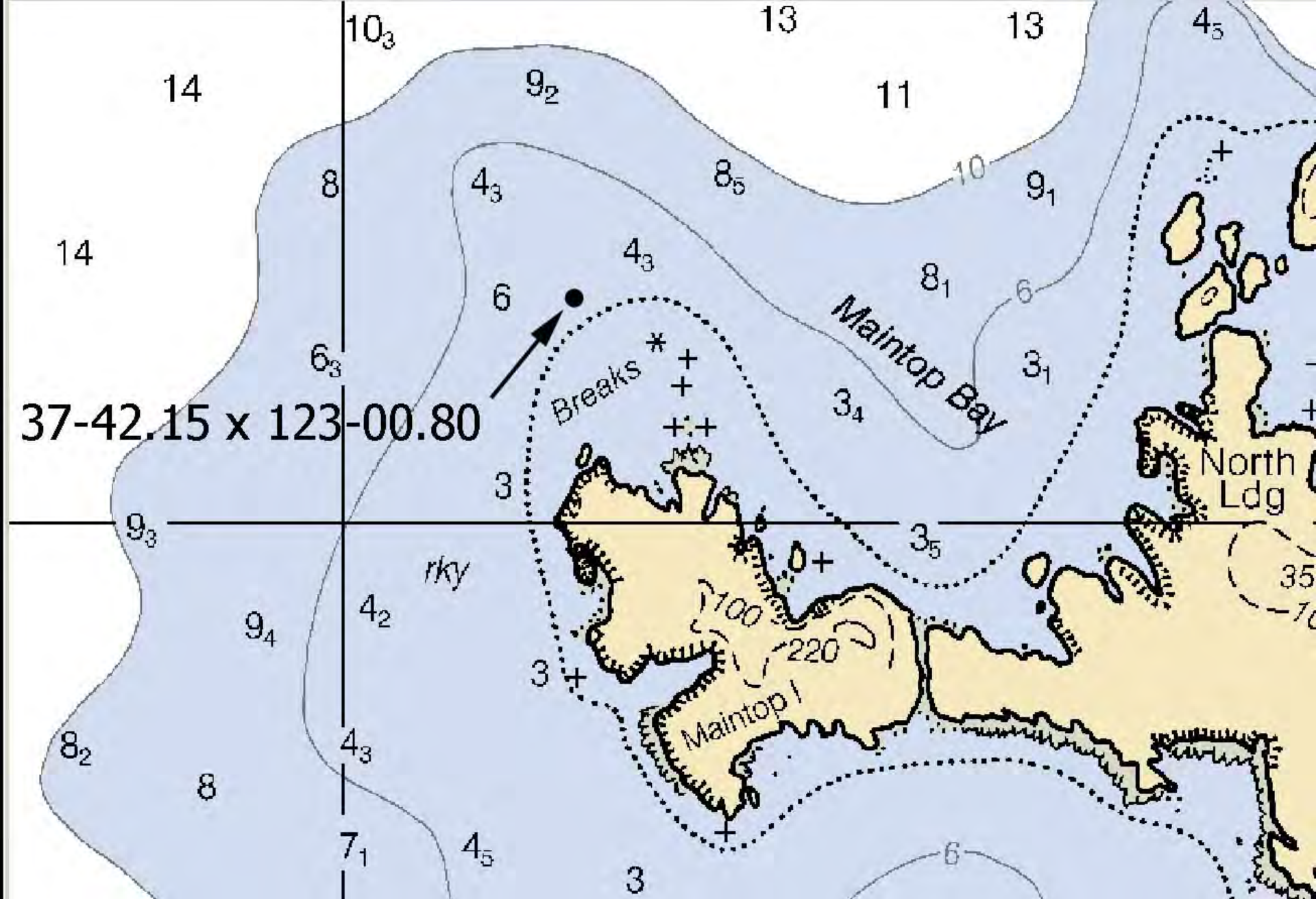
51202

Hawaii

51004









US Army Corps
of Engineers



SHORE PROTECTION MANUAL

VOLUME II

Coastal Engineering Research Center

DEPARTMENT OF THE ARMY
Waterways Experiment Station, Corps of Engineers
PO Box 631
Vicksburg, Mississippi 39180



1984

Approved For Public Release; Distribution Unlimited

Prepared for

DEPARTMENT OF THE ARMY
US Army Corps of Engineers
Washington, DC 20314

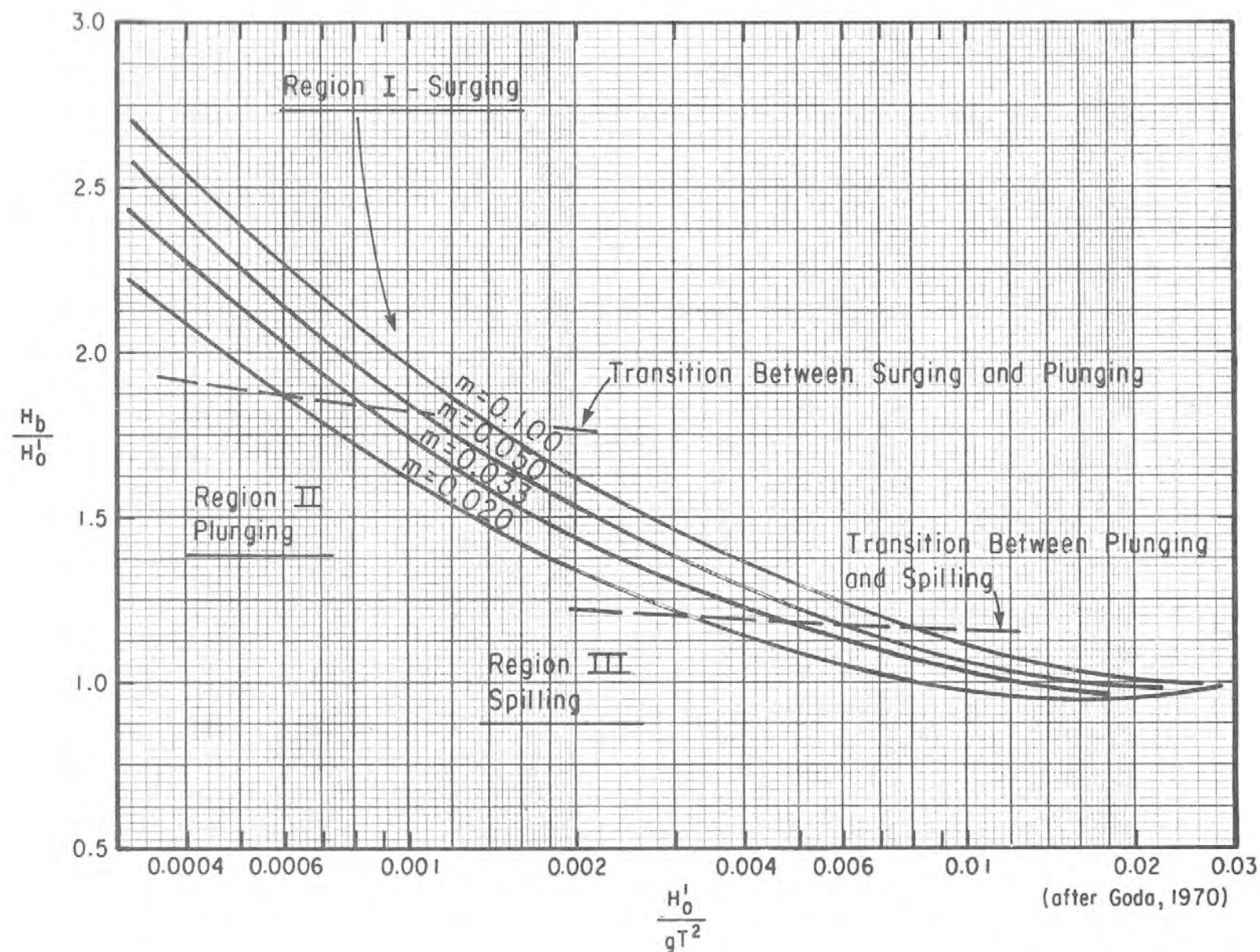


Figure 2-72. Breaker height index versus deepwater wave steepness, H_0'/gT^2 .

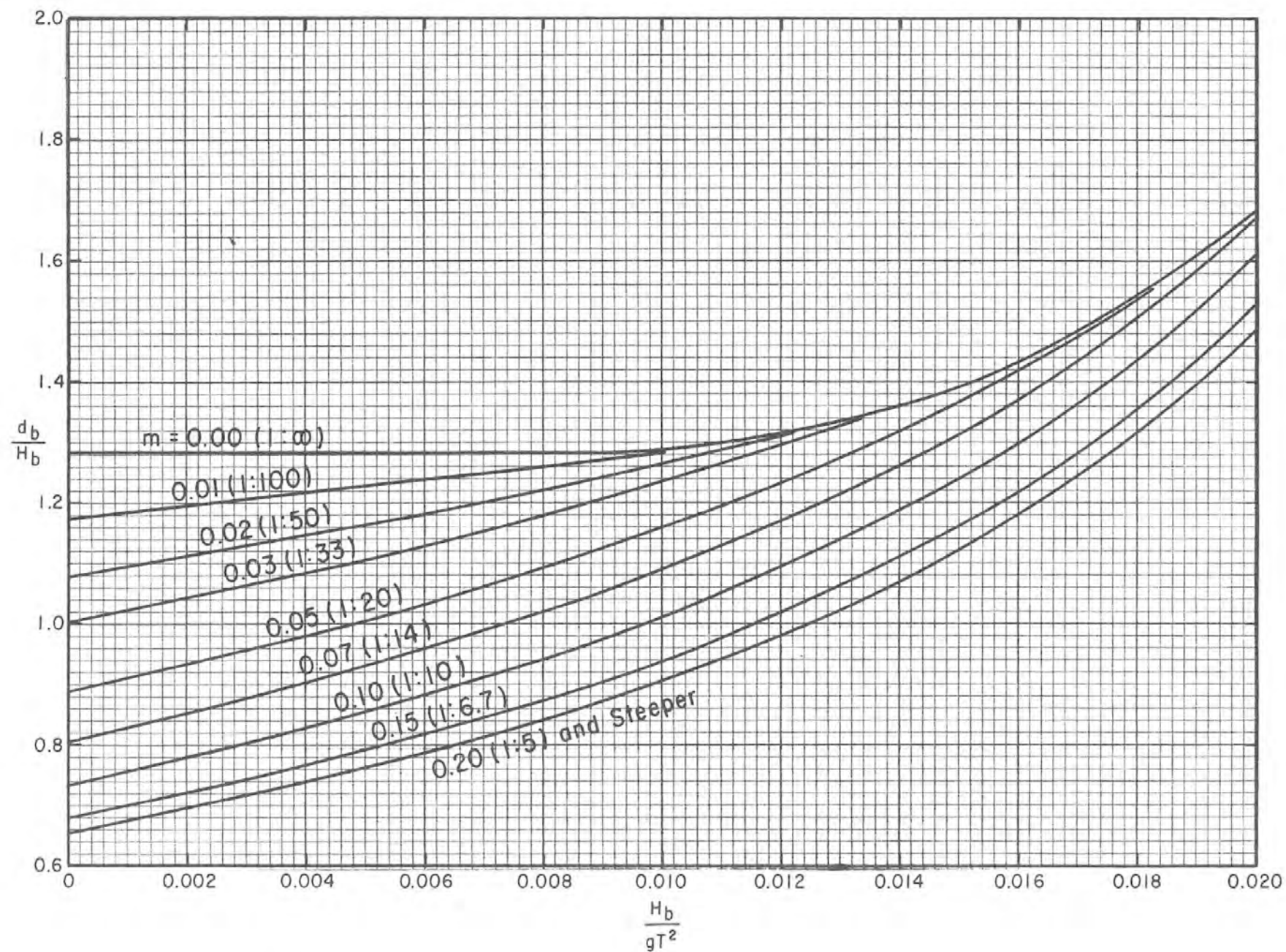


Figure 2-73. Dimensionless depth at breaking versus breaker steepness.



Image USDA Farm Service Agency
© 2012 Google
Data CSUMB SFML, CA OPC
Data SIO, NOAA, U.S. Navy, NGA, GEBCO

Google earth

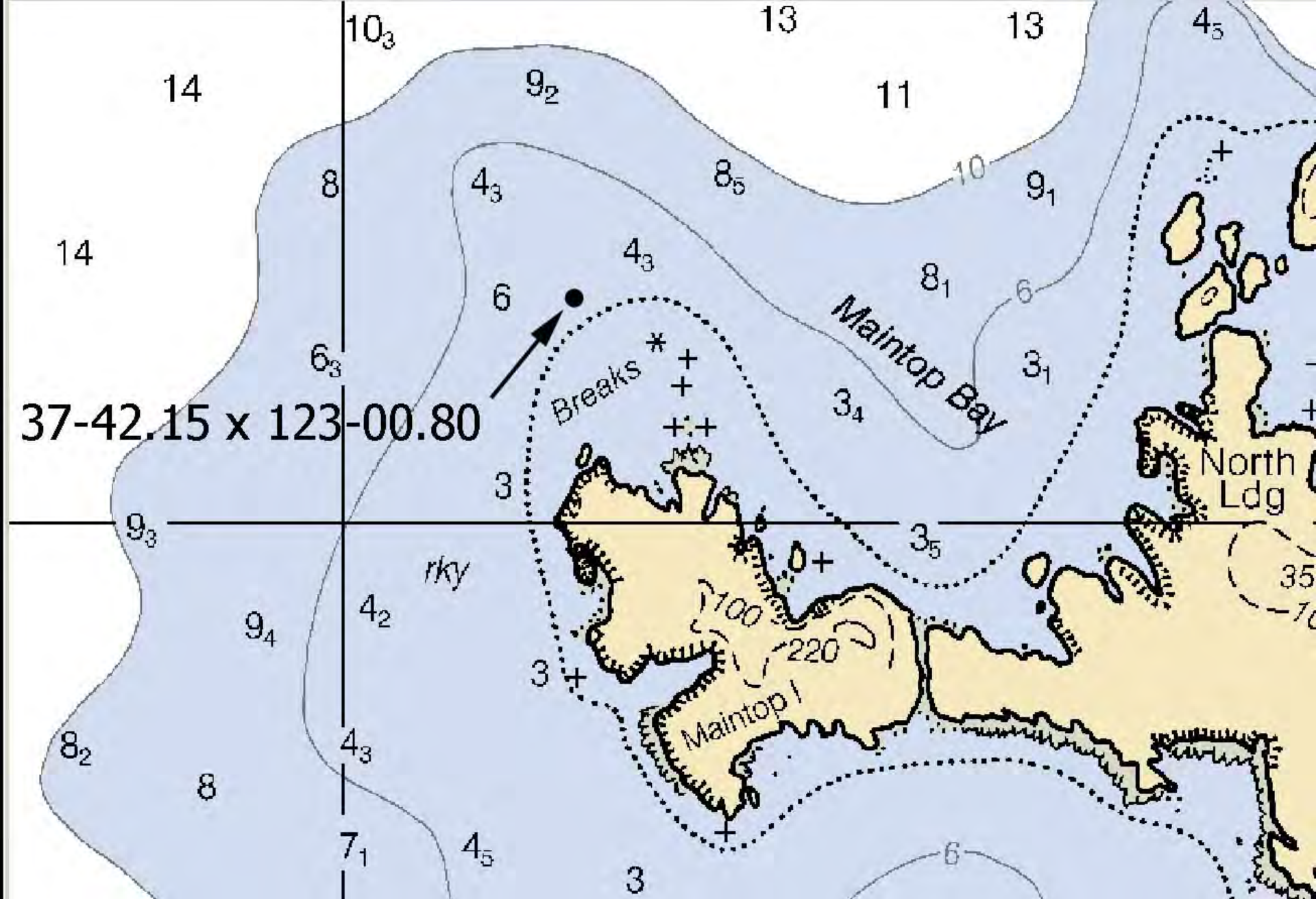
1668 ft

Imagery Date: 4/24/2010 2005

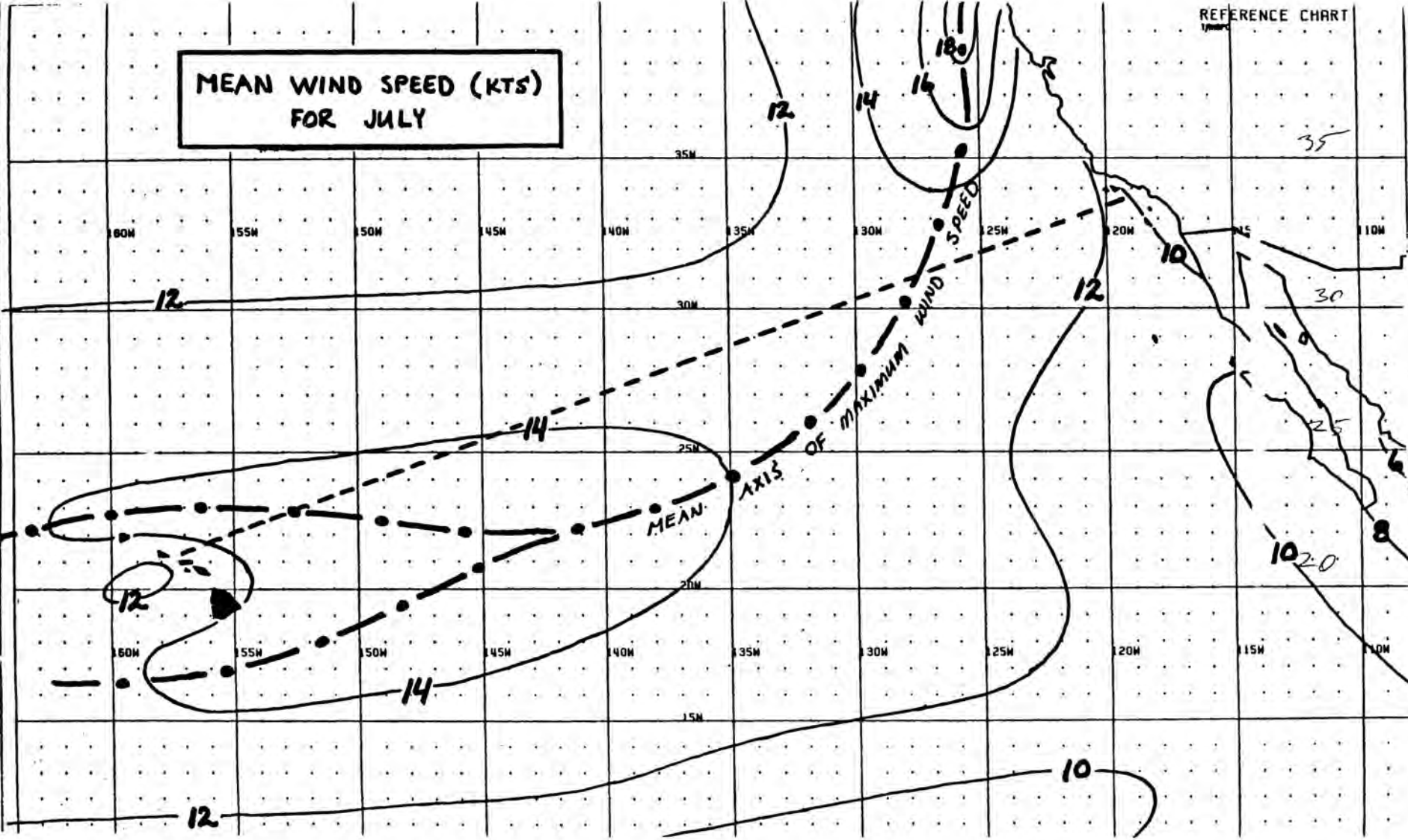
(lat 37.700475° lon -123.008913° elev -17 ft)

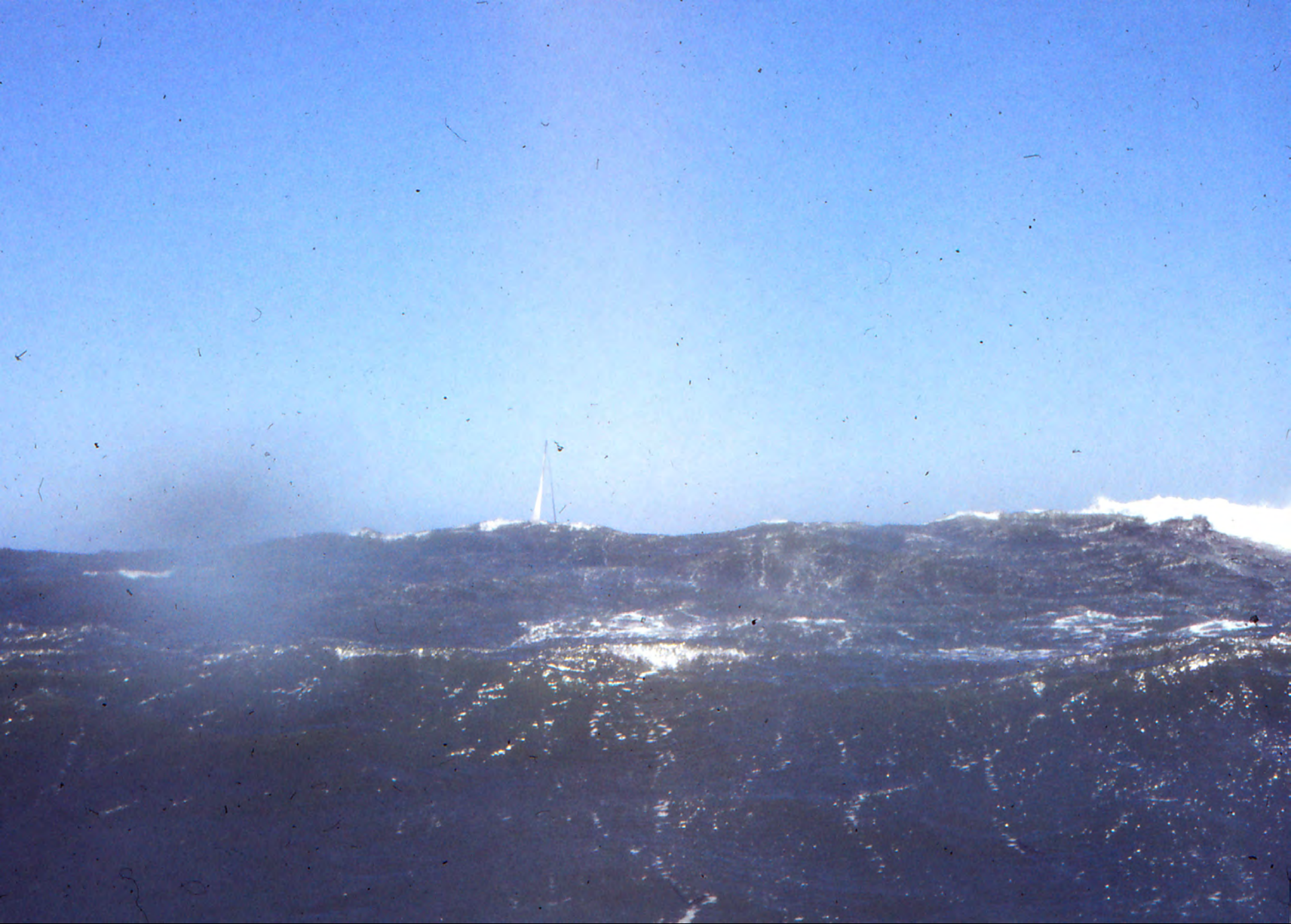
Eye alt 7143 ft



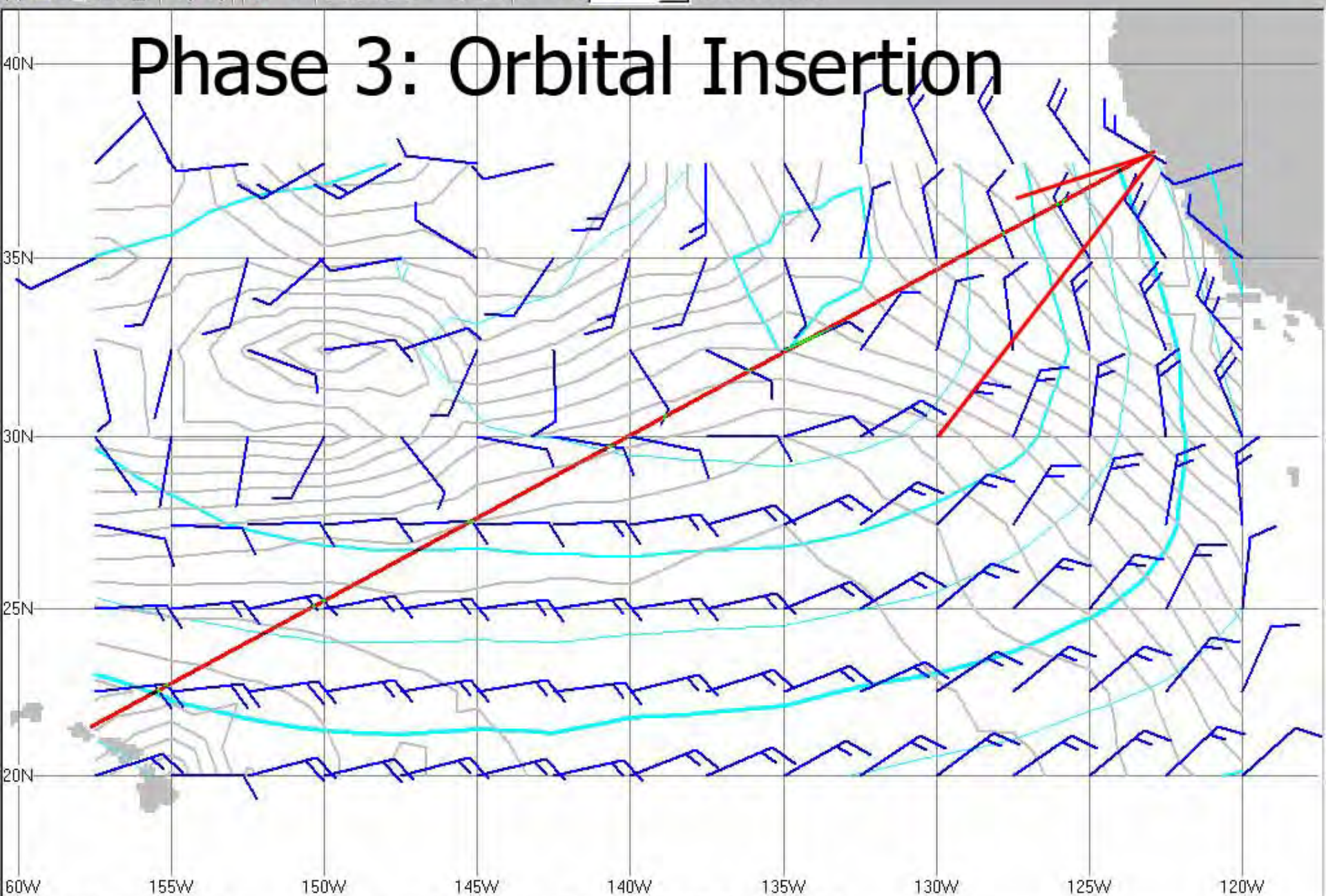


MEAN WIND SPEED (KTS)
FOR JULY



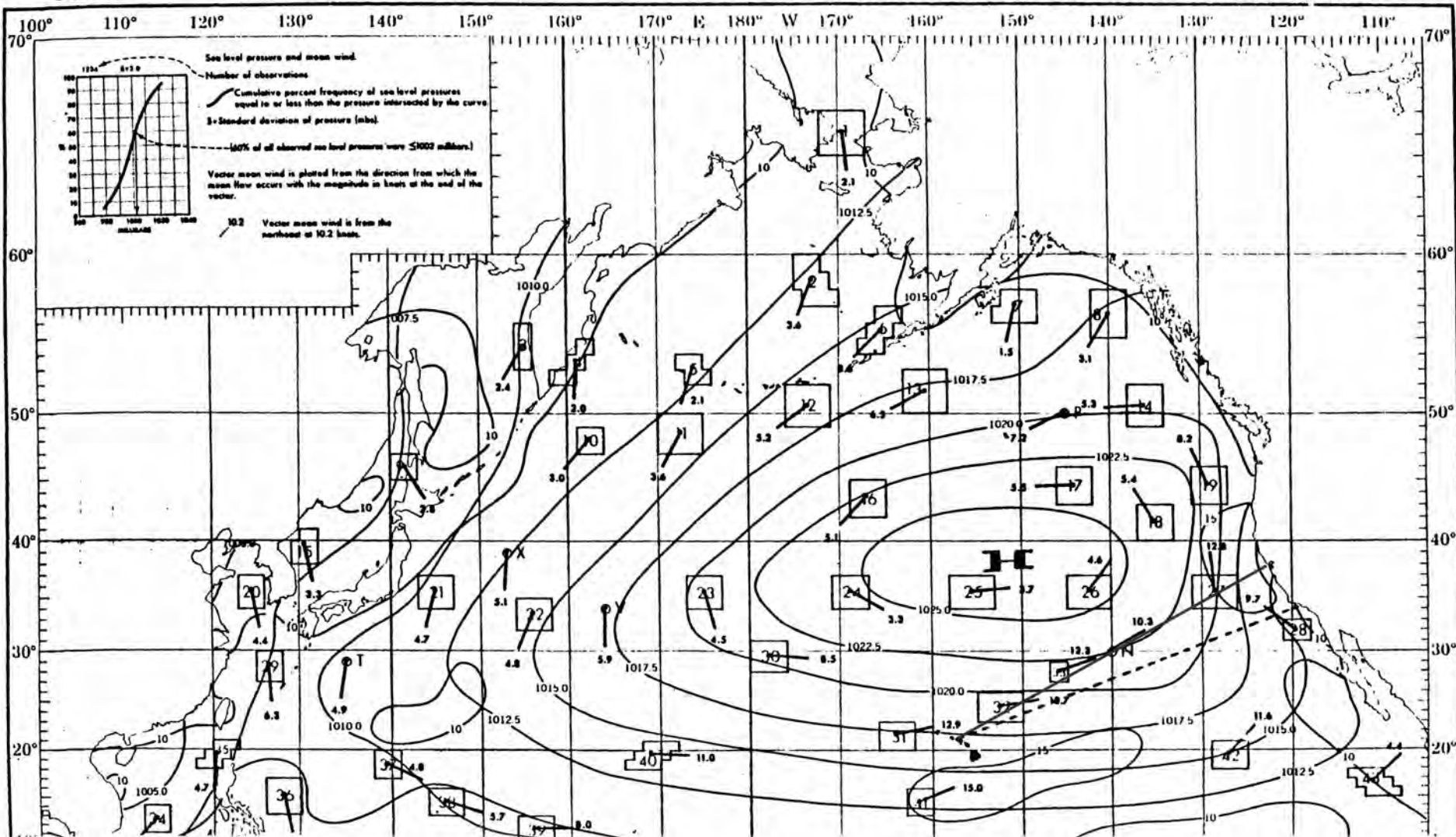


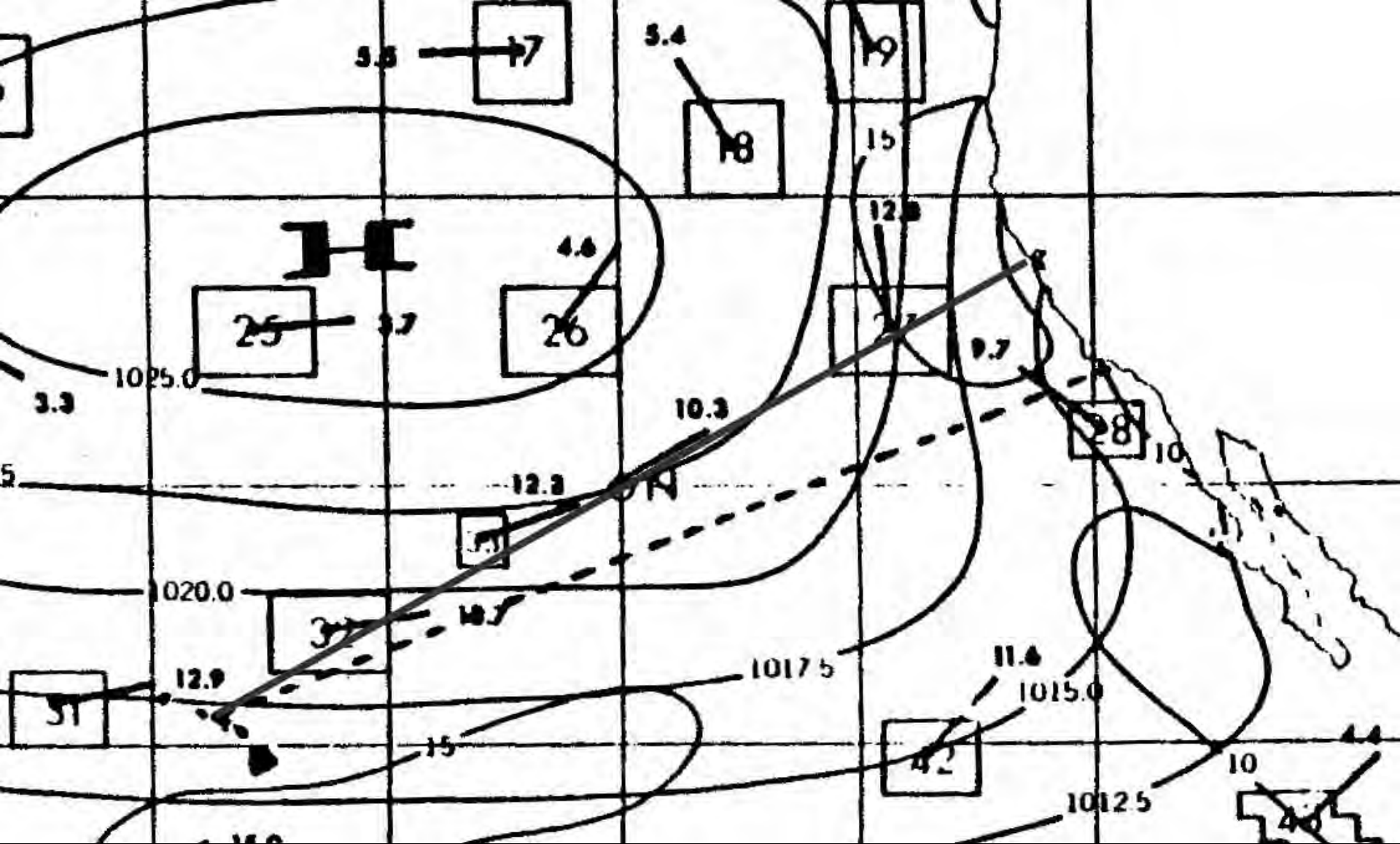
Phase 3: Orbital Insertion



JULY

SEA LEVEL PRESSURE AND MEAN WIND





Rules of Thumb (from Stan Honey)

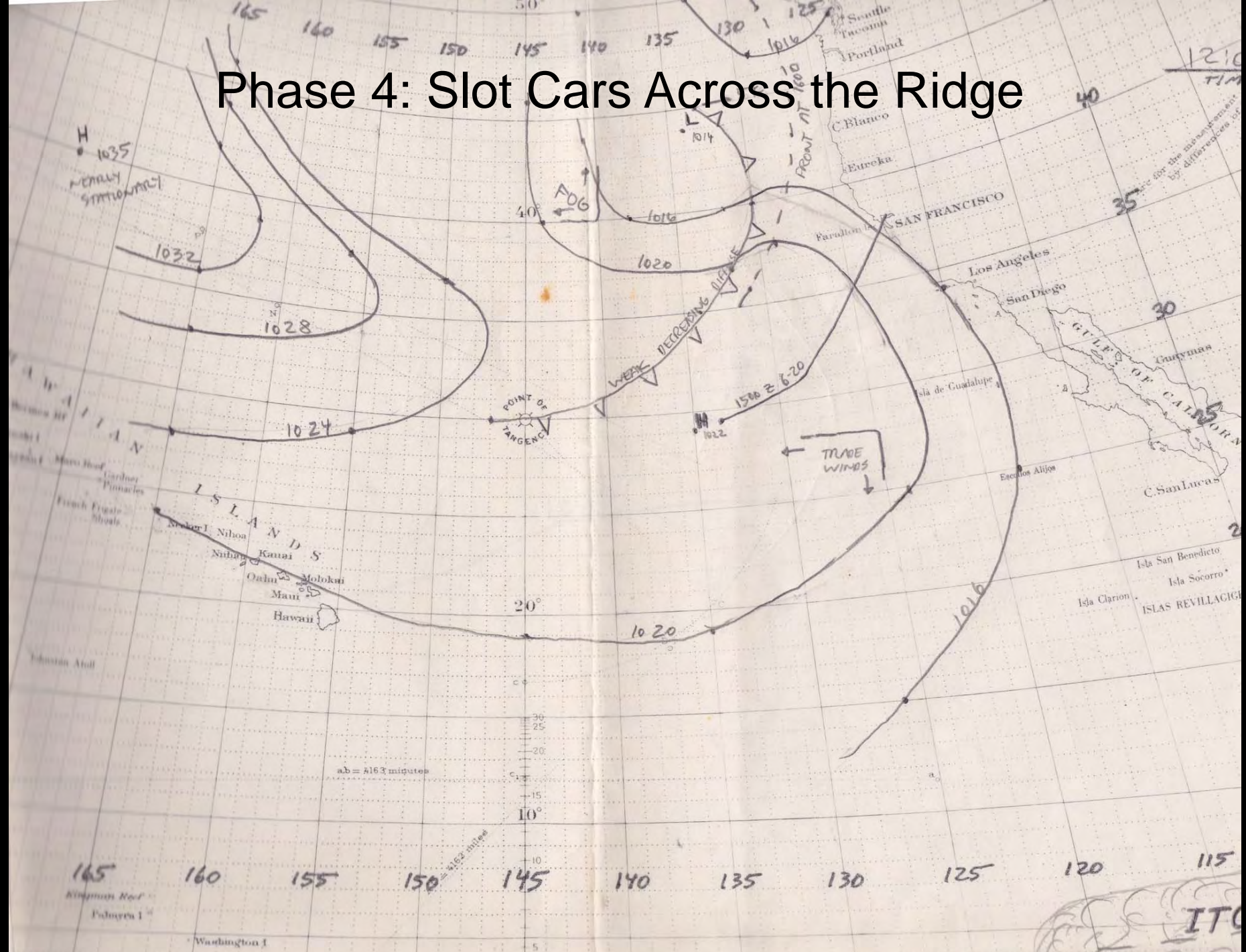
Never trust rules of thumb

Normal High, try to be 5-6mb away at the closest point.

4mb is dicey but ok if strong Omega Block, no mid-lat lows on their way, and High moving N.

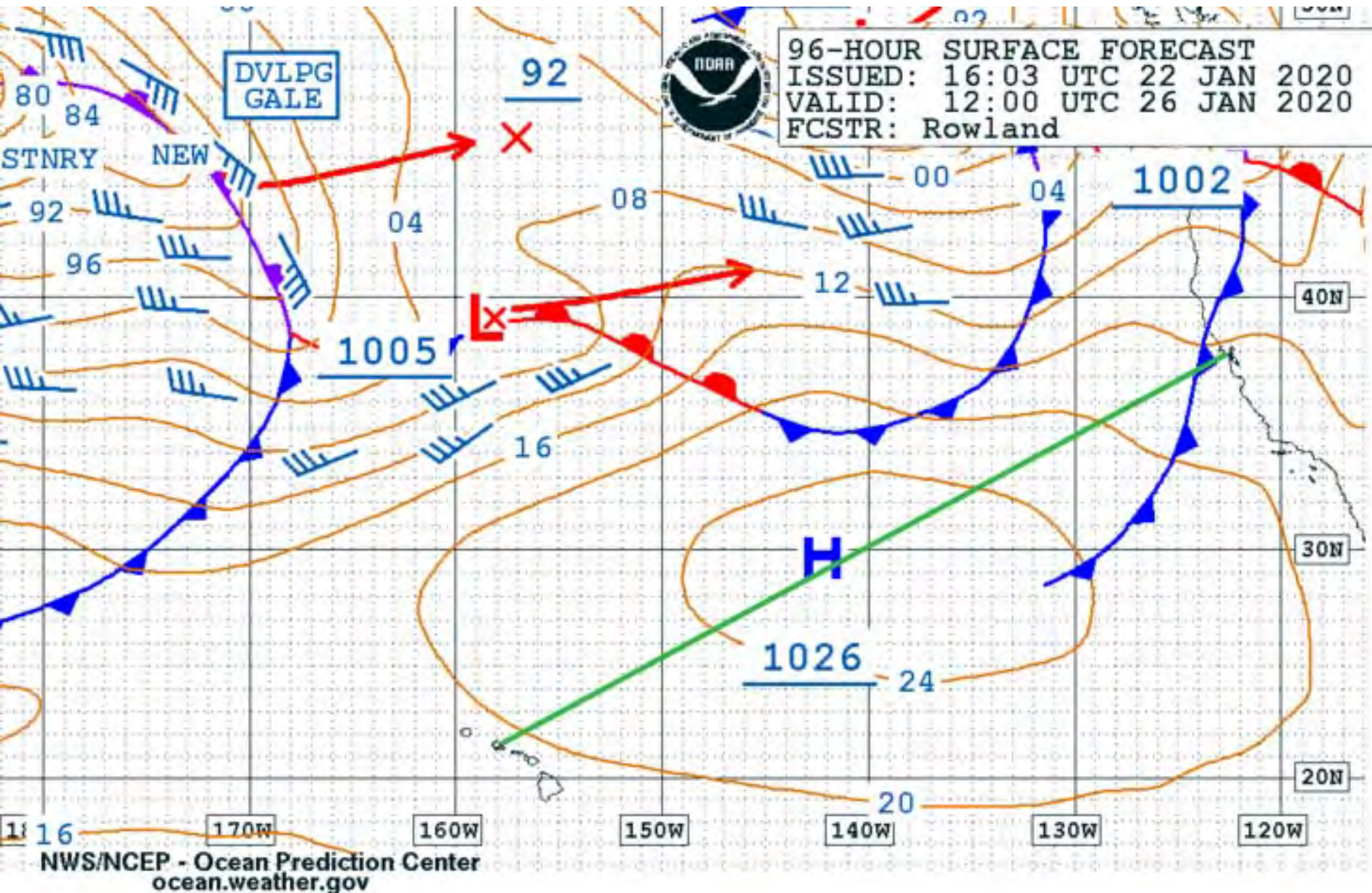
7-8 mb might be good if zonal UL flow, incoming mid-lat lows to N, or H sagging S.

Phase 4: Slot Cars Across the Ridge

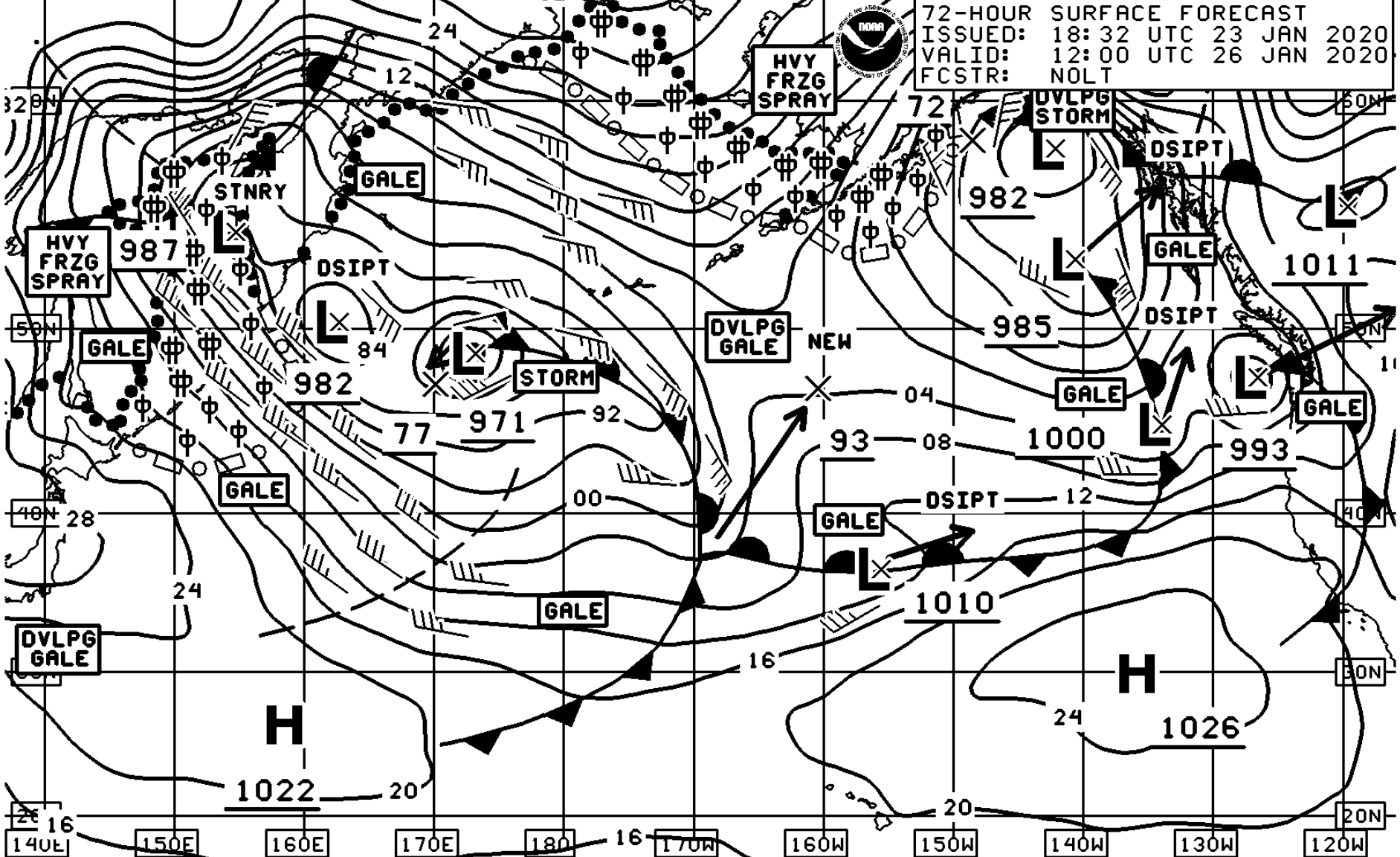




Phase 5: Strategy



72-HOUR SURFACE FORECAST
ISSUED: 18:32 UTC 23 JAN 2020
VALID: 12:00 UTC 26 JAN 2020
FCSTR: NOLT



NWS/NCEP - Ocean Prediction Center
<https://ocean.weather.gov>

bycwifi key = berkeley1939

Also see:

<https://people.well.com/user/pk/POA2020/>

Weatherfax charts via internet:

<https://tgftp.nws.noaa.gov/fax/marine.shtml>

(Go to the Point Reyes charts for race coverage)

Send the GRIB request string to:

Query@saildocs.com

send gfs:15N,50N,120W,160W|1,1|0,6..384|PRESS,WIND

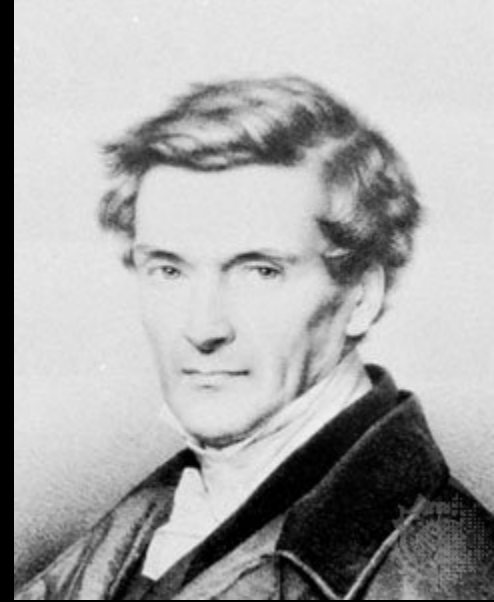
Download qtVIm from:

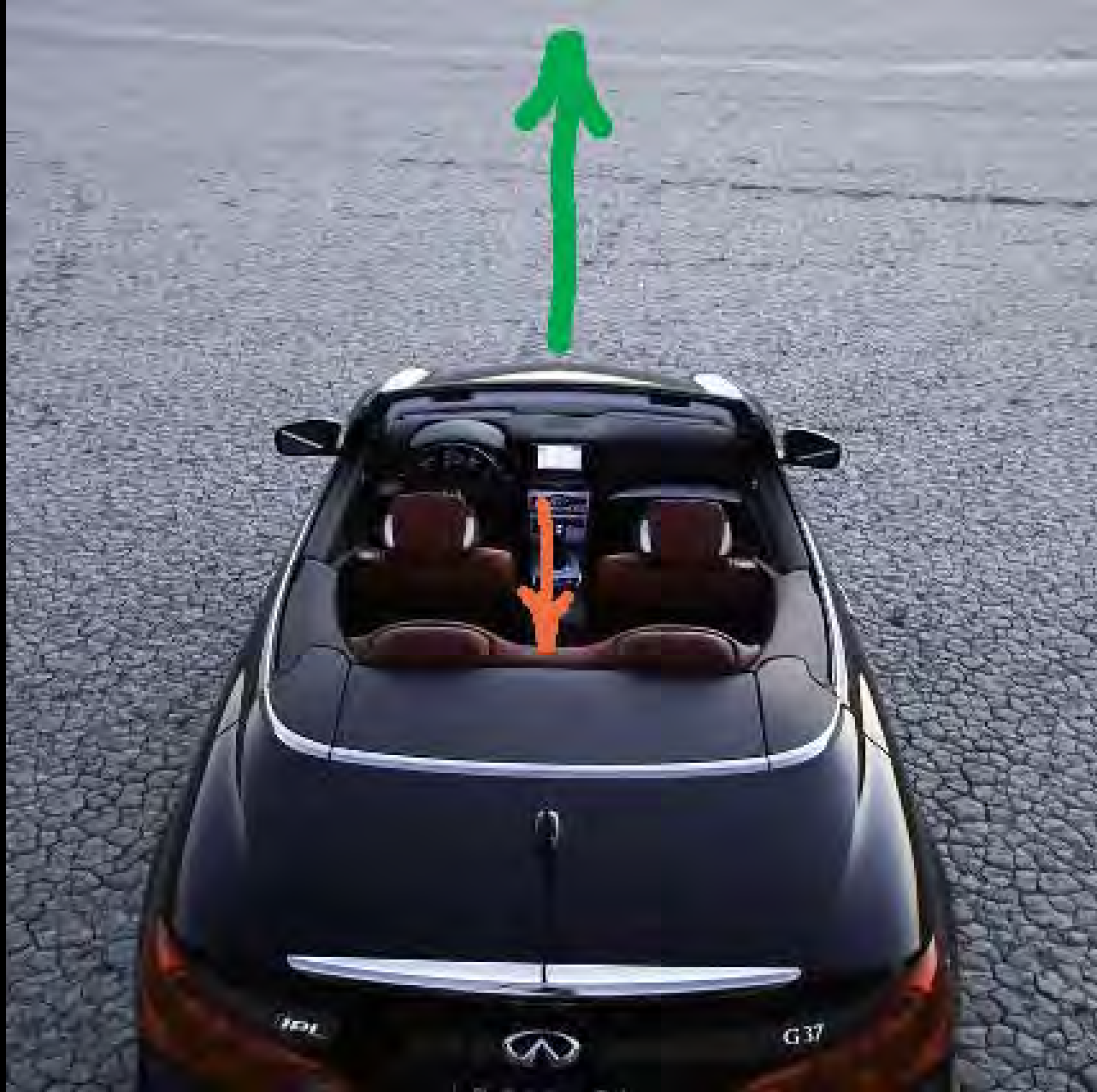
<https://www.meltemus.com/index.php/en/download>

Install in default location and run.

First time it runs, allow it to download map database

A few words from
Gaspard-Gustave de Coriolis (1792–1843)



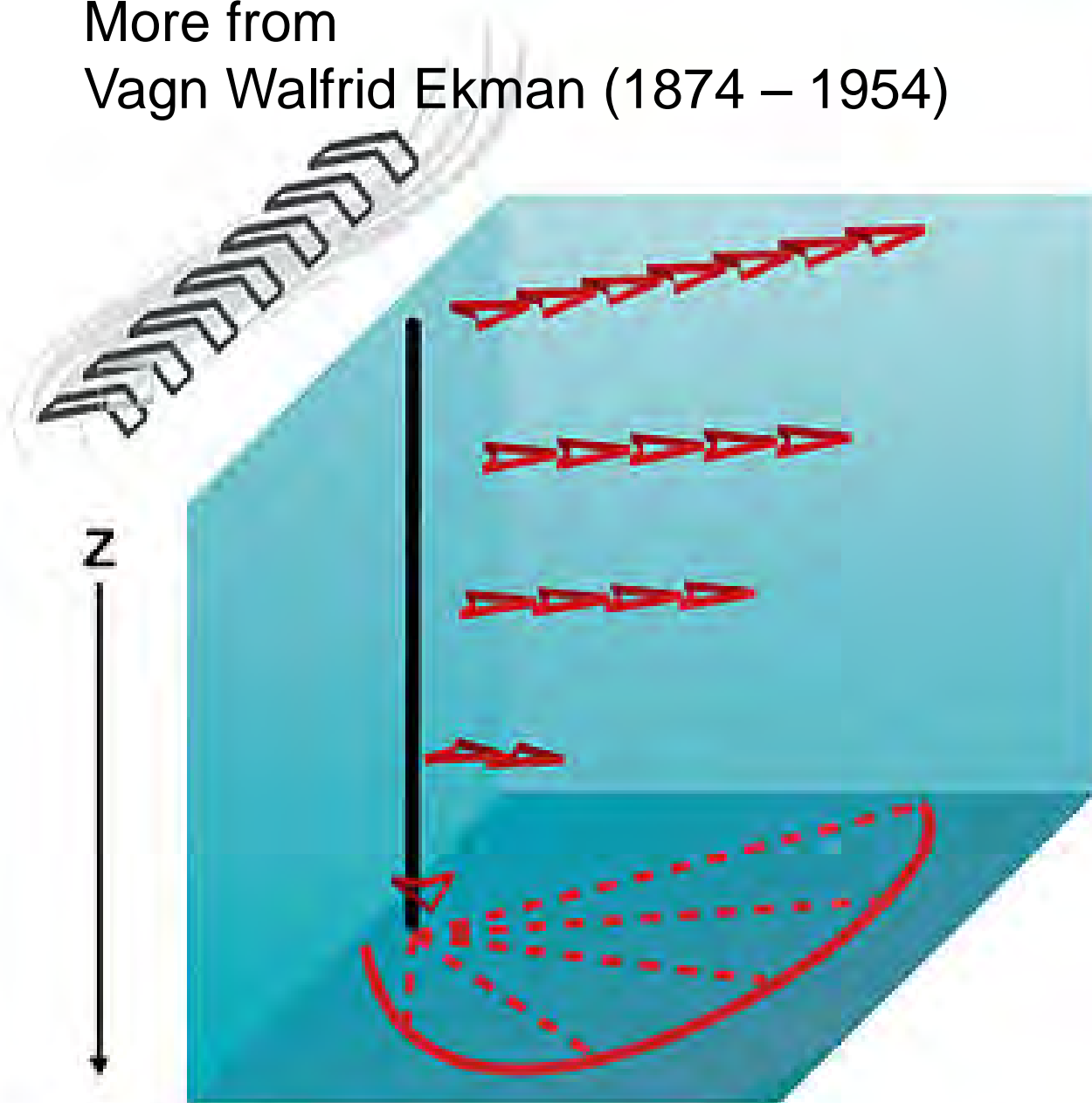


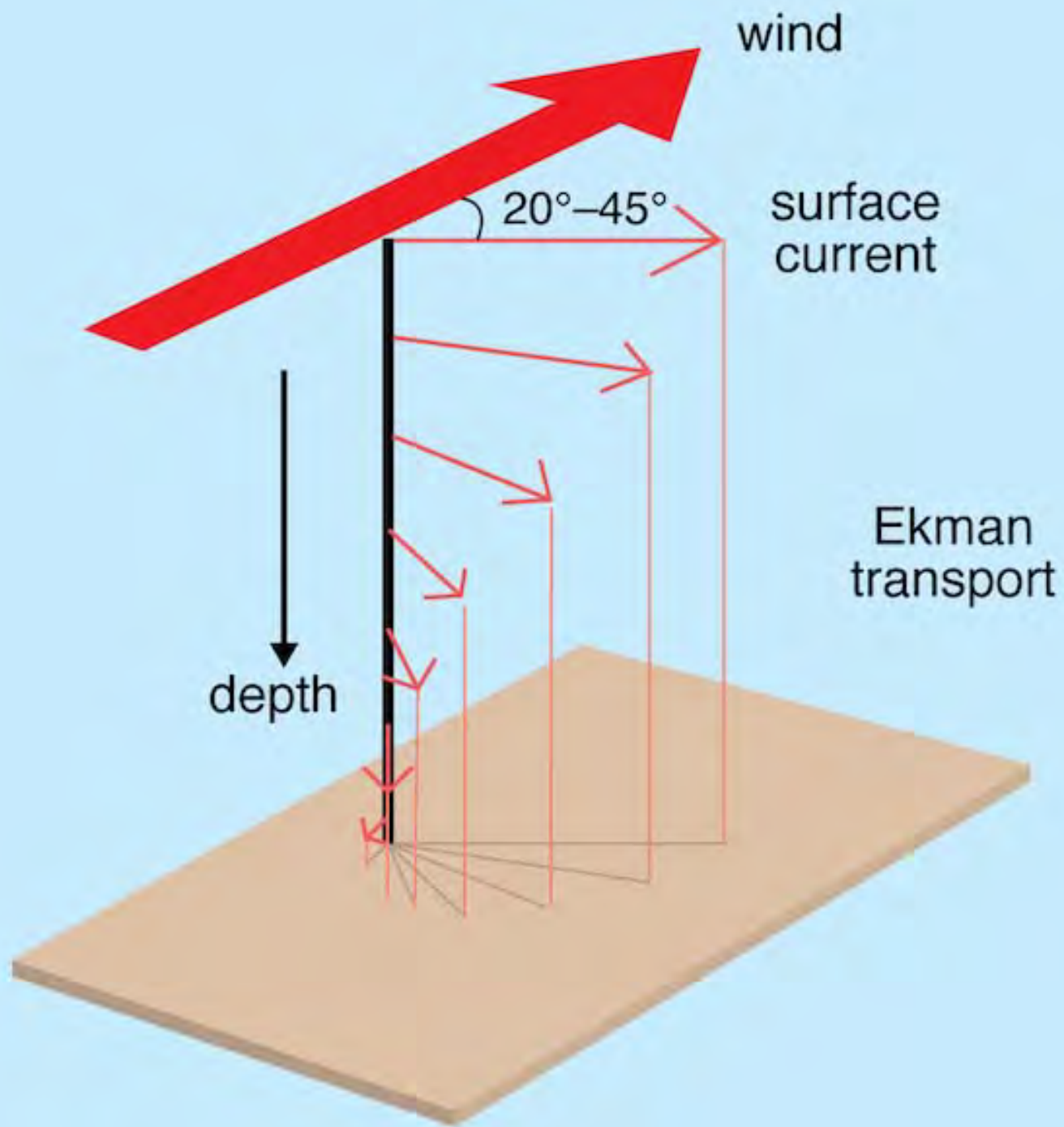


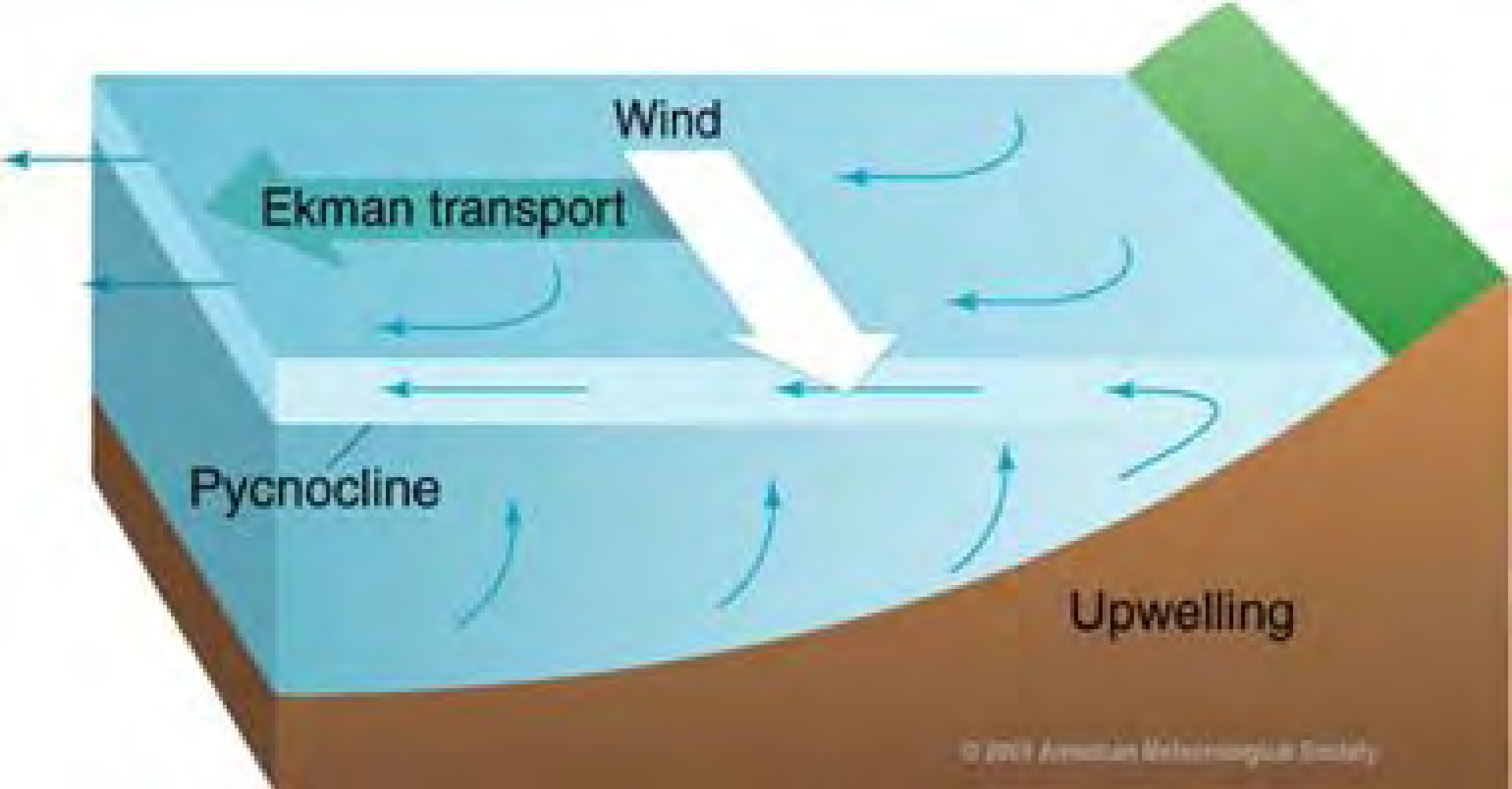




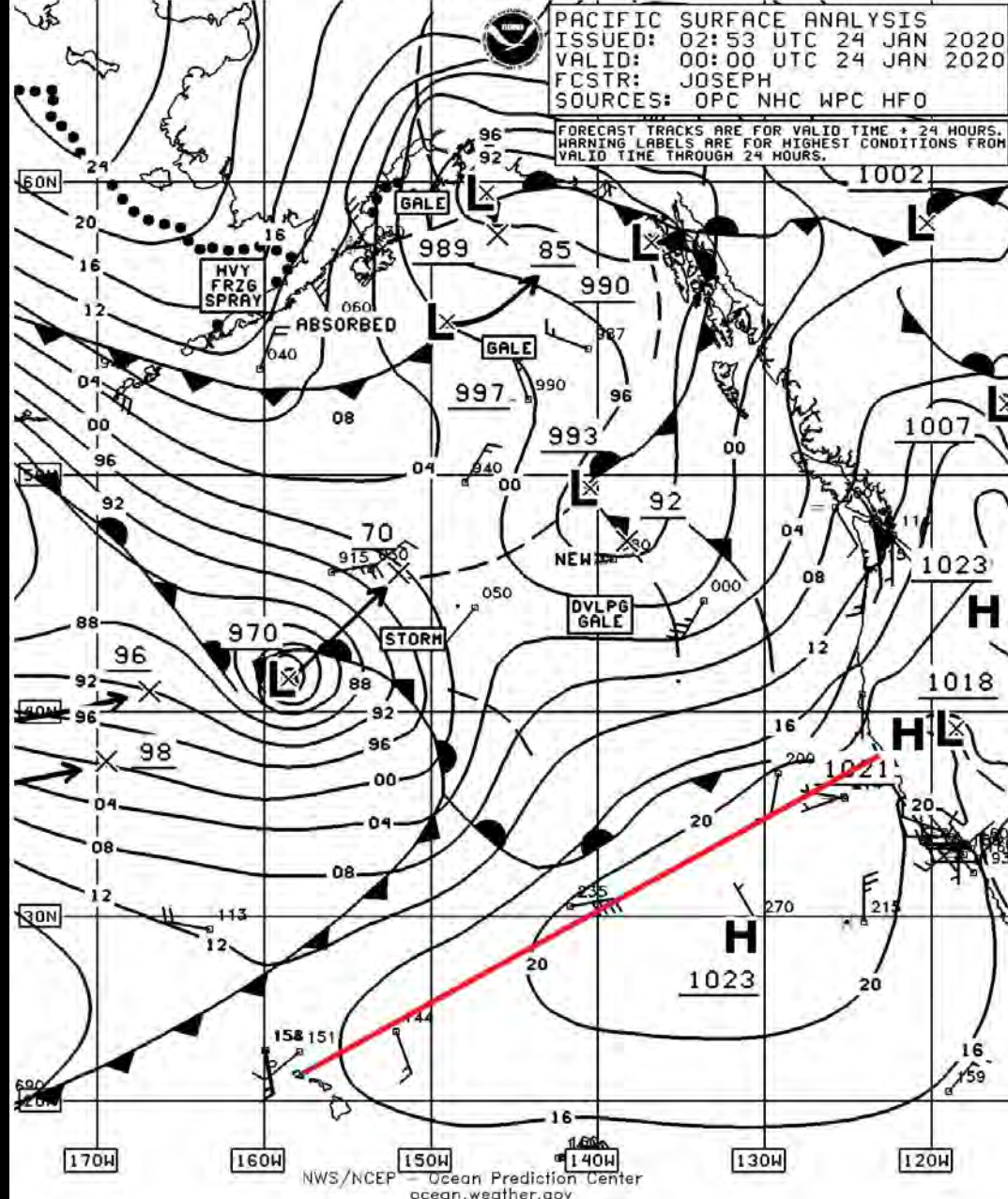
More from
Vagn Walfrid Ekman (1874 – 1954)

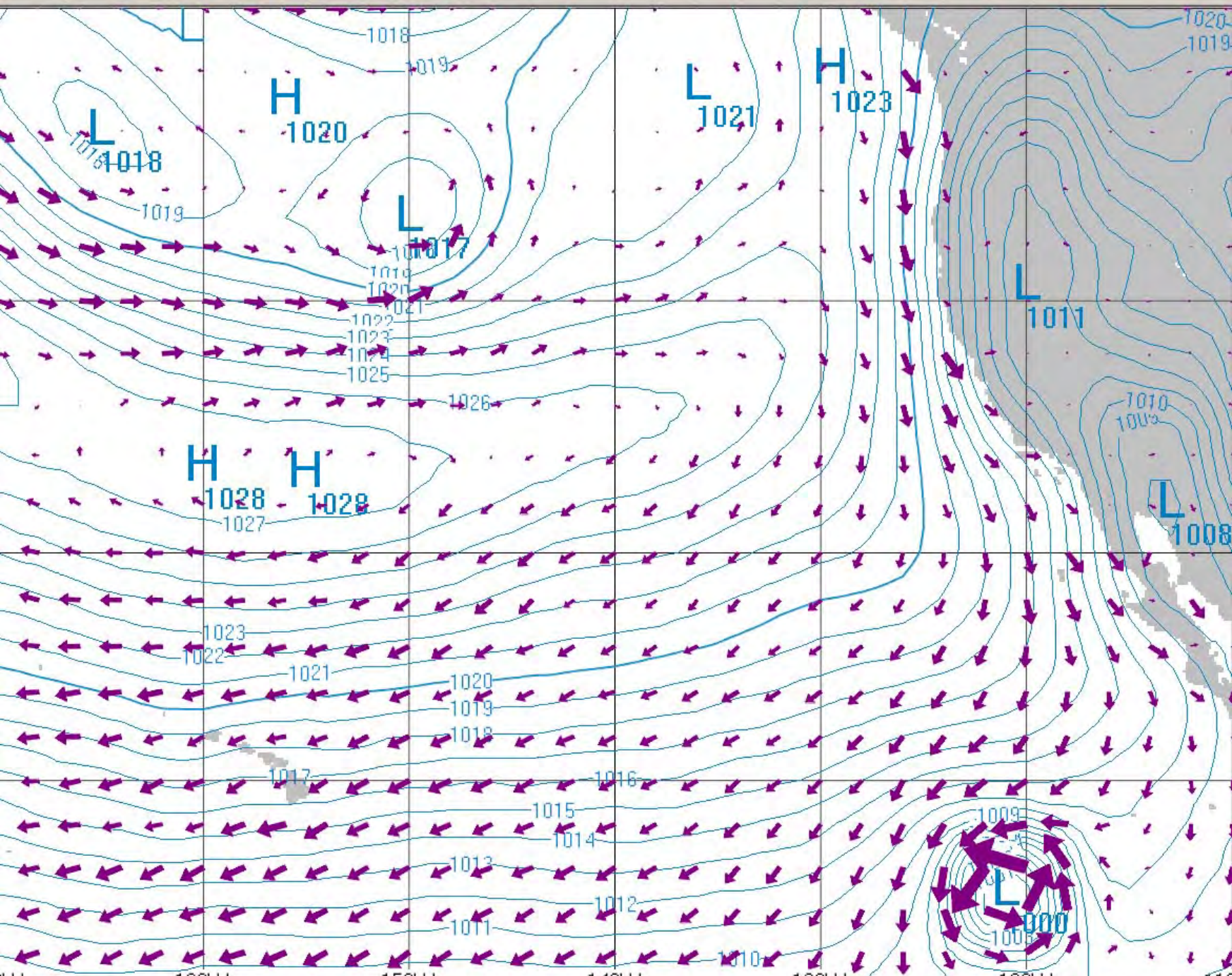


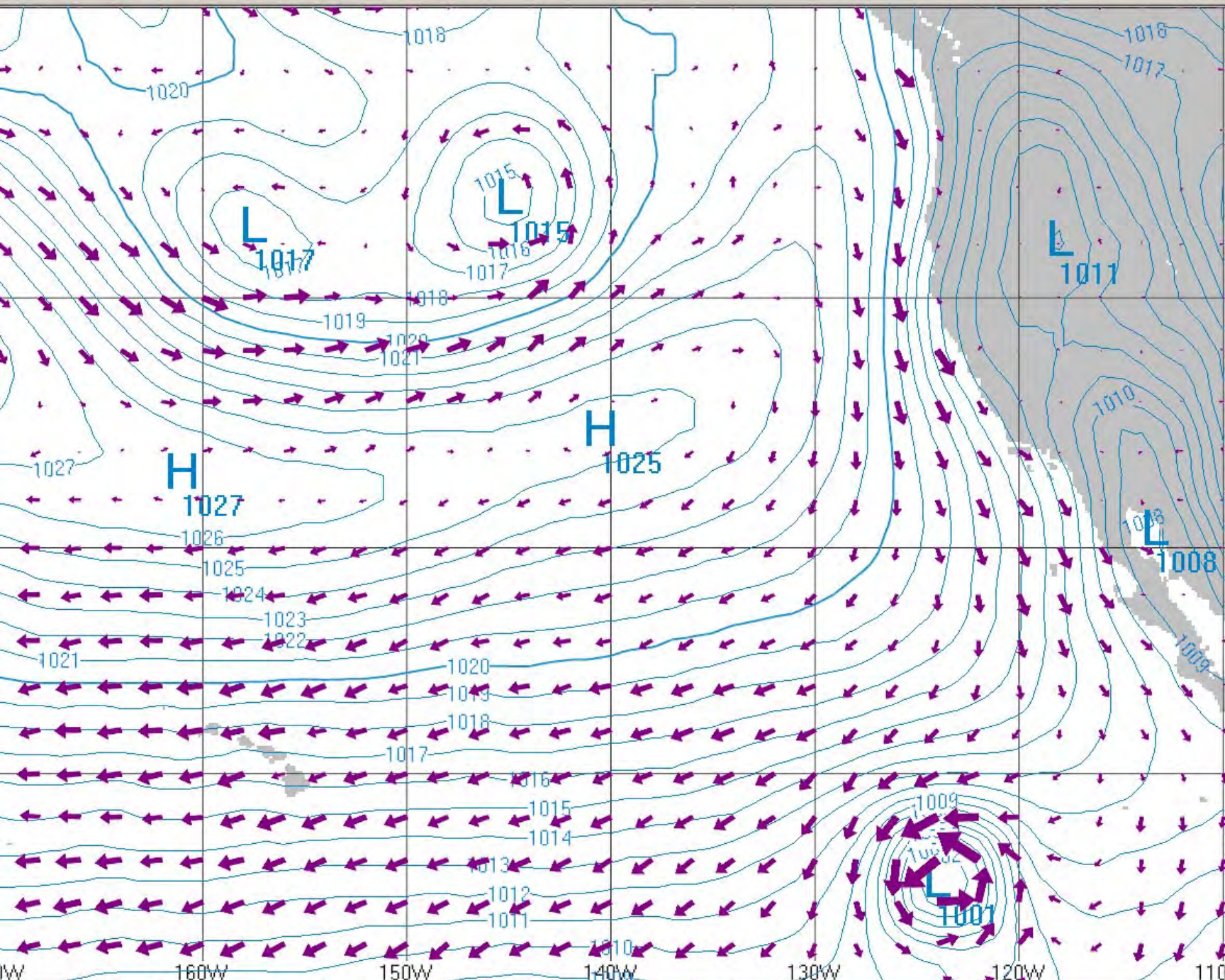


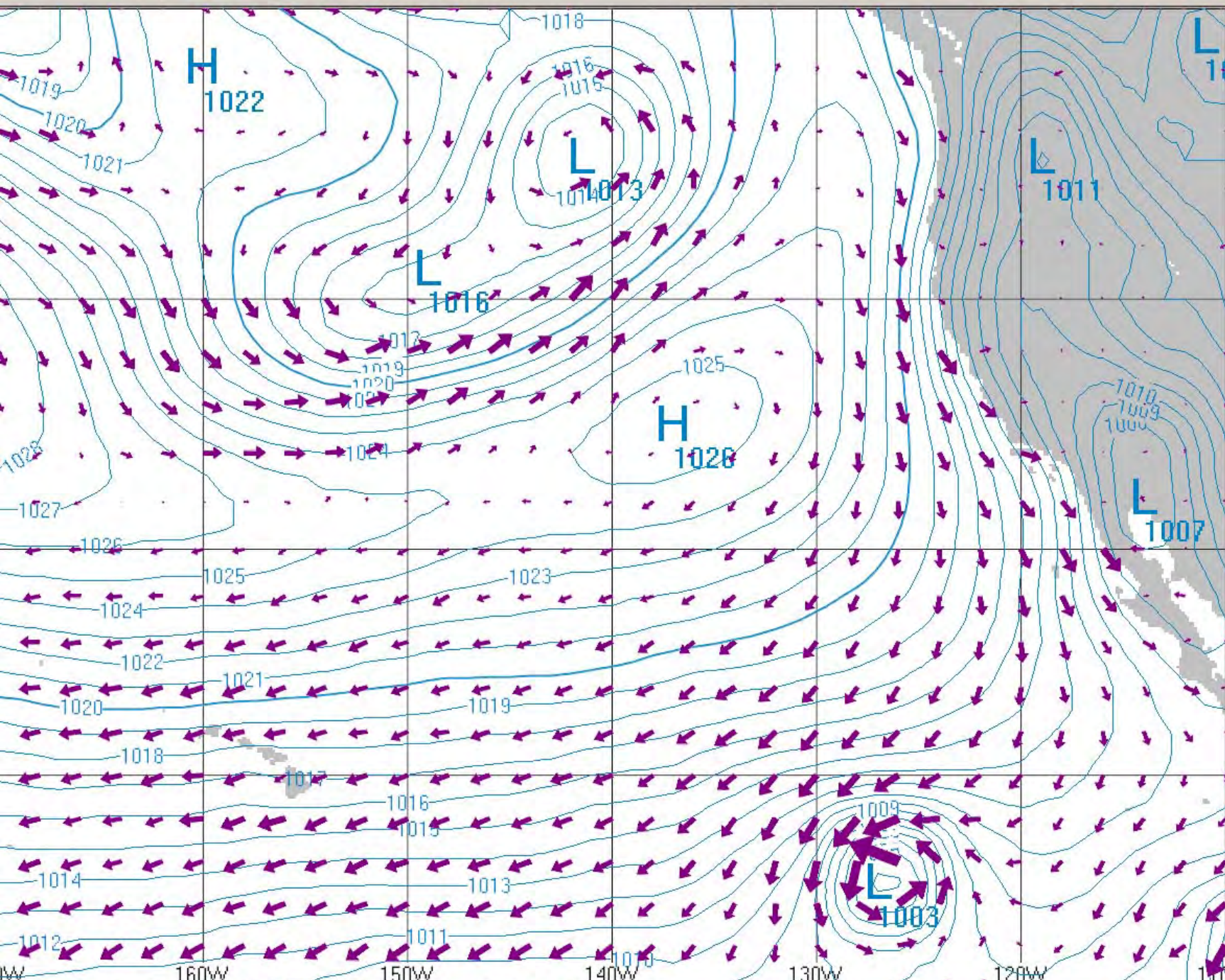


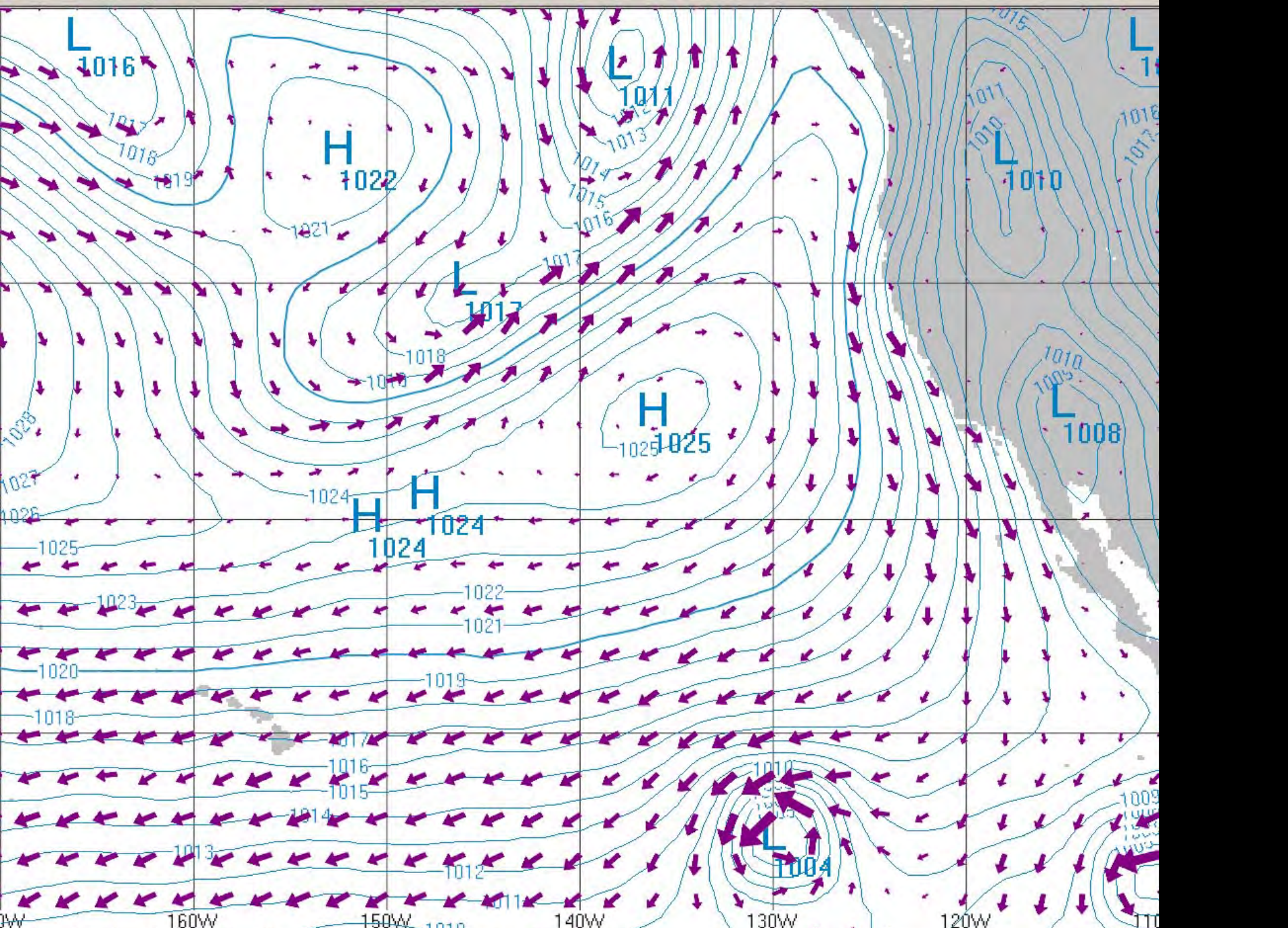


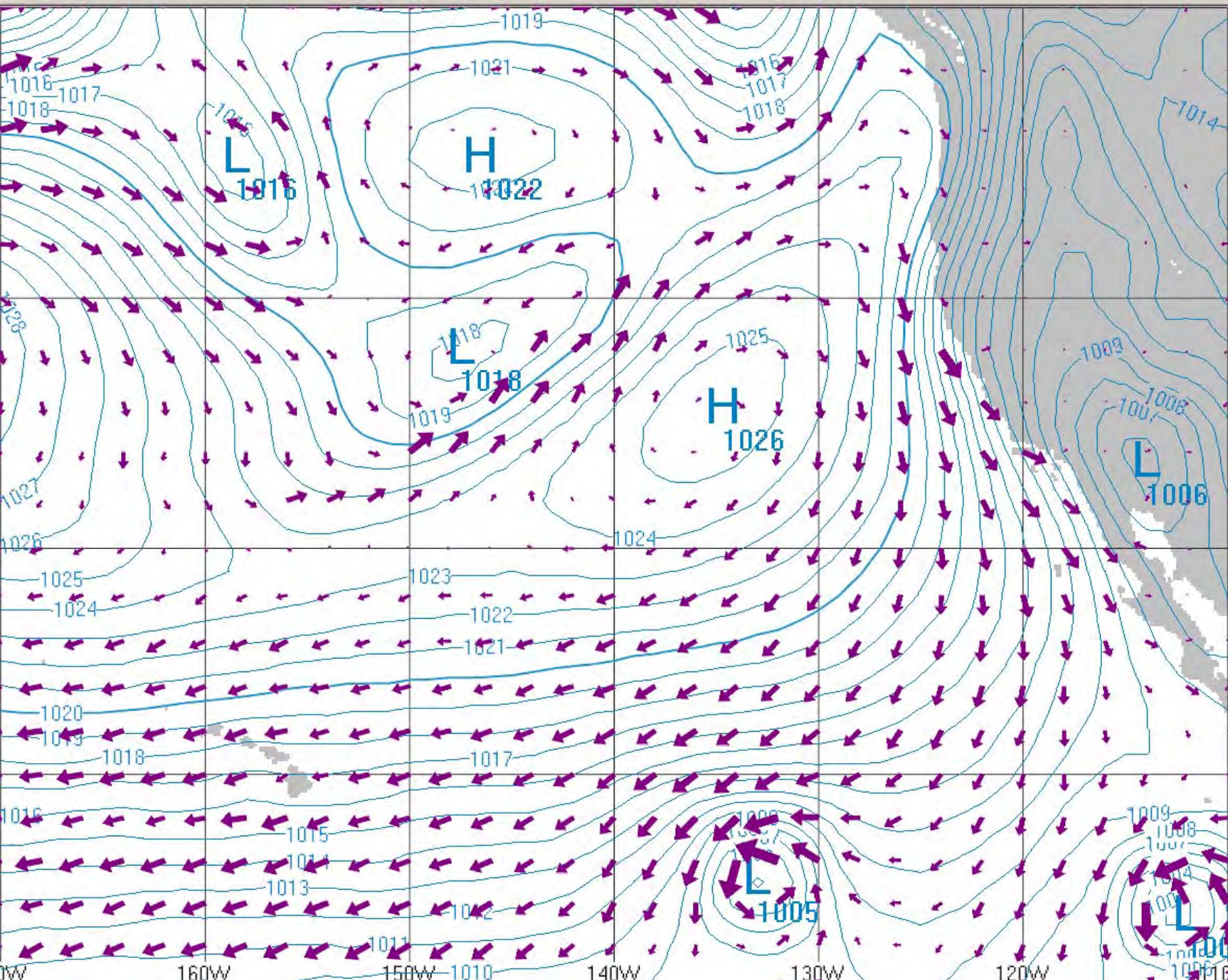


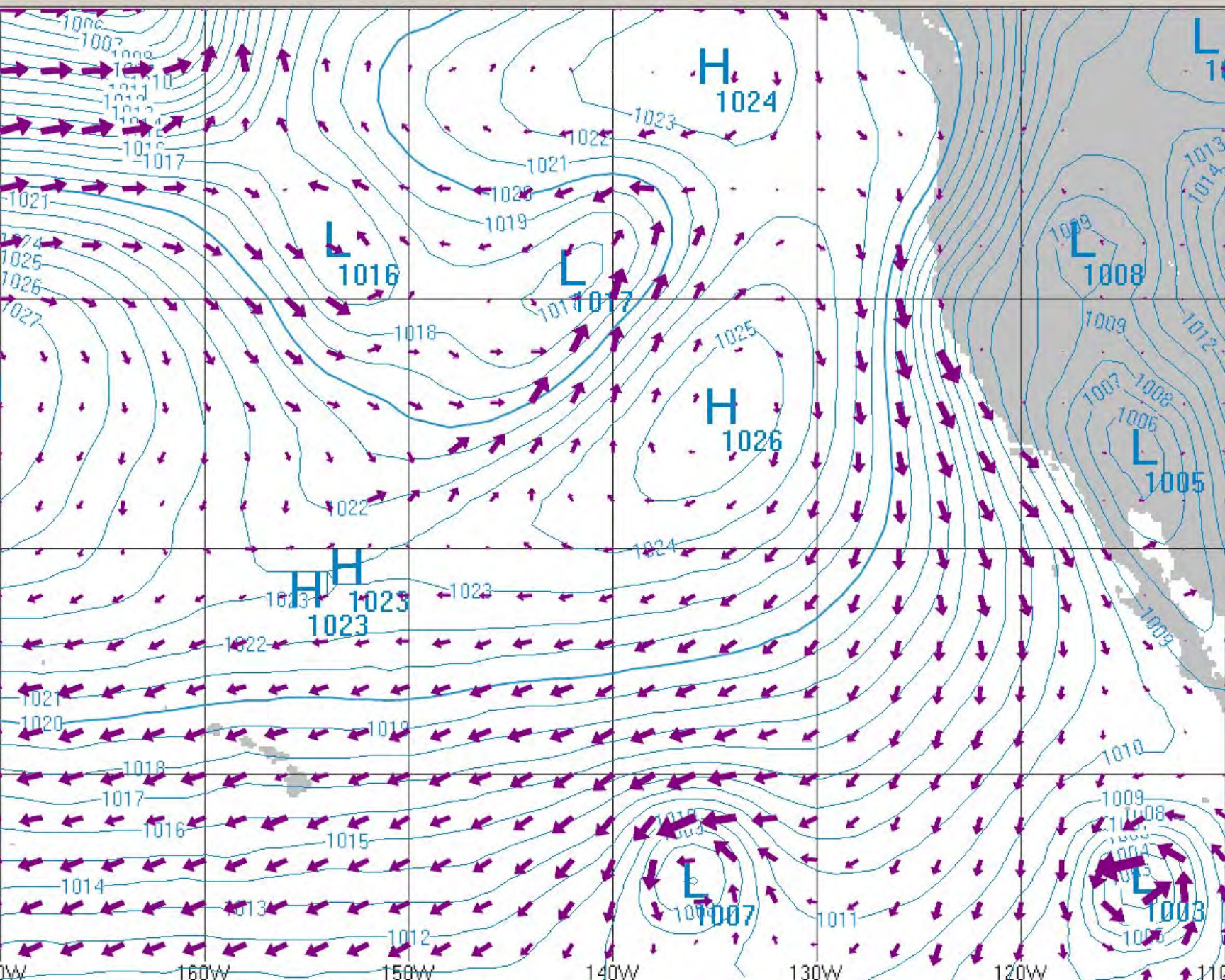


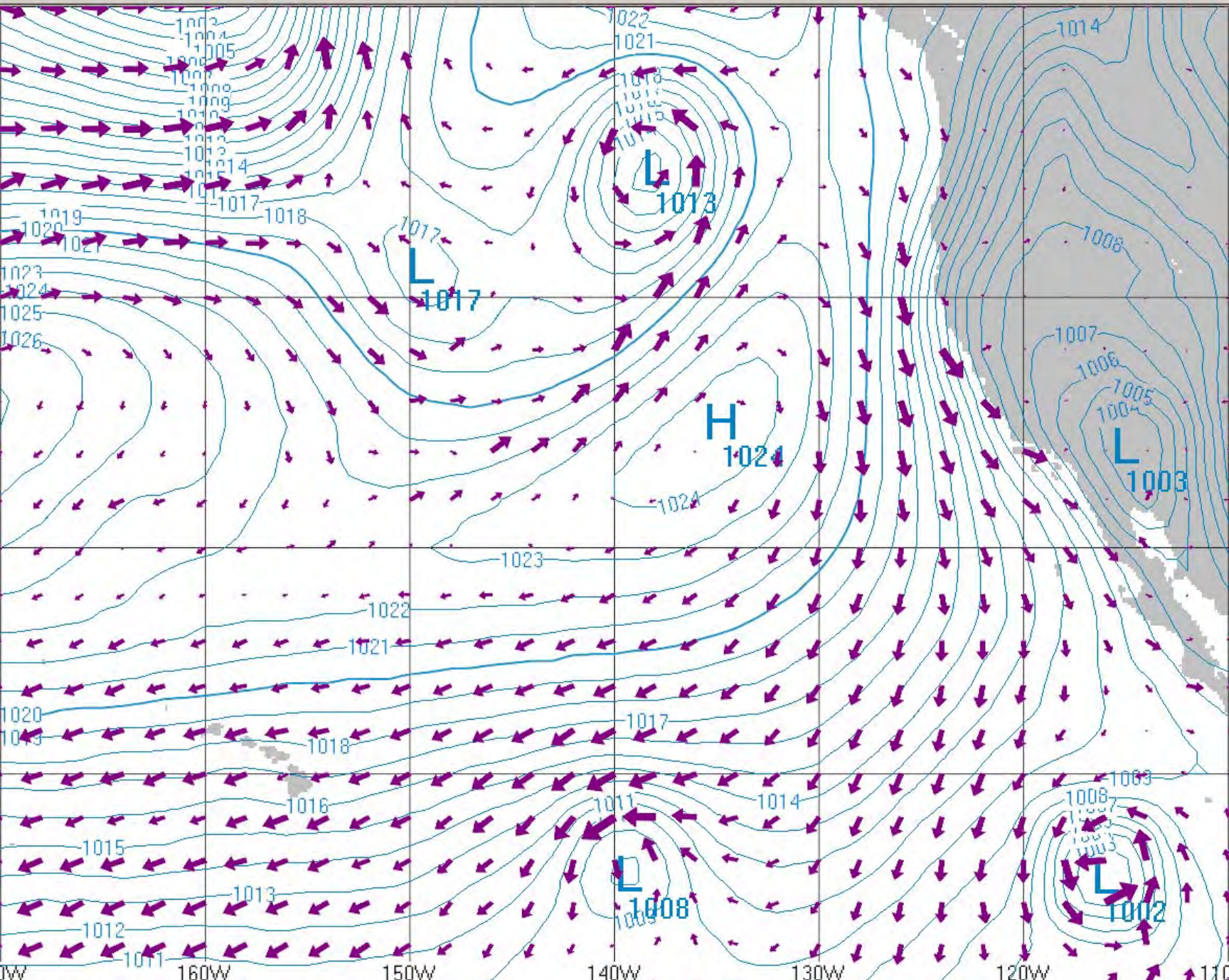


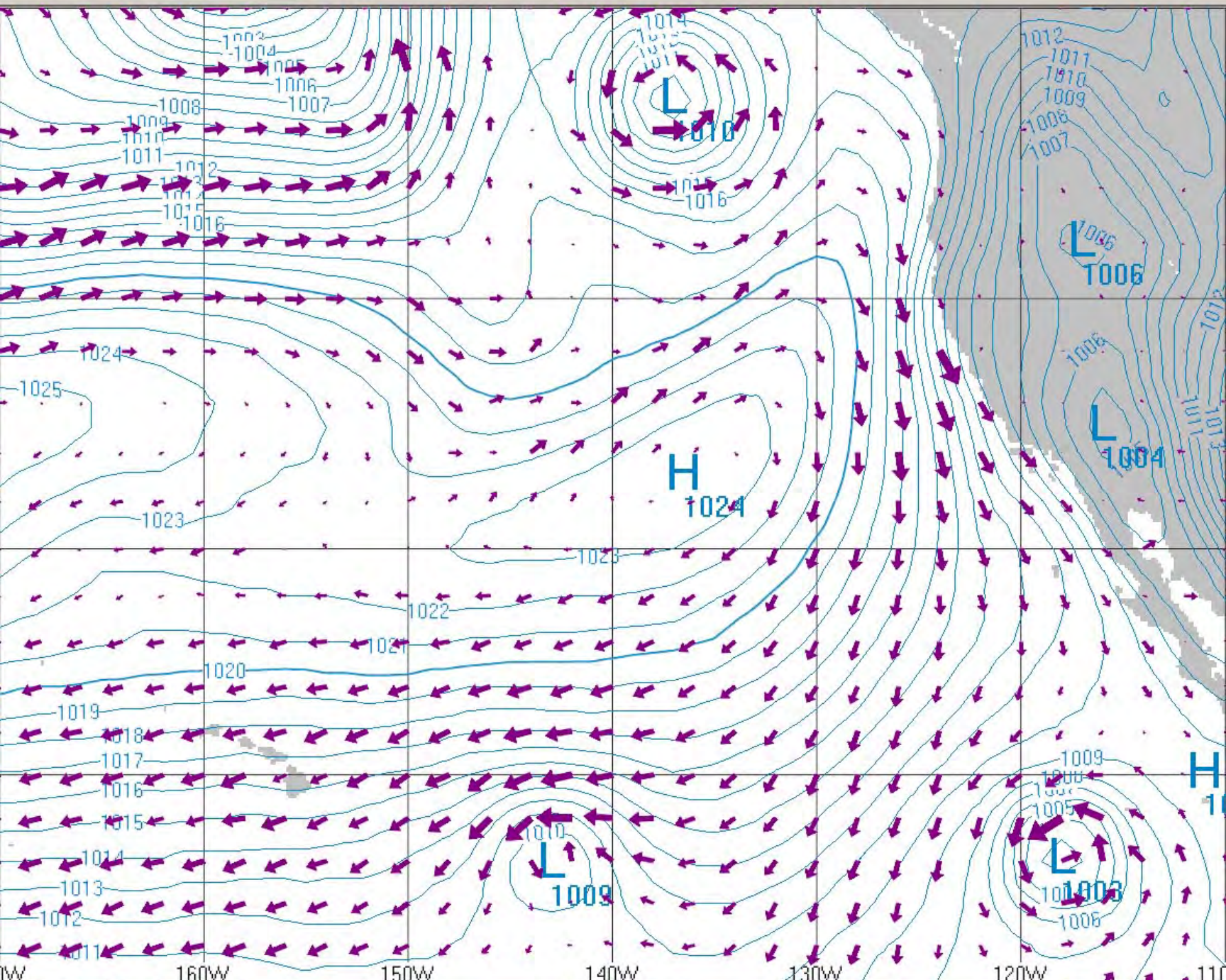


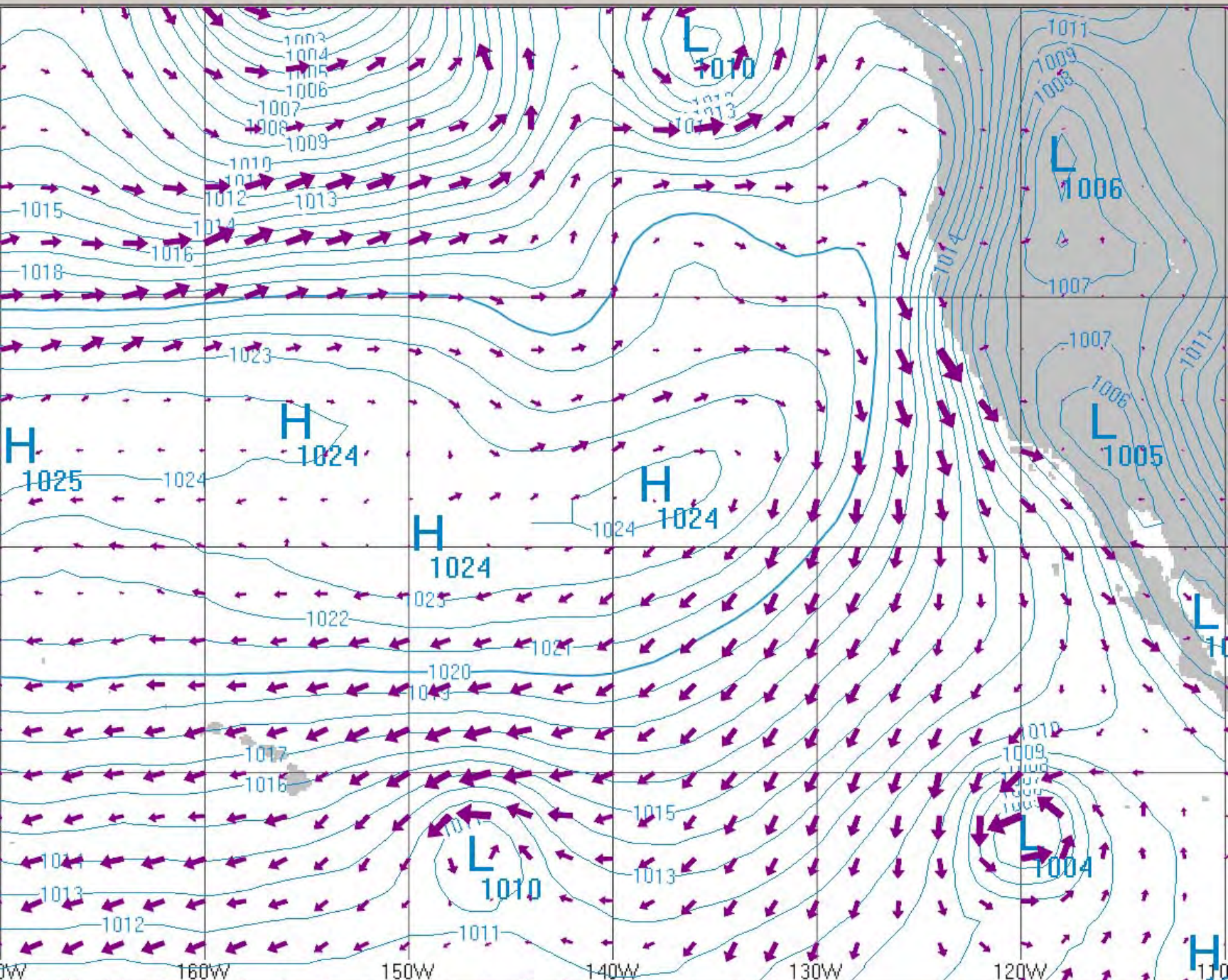


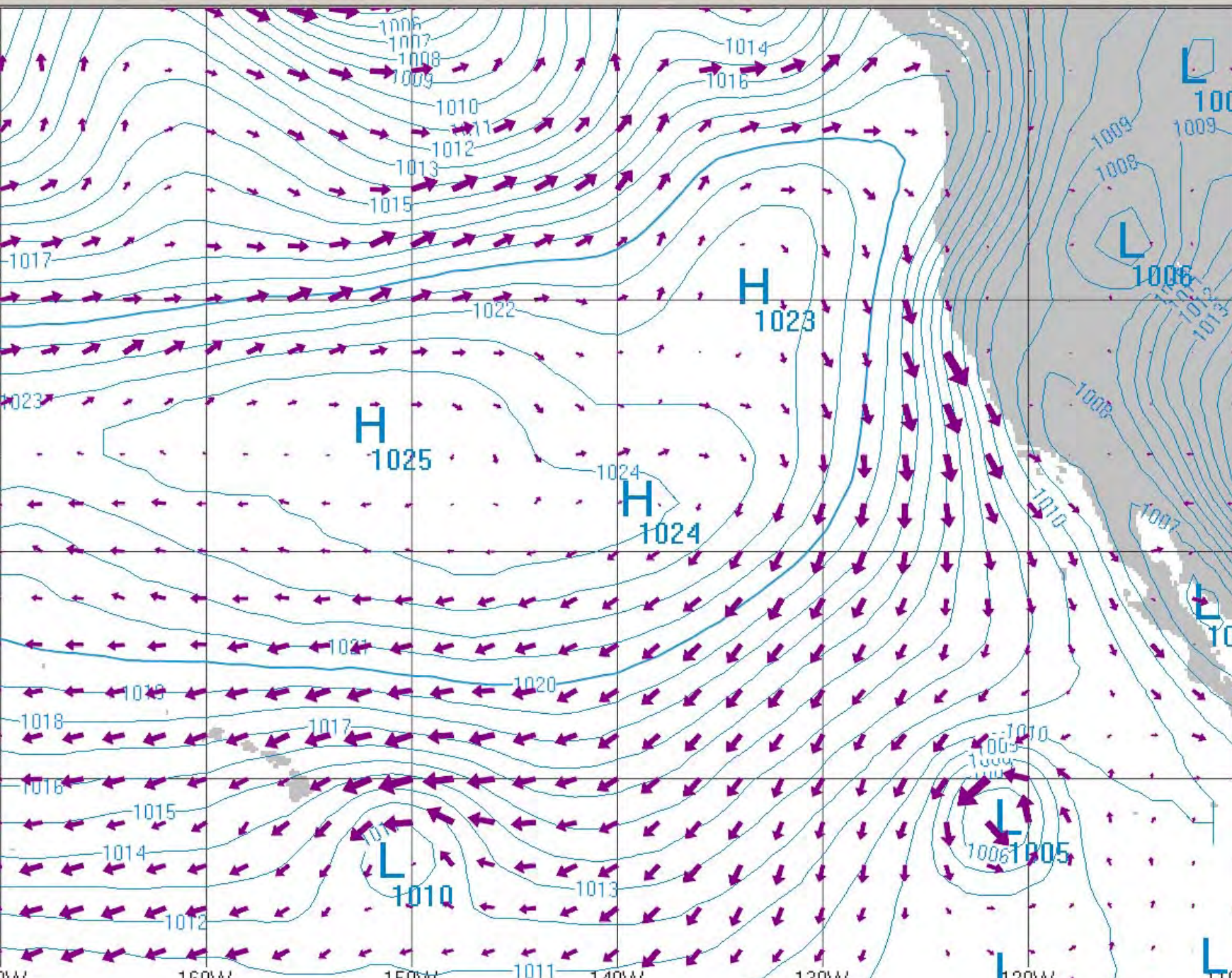


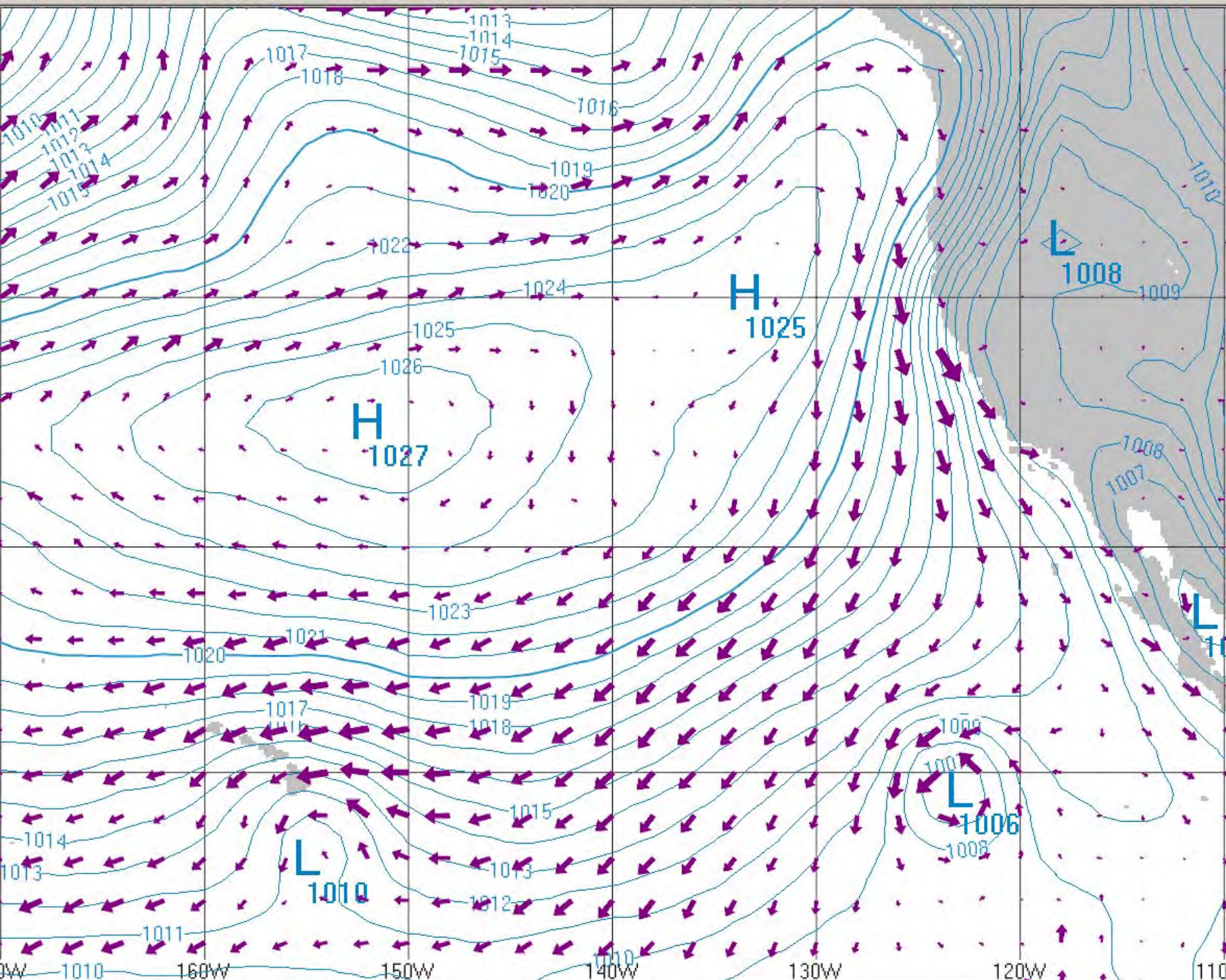


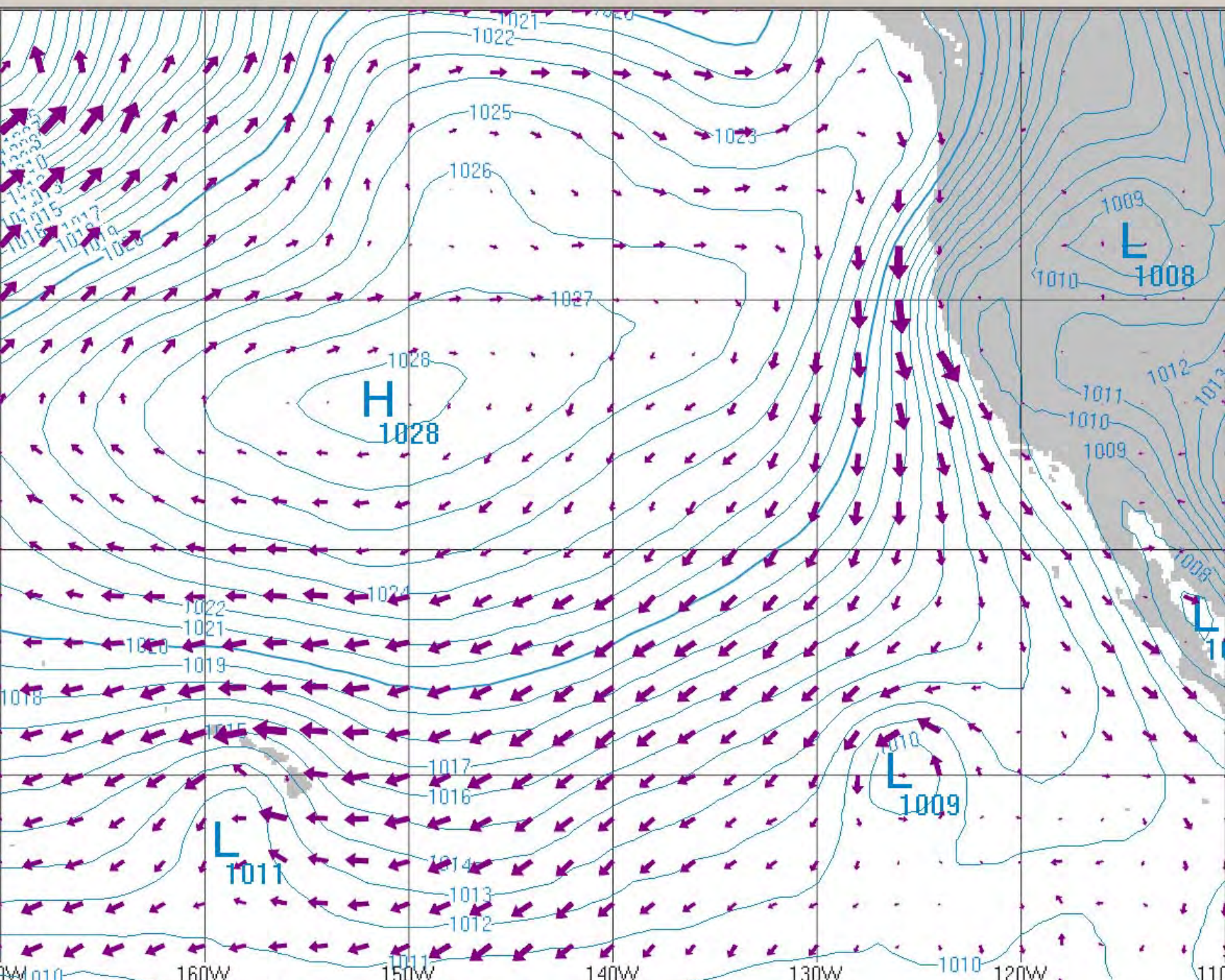


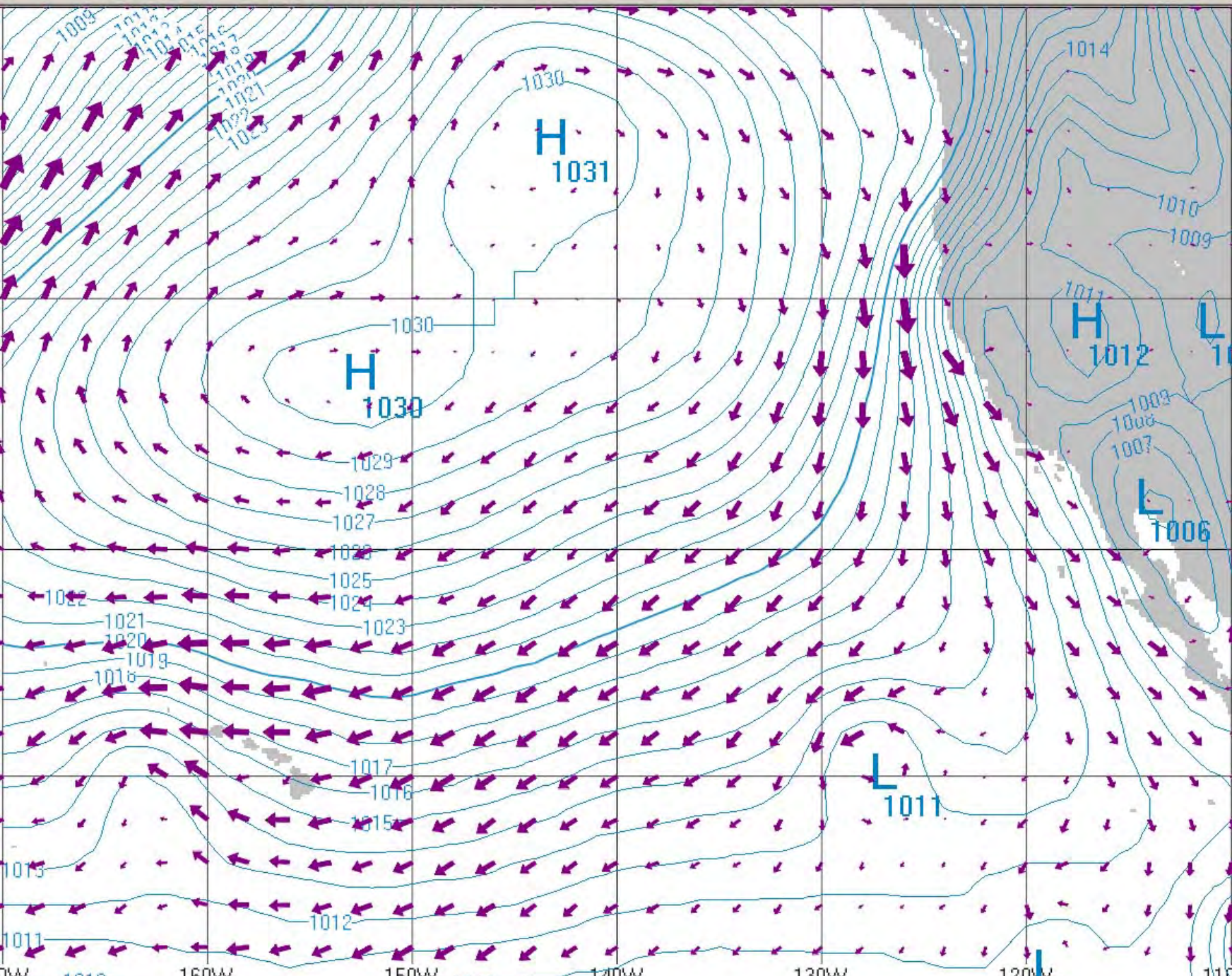






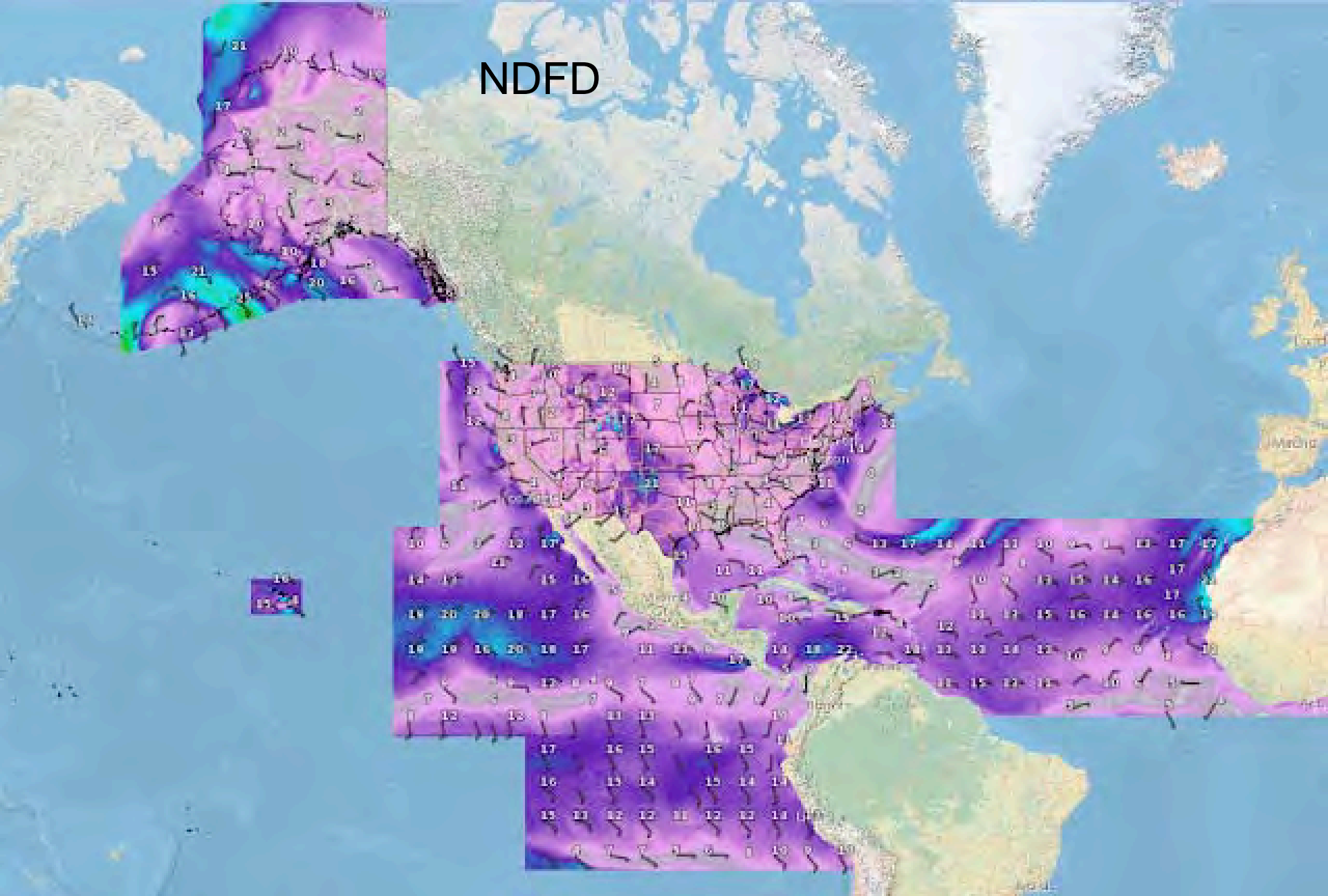


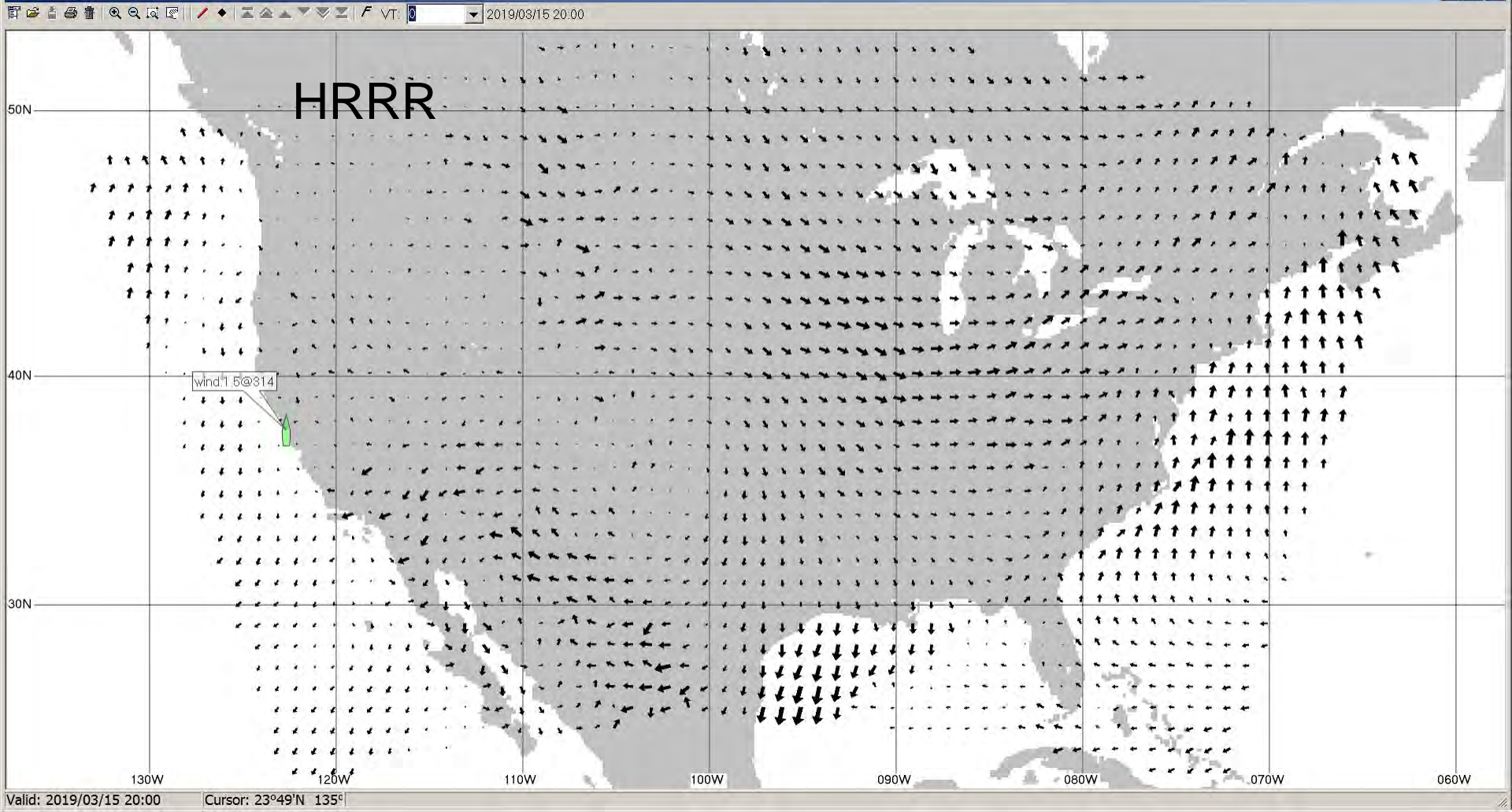


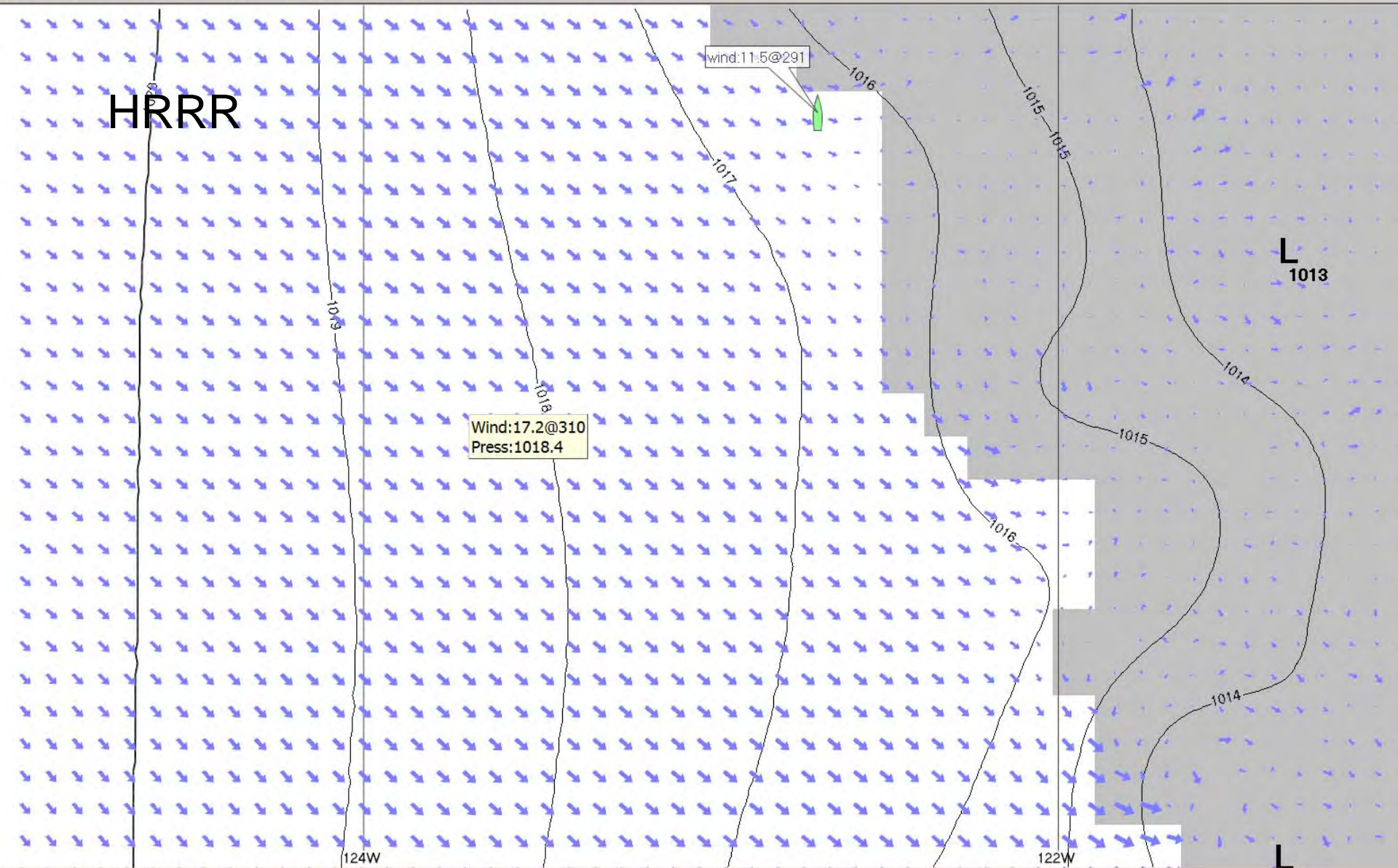


- Forecast update times in Pacific Daylight Time:
- GFS: 04:00, 10:00, 16:00 22:00 PDT
(10:00 and 22:00 might be more complete model runs)
- NAVGEM: 05:00, 11:00, 17:00 23:00 PDT
- NDFD: 06:00, 12:00, 18:00 24:00 PDT
- HRRR: Hourly updates
- COAMPS: 3-hour intervals (update times not given)

NDFD

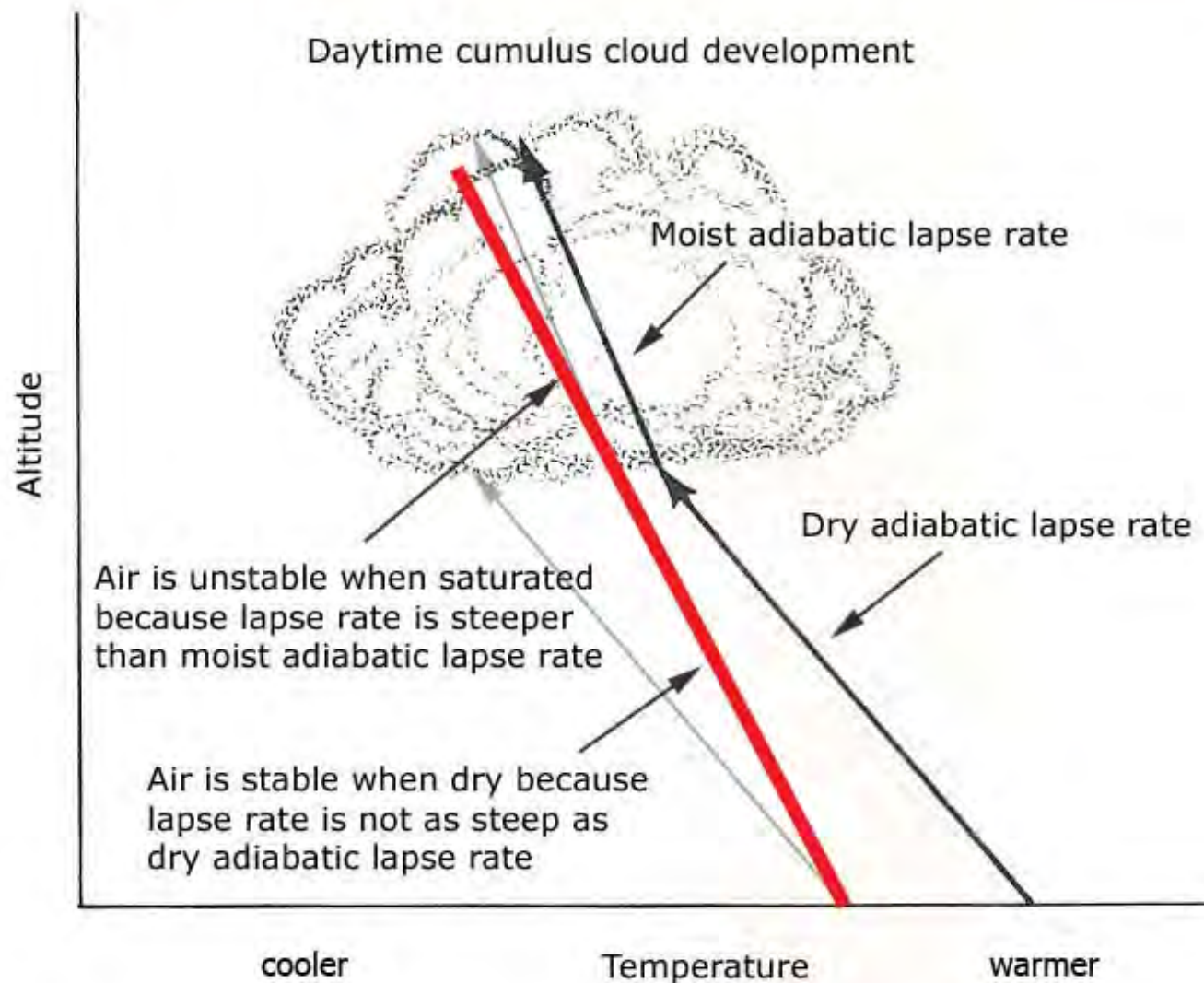


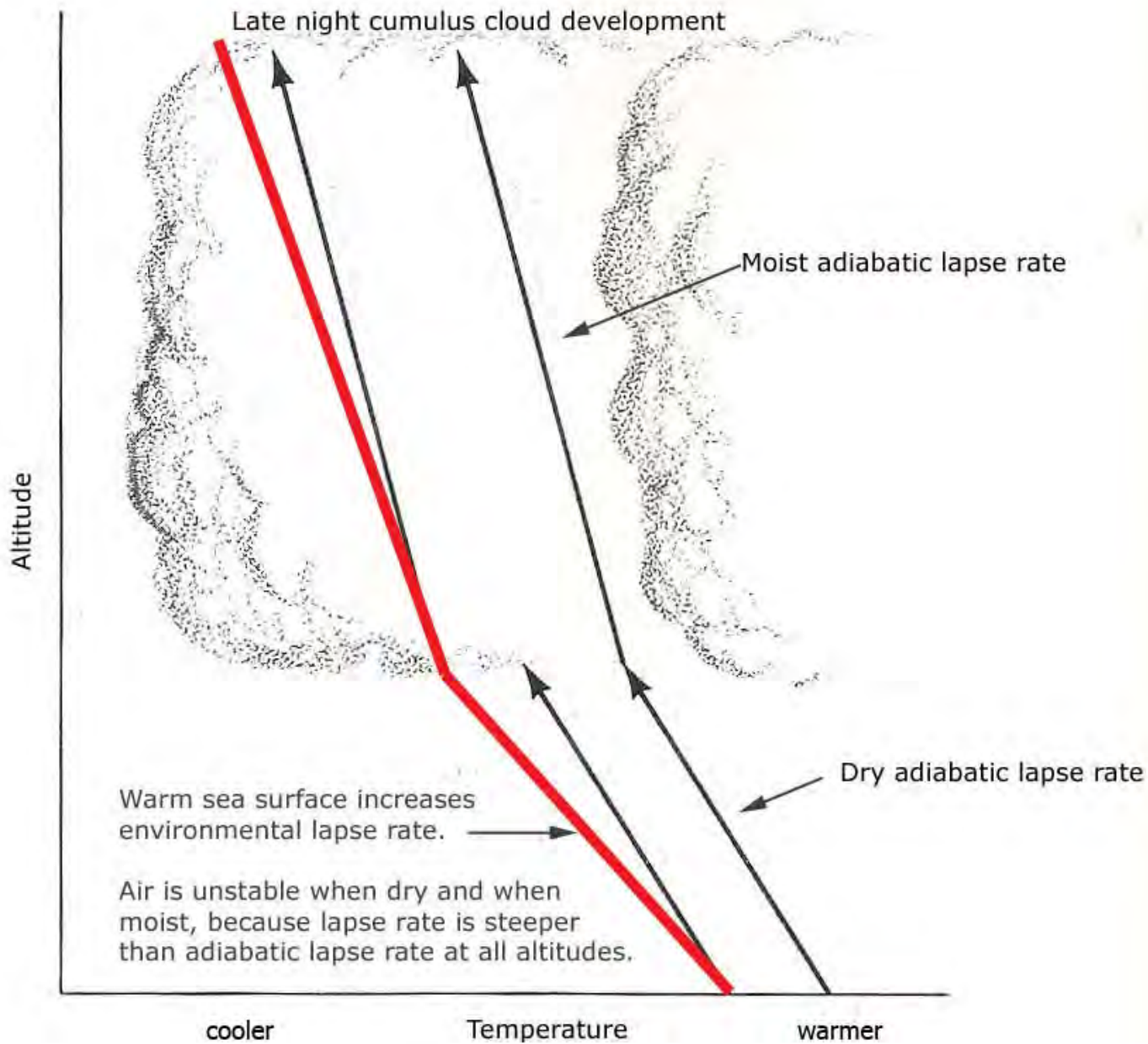




Pase 6: *Squalls!*

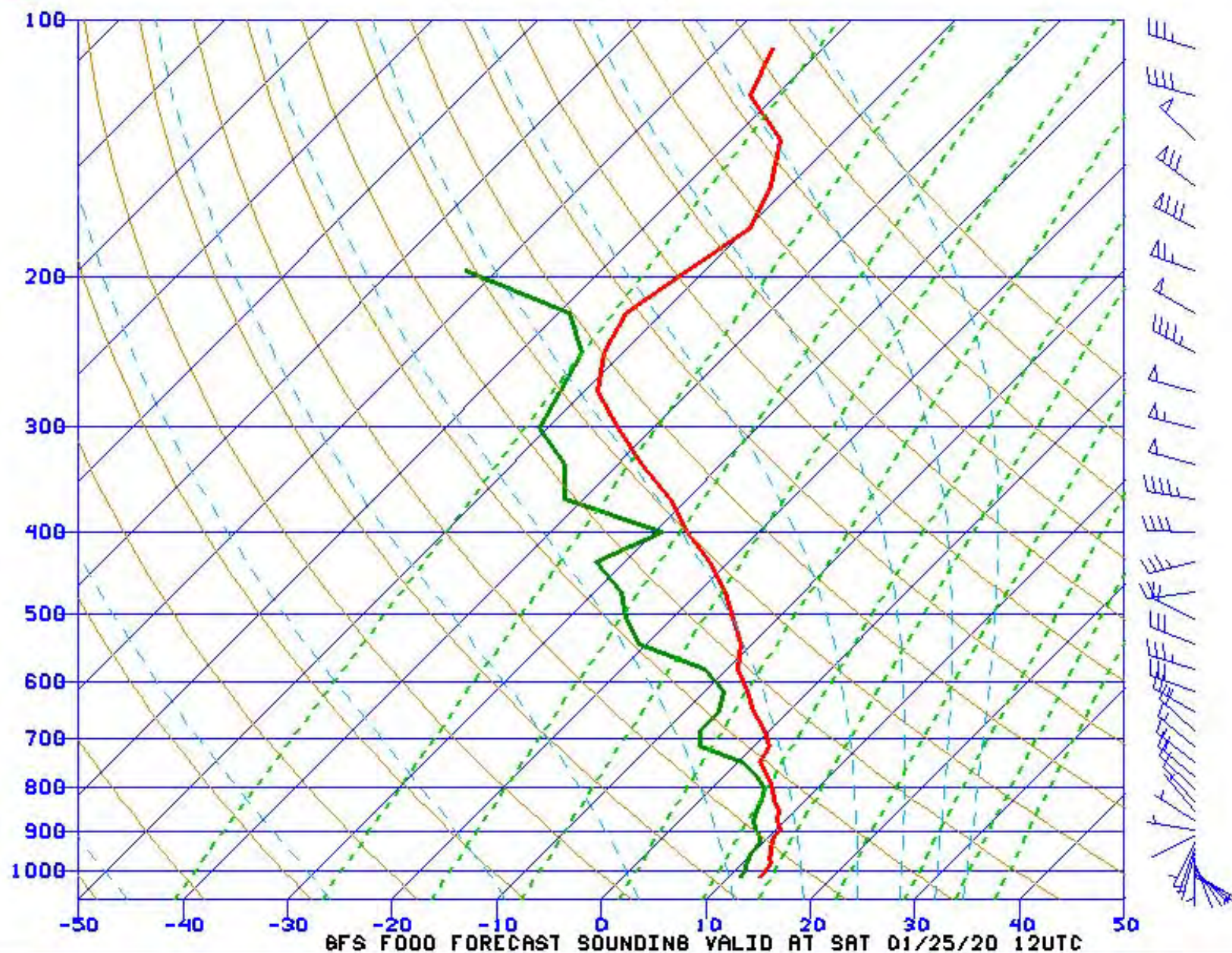




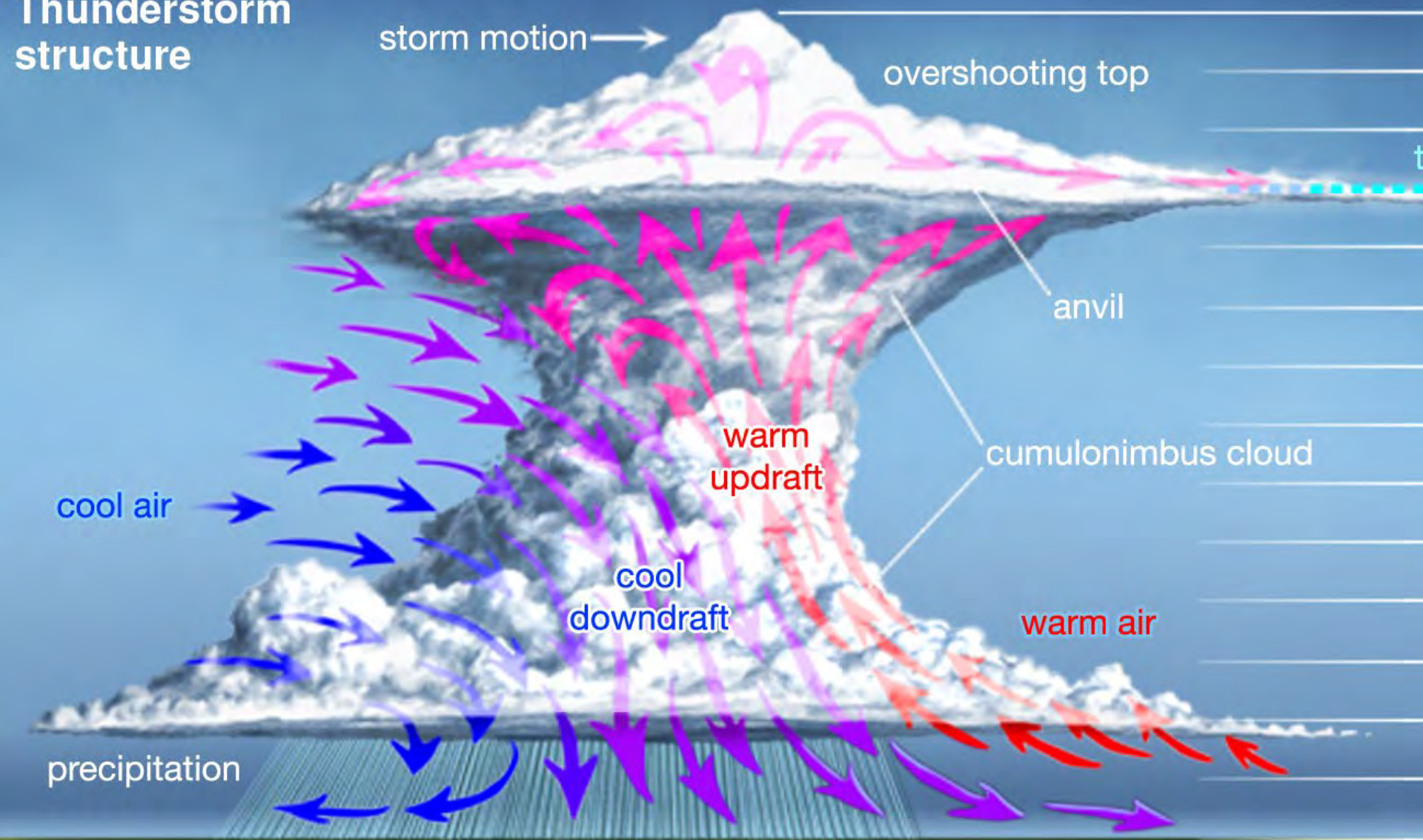


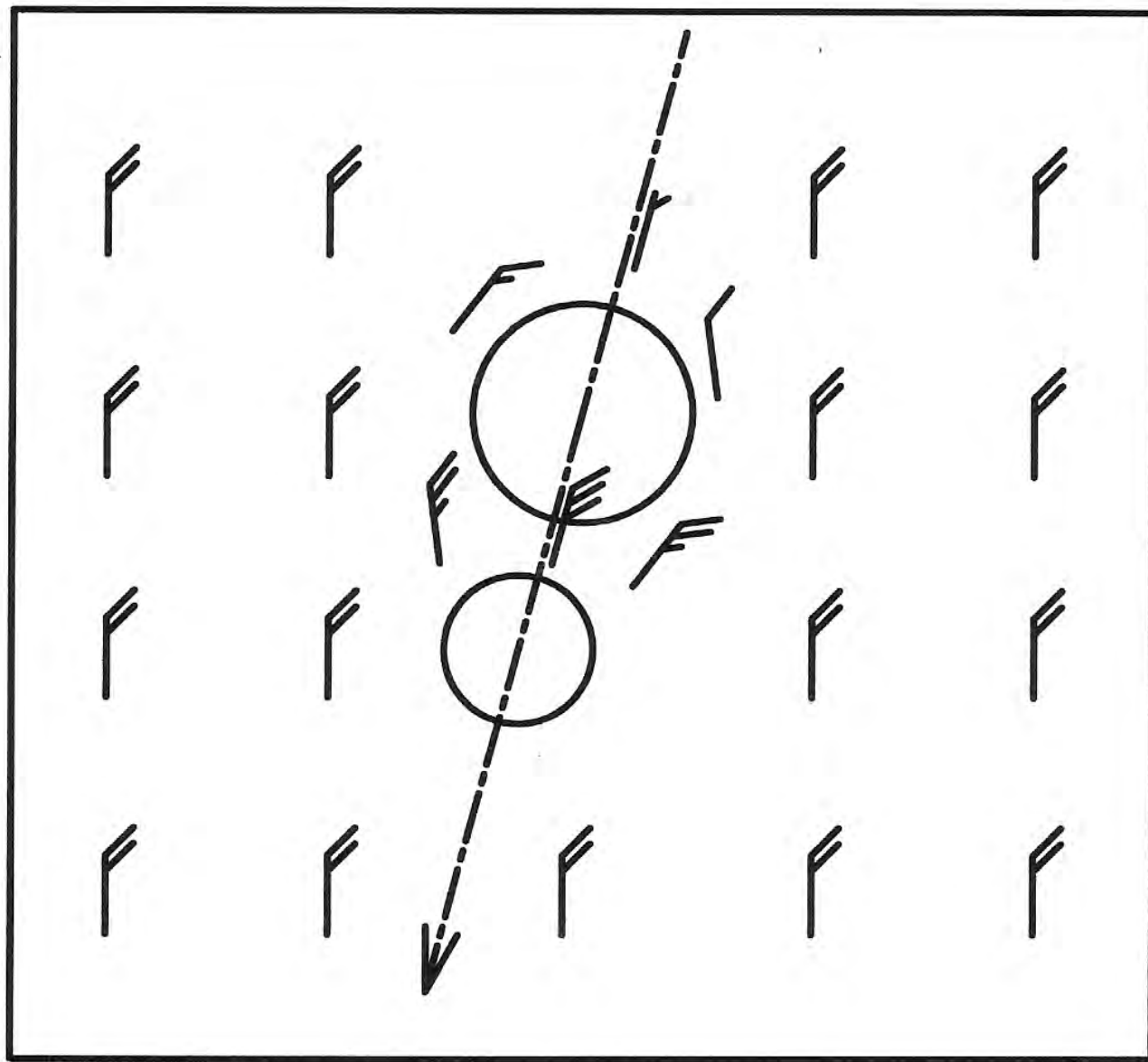


200125/1200 724930

LCLP:
TOTL:
MHAN:989 LFCV:
44 CINV:
3 HHAN:-9999
0
2EQTV:
CAPV:-9999
0LIFT:
BRCH:7
0KINX:
LHAN:23
2

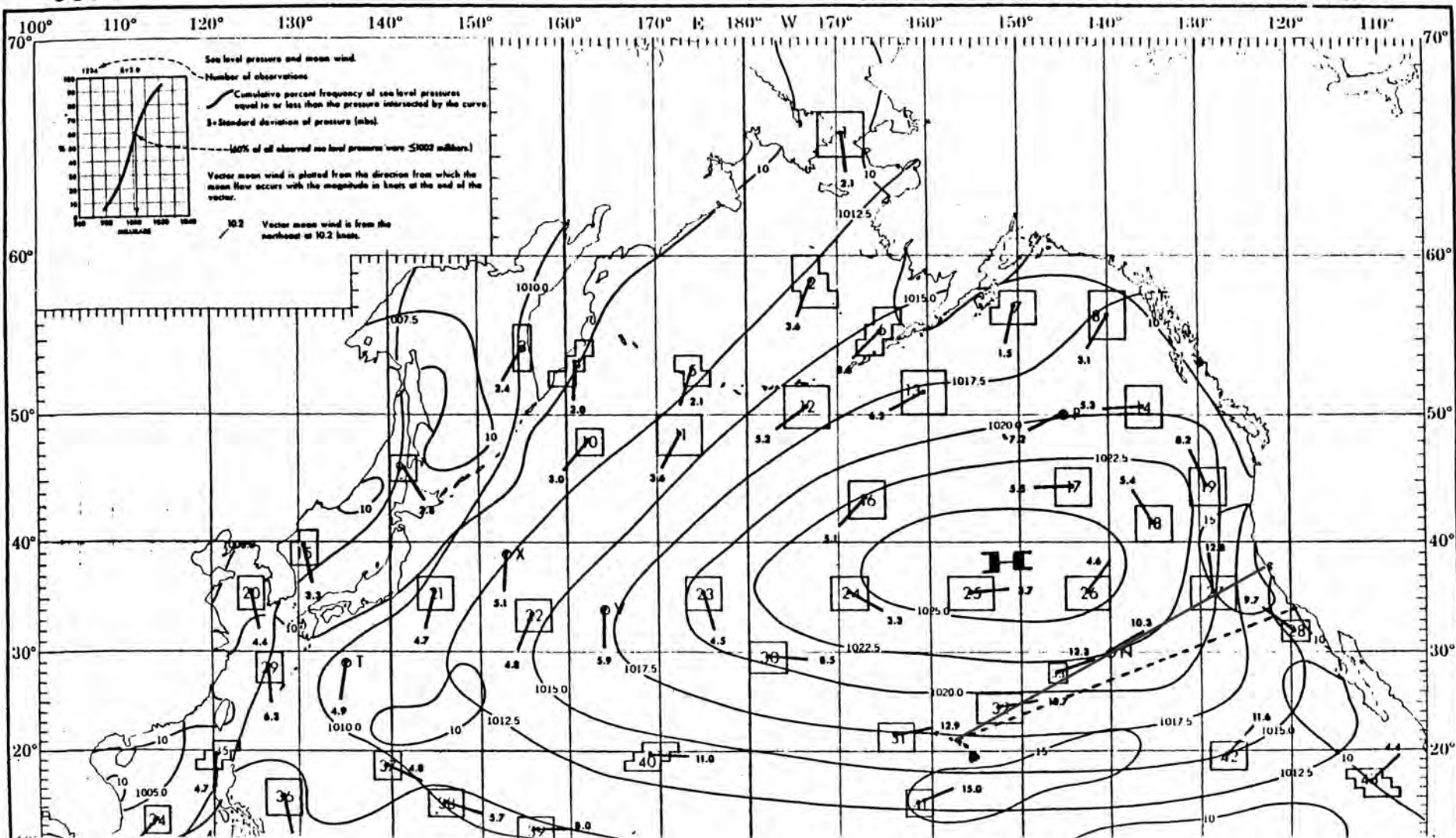
Thunderstorm structure

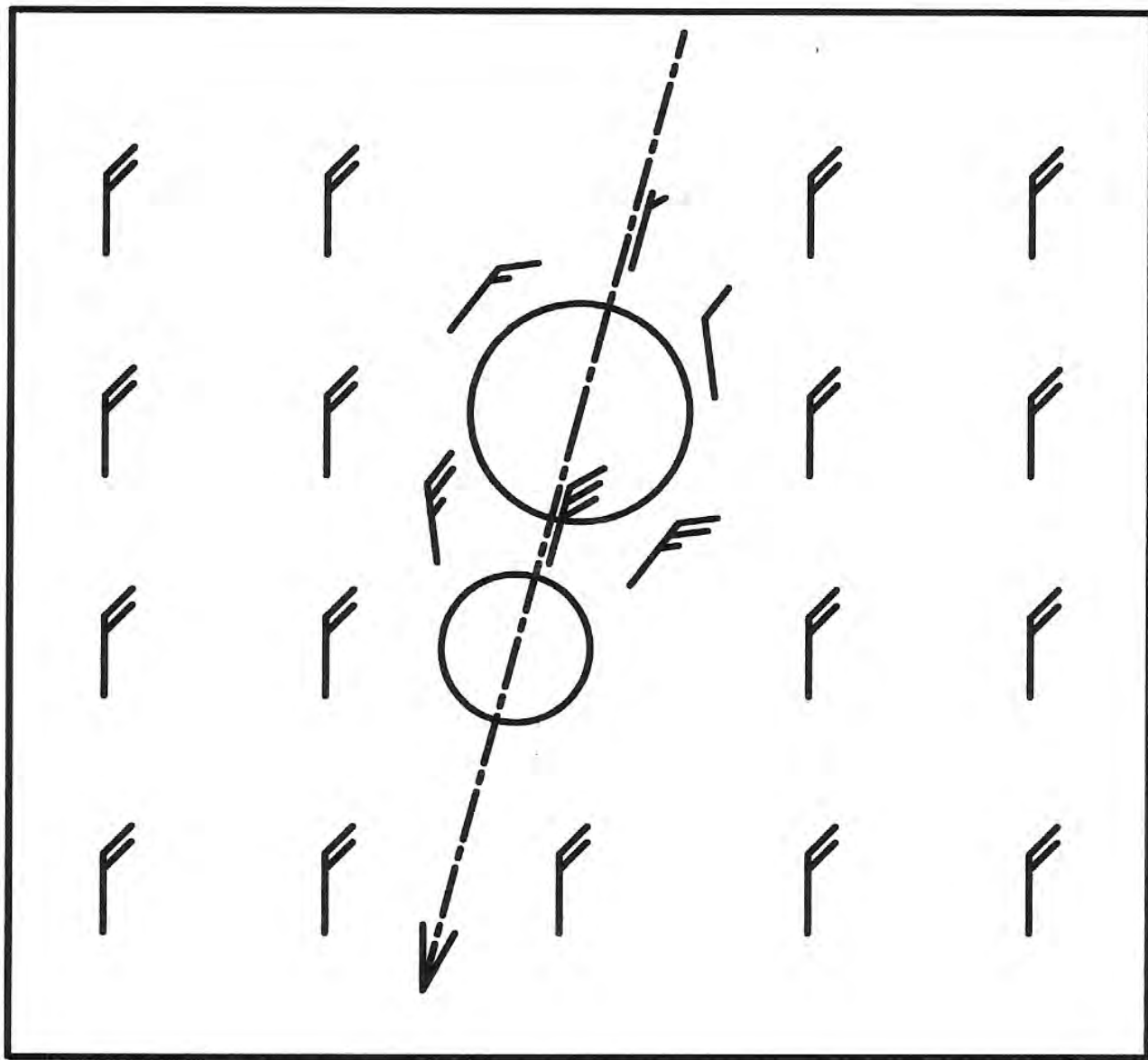


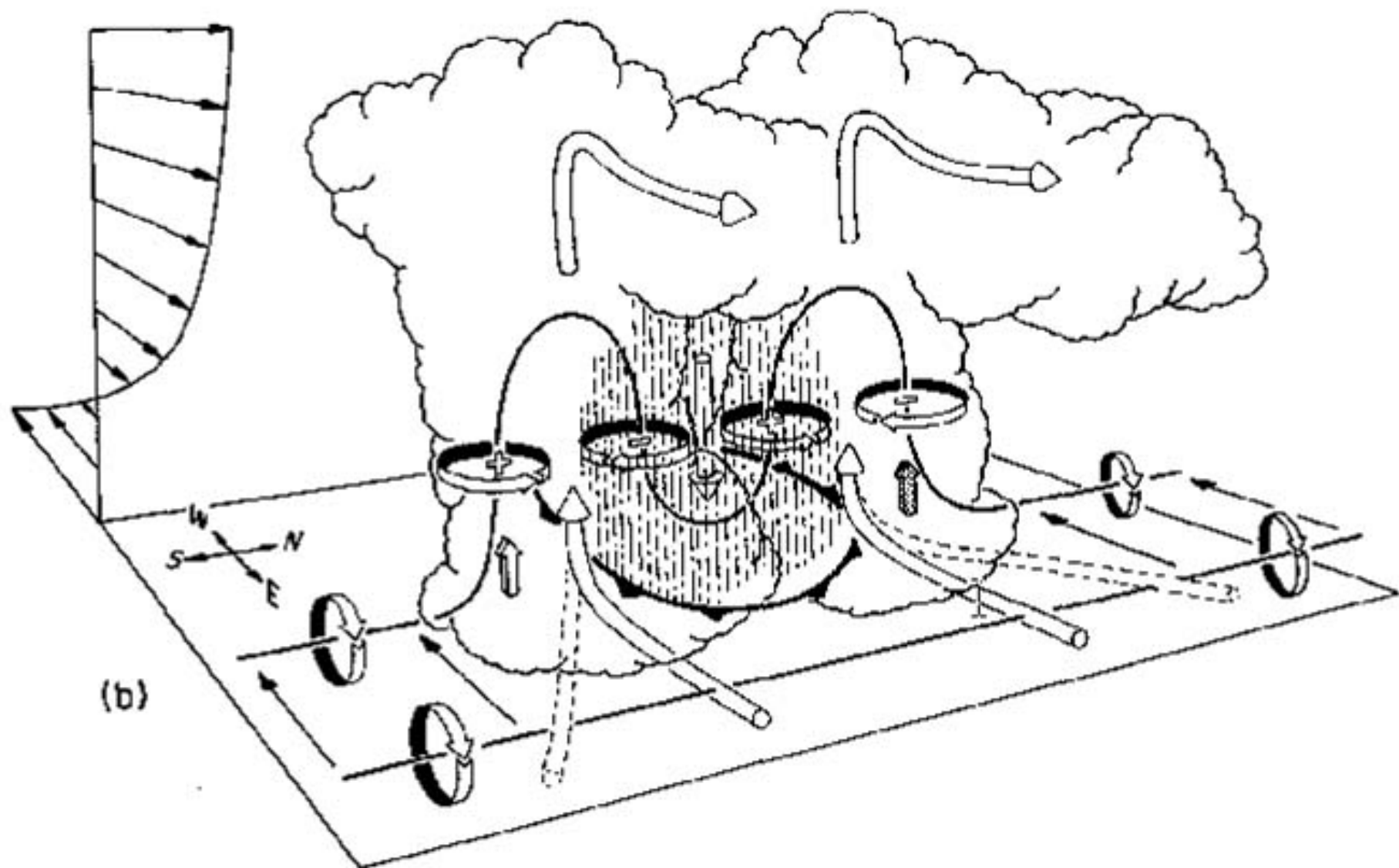


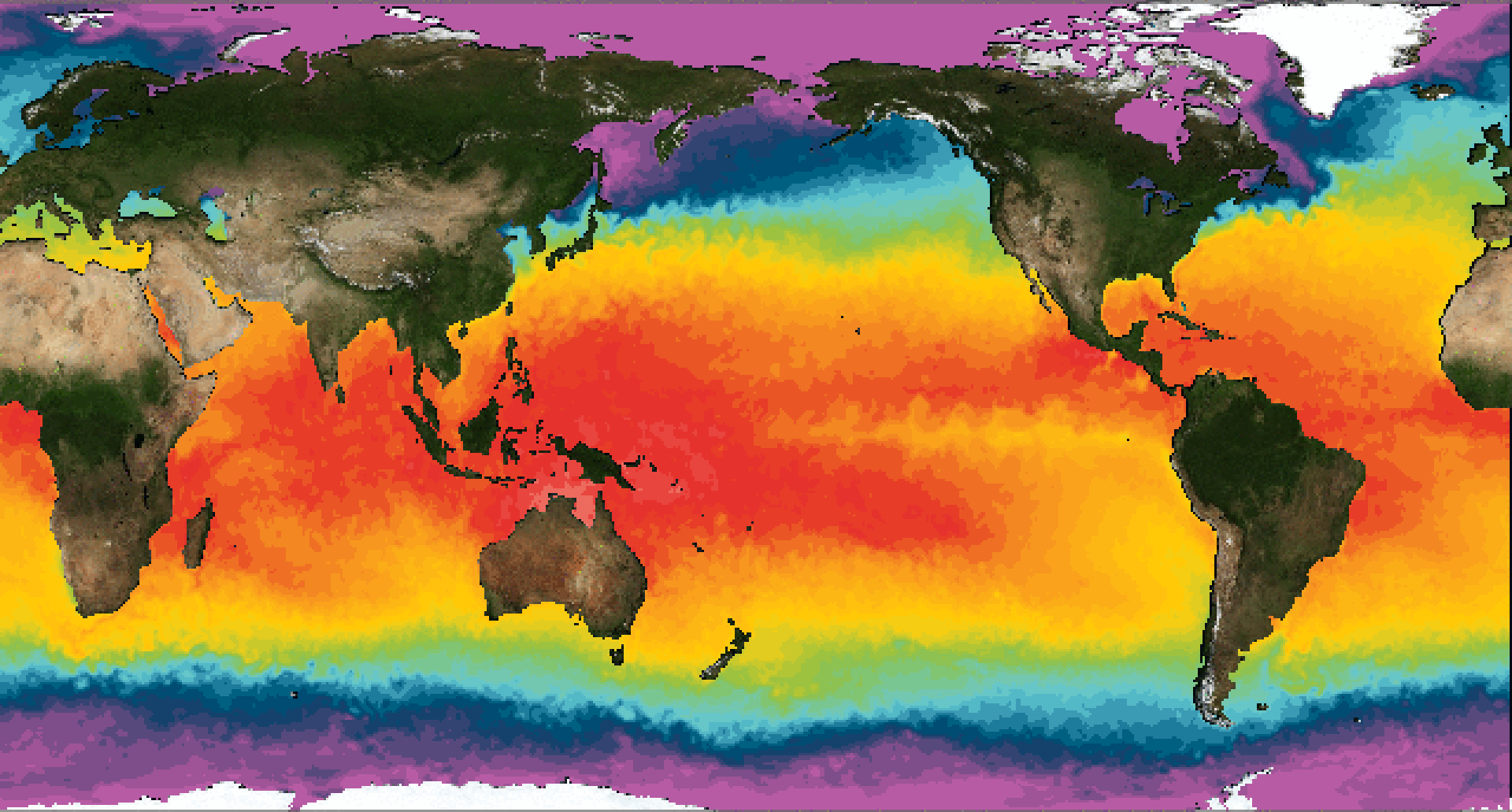
JULY

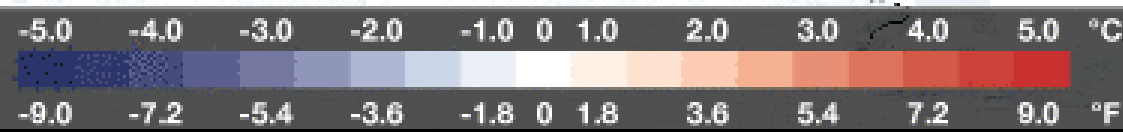
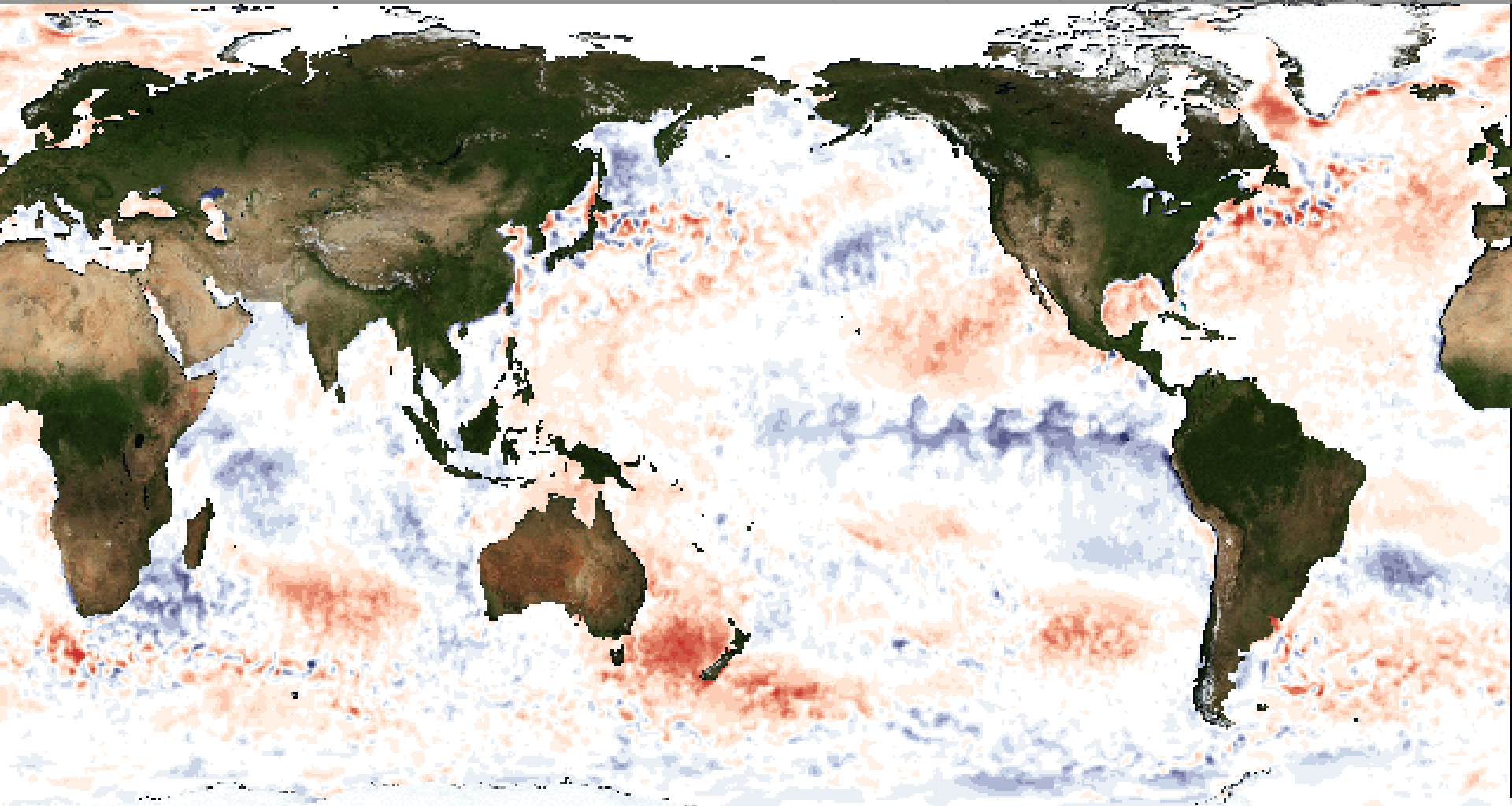
SEA LEVEL PRESSURE AND MEAN WIND



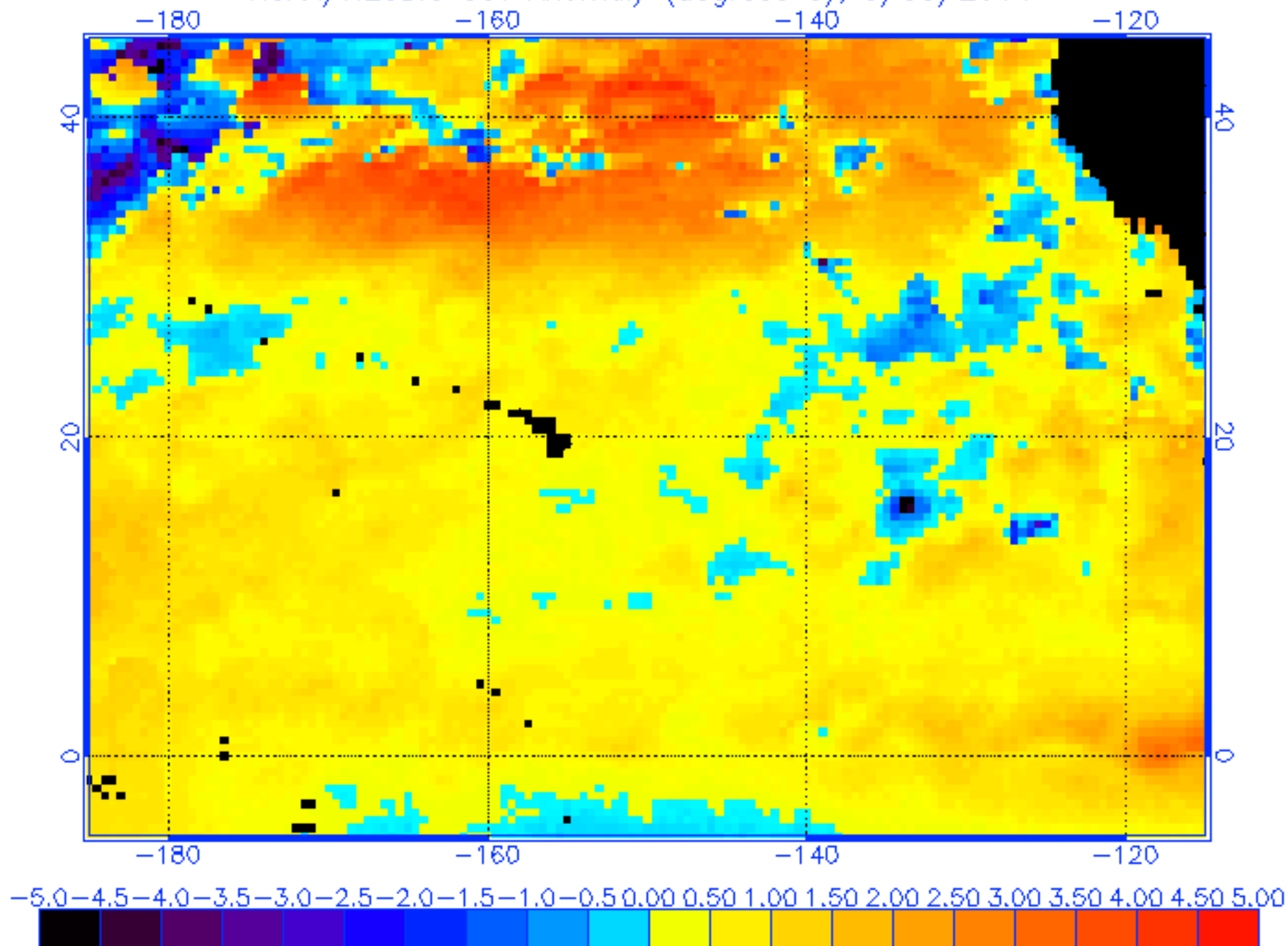




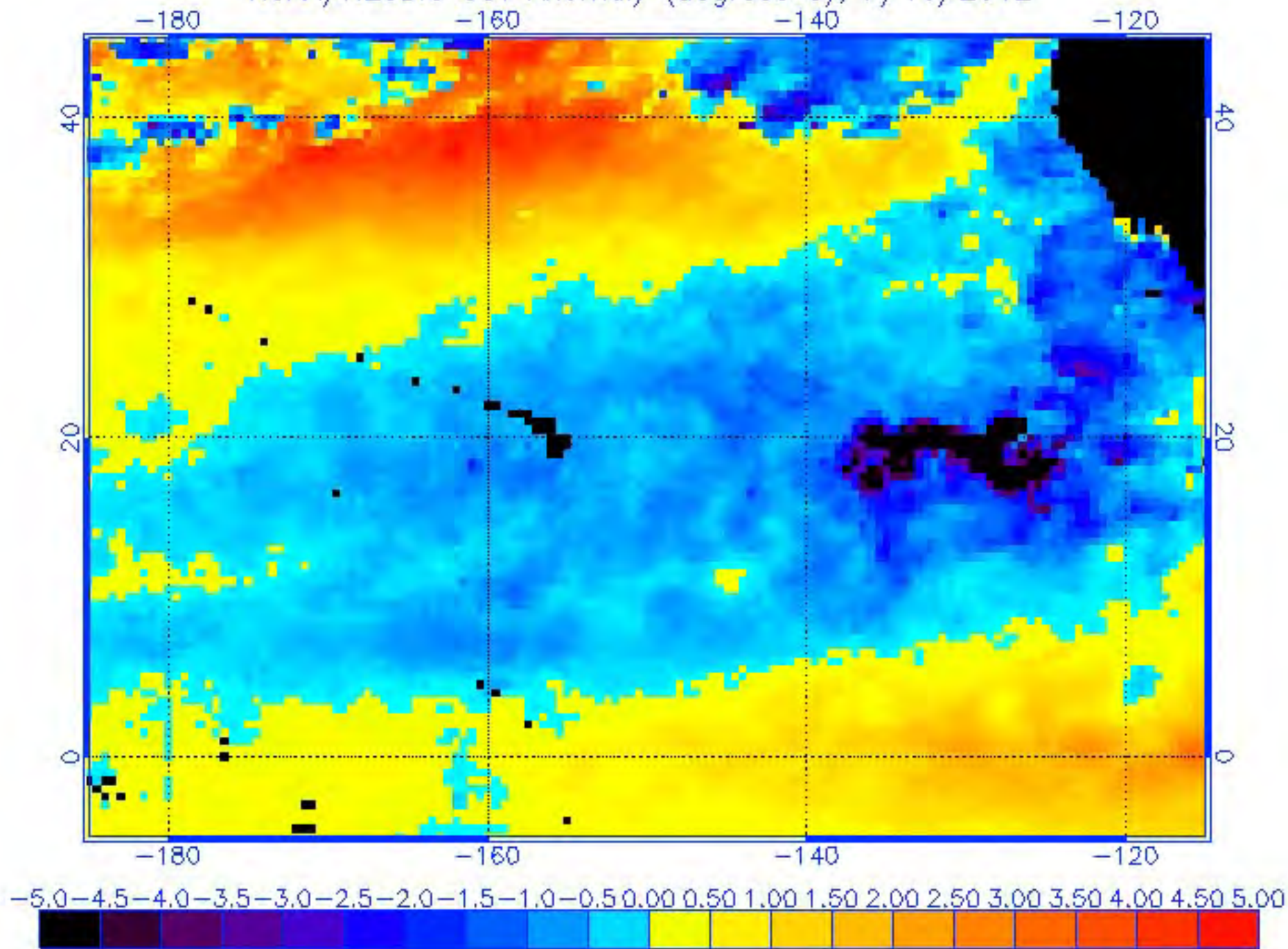




NOAA/NESDIS SST Anomaly (degrees C), 6/30/2014



NOAA/NESDIS SST Anomaly (degrees C), 7/16/2012



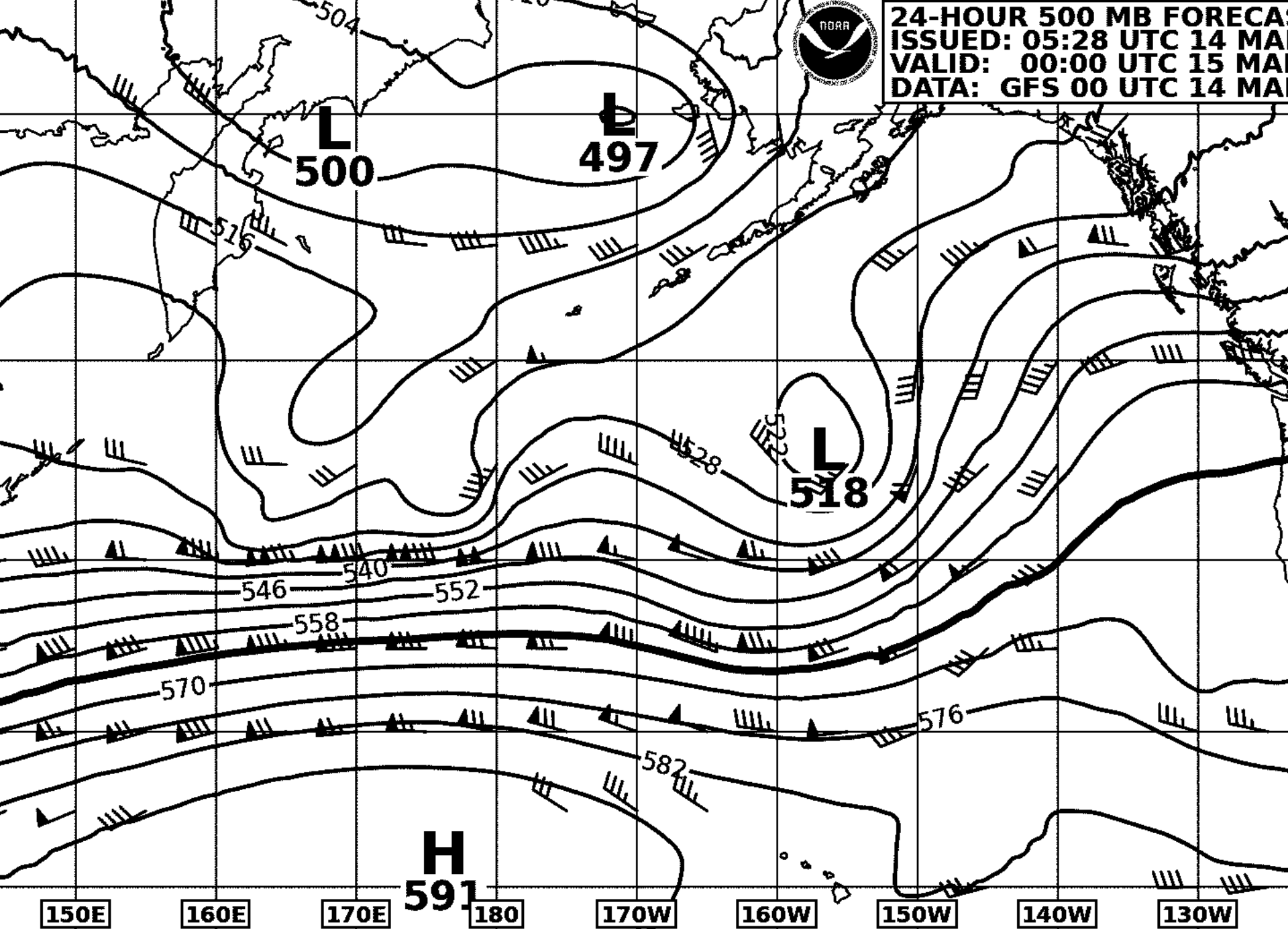


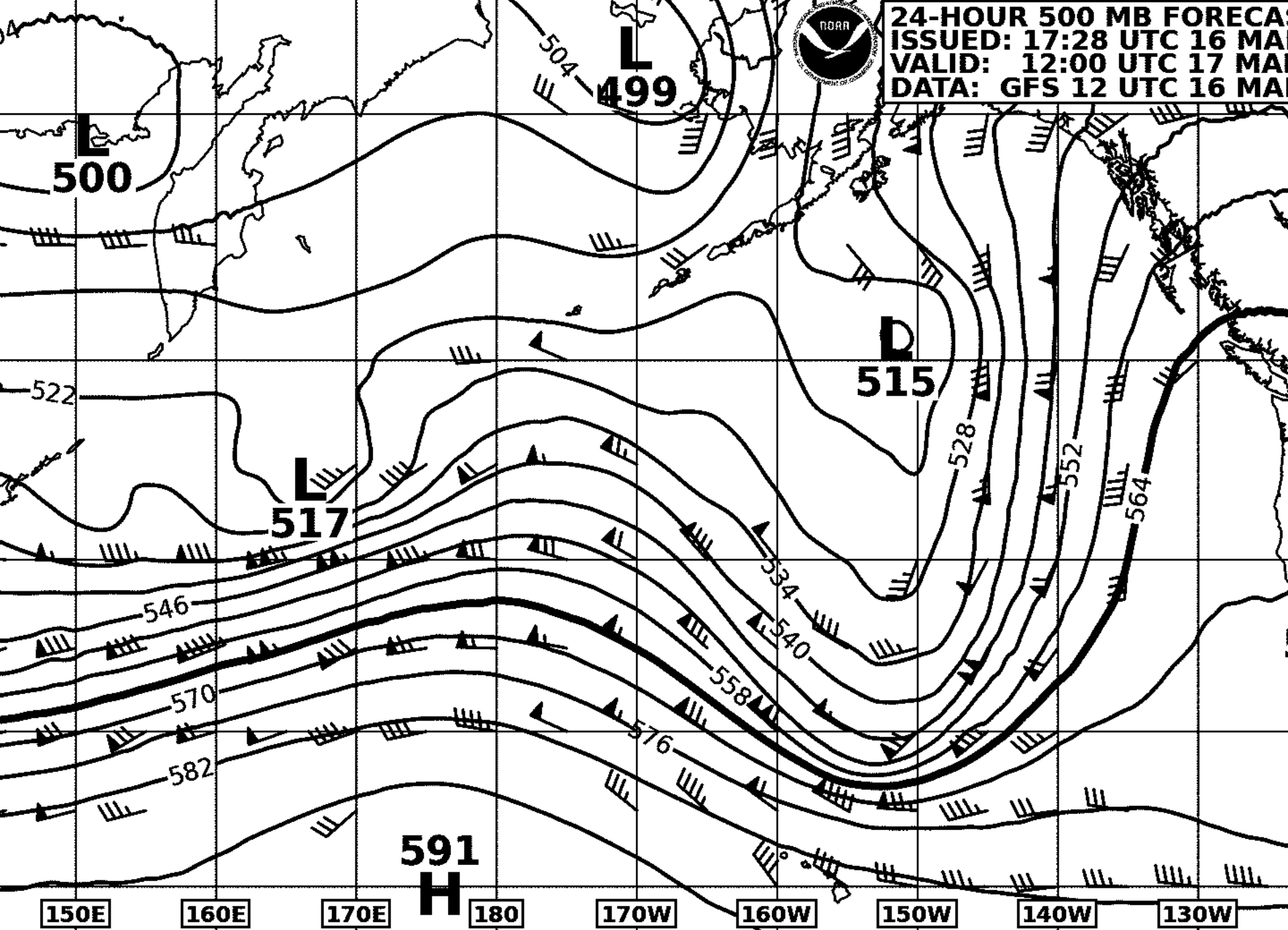
AM

notes:	S-1 = Standby 1: geared up and ready to be on deck in seconds
	S-2 = Standby 2: in bunk, can be undressed, next one up after S-1



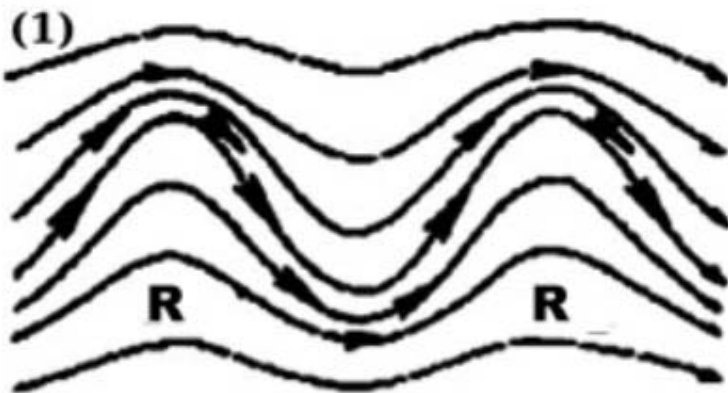
24-HOUR 500 MB FORECAST
ISSUED: 05:28 UTC 14 MAR
VALID: 00:00 UTC 15 MAR
DATA: GFS 00 UTC 14 MAR





24-HOUR 500 MB FORECAST
ISSUED: 17:28 UTC 16 MAR
VALID: 12:00 UTC 17 MAR
DATA: GFS 12 UTC 16 MAR

TYPICAL SCHEME OF COL DEVELOPMENT



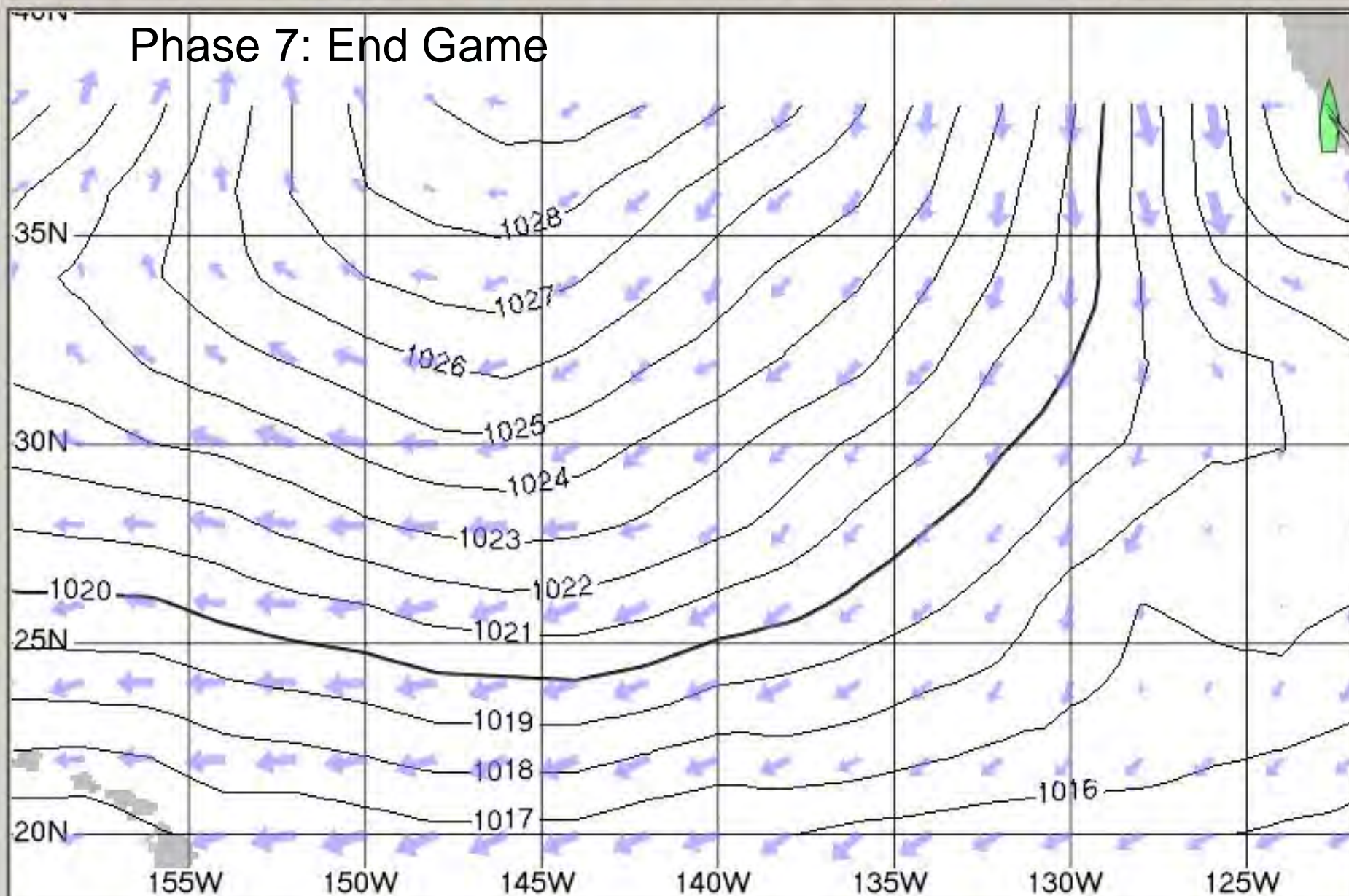


Grib valid: 2014/07/09 18:00 (gfs-9-18.grb)

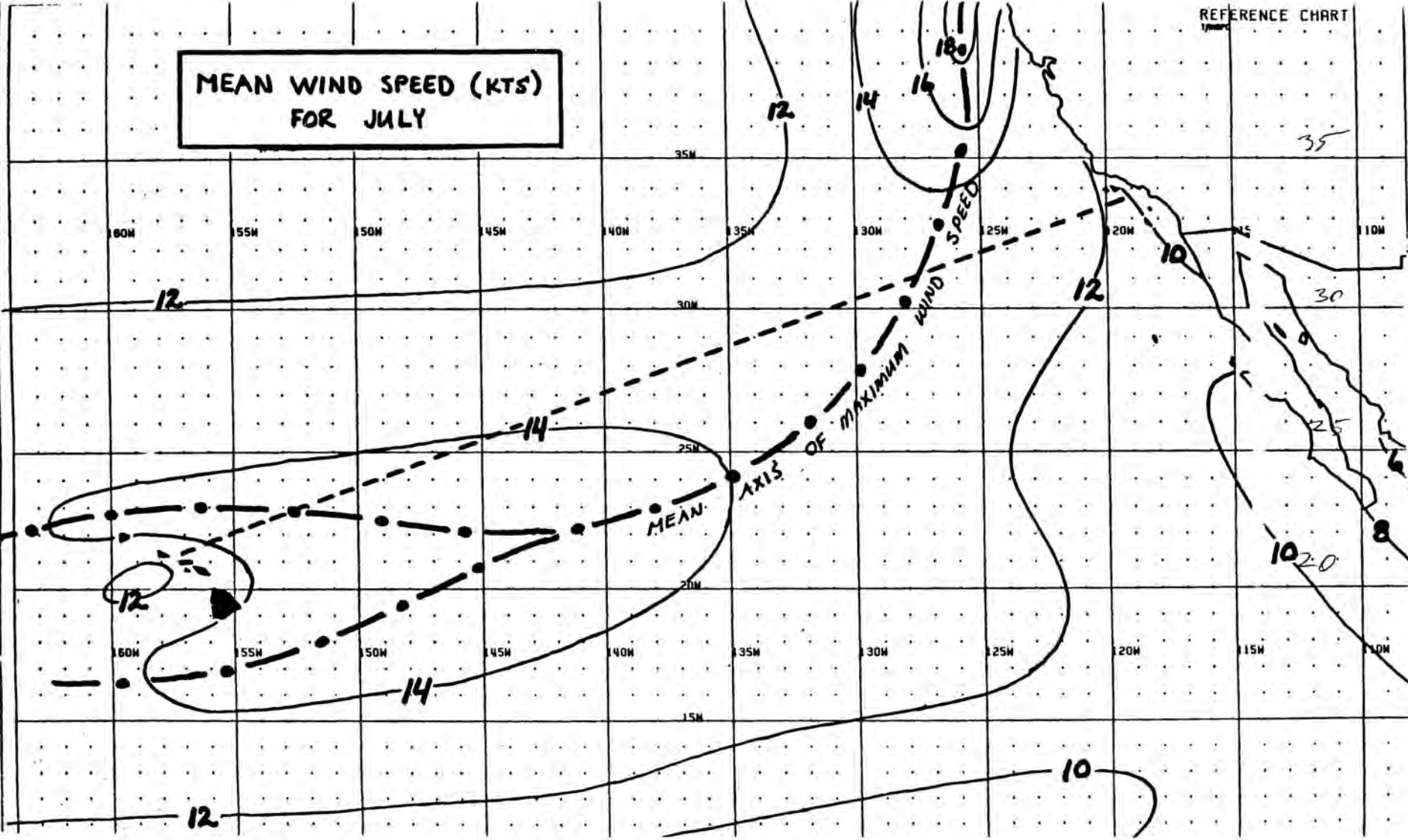


VT: 0 2014/07/09 18:00

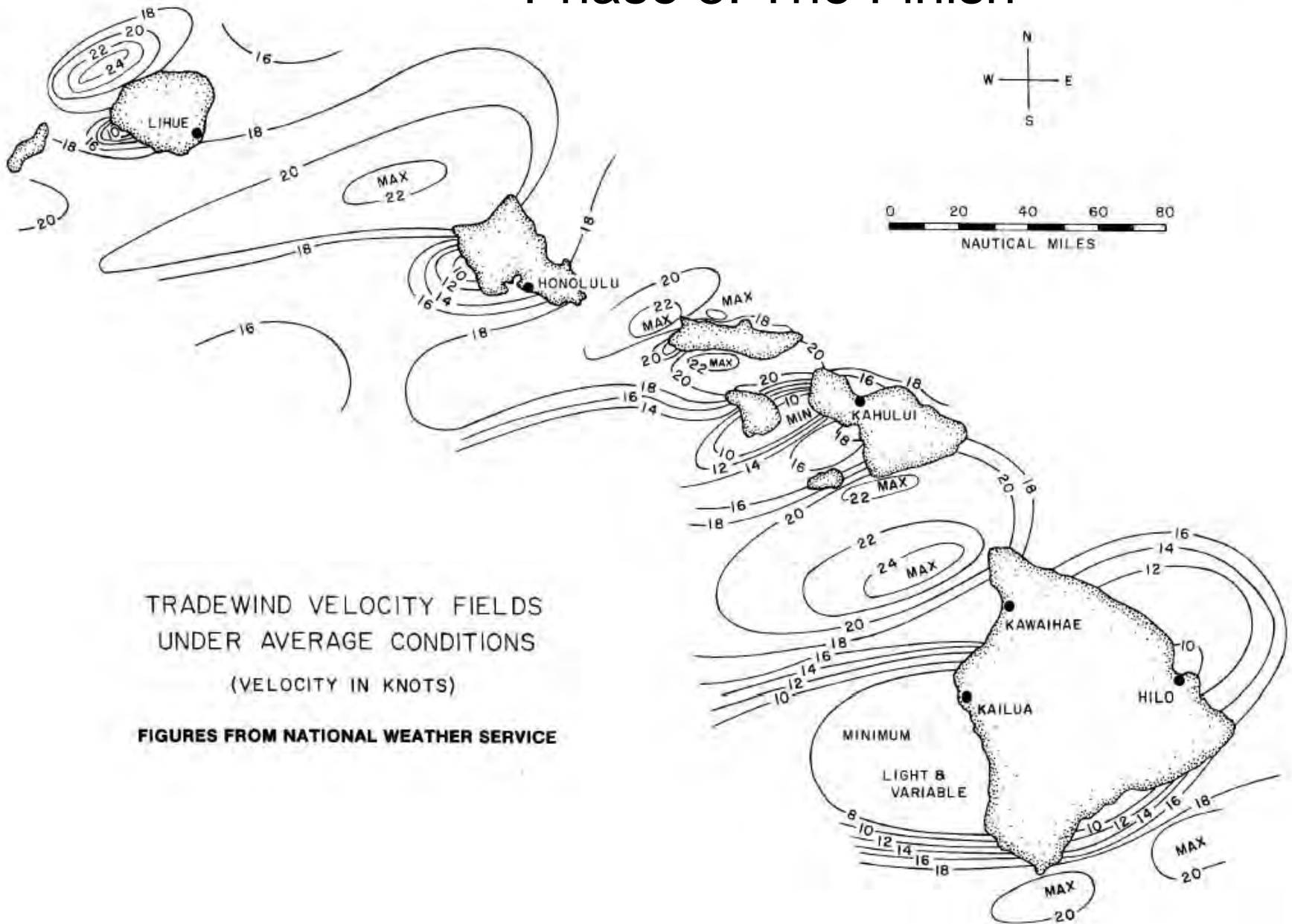
Phase 7: End Game



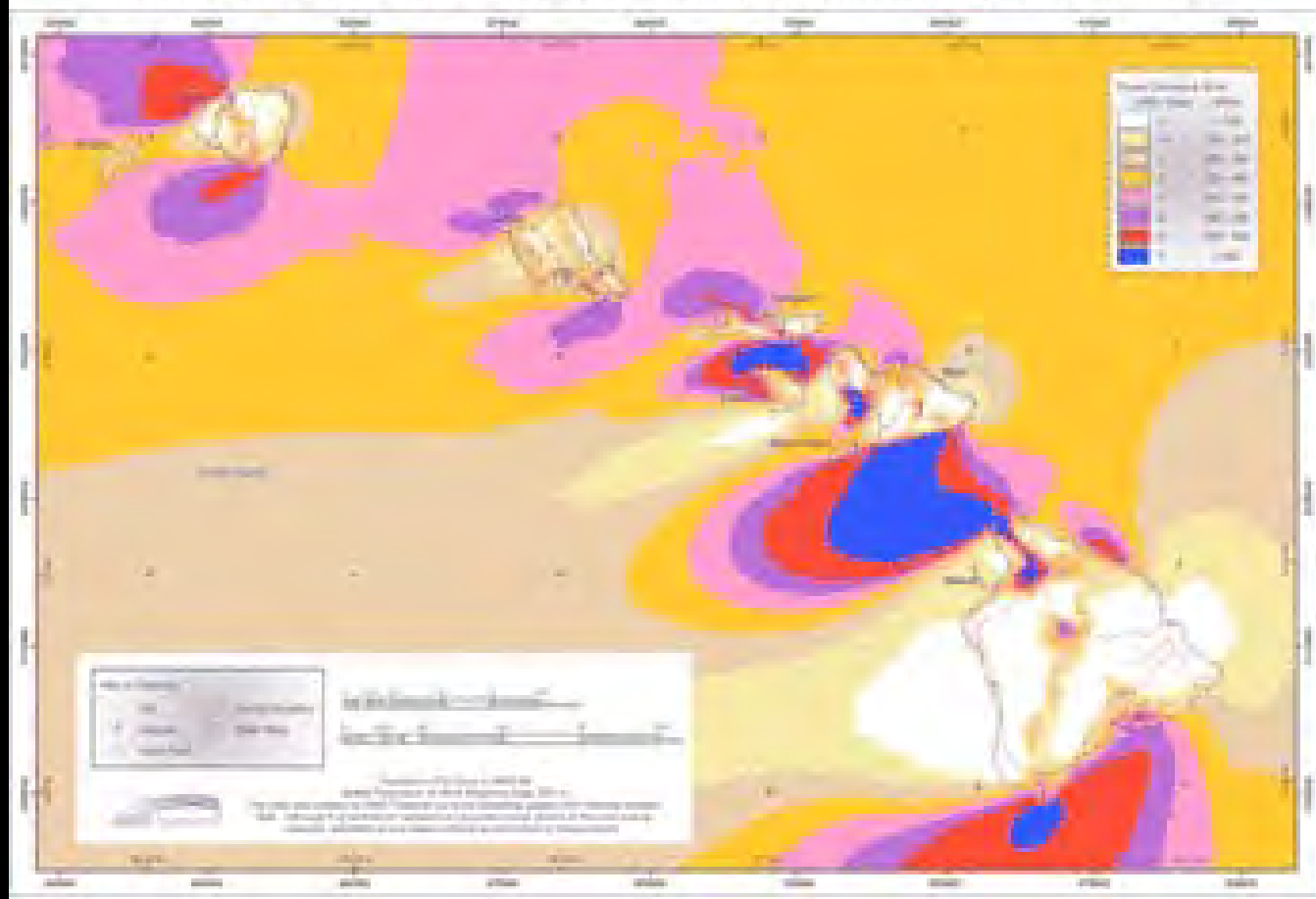
MEAN WIND SPEED (KTS)
FOR JULY



Phase 8: The Finish



WIND POWER DENSITY IN HAWAII AT 40 METERS



Pacific Cup 2018 Finish Waypoints

Finish Approach Waypoint: 121-31.00 x 157-44.10

Restricted Area north limit: 21-29.0

Restricted Area east limit: 157-44.0

Restricted Area west limit: 157-47.5

Pacific Cup Finish NW end: 21-29.84 x 157-46.44

Pacific Cup Finish SE end: 21-29.60 x 157-46.24

Pacific Cup Finish mid-line: 21-29.72 x 157-46.34

Pacific Cup Escort: 21-28.64 x 157-46.24



Kaneohe Bay Tides
 July 2020
 at Moku o Loe, 21-26.0 N x 157-47.4 W
 Times are HST, heights in feet

Sun 05	01:18	1.1	08:04	-0.5	15:51	2.6	22:45	0.9
Mon 06	02:02	1.1	08:41	-0.4	16:27	2.5	23:25	0.9
Tue 07	02:45	1.1	09:18	-0.2	17:02	2.4		
Wed 08	00:06	0.8	03:30	1.0	09:52	0.0	17:36	2.3
Thu 09	00:49	0.8	04:23	1.0	10:26	0.2	18:08	2.1
Fri 10	01:32	0.7	05:34	0.9	10:59	0.5	18:38	1.9
Sat 11	02:15	0.6	07:23	0.9	11:36	0.8	19:04	1.7
Sun 12	02:54	0.5	10:01	1.1	12:37	1.1	19:27	1.6
Mon 13	03:30	0.4	11:41	1.4	15:30	1.3	19:49	1.4
Tue 14	04:05	0.2	12:22	1.6	18:26	1.3	20:17	1.3





Weather URLs

- NOAA Ocean Prediction Center. Analysis, warnings, forecasts
https://ocean.weather.gov/Pac_tab.php
- Pacific Briefing Package
https://ocean.weather.gov/shtml/P_brief.php
- Fleet Numerical Meteorology and Oceanographic Center
Links to Sea Surface Temperature Anomaly, cyclone images, etc.
<https://www.metoc.navy.mil/fnmoc/fnmoc.html>
- Global GFS website
<http://www.weatheronline.co.uk/>
"weather maps" "expert charts" "Pacific (NE)"
- Low-bandwidth GRIB files
<http://www.saildocs.com/>
- Sample request strings. Email to query@saildocs.com:
"send gfs:32N,40N,116W,126W|.5,.5|0,6..36|PRESS,WIND"
"send coamps:32N,40N,116W,126W|.2,.2|0,6..36|PRESS,WIND"

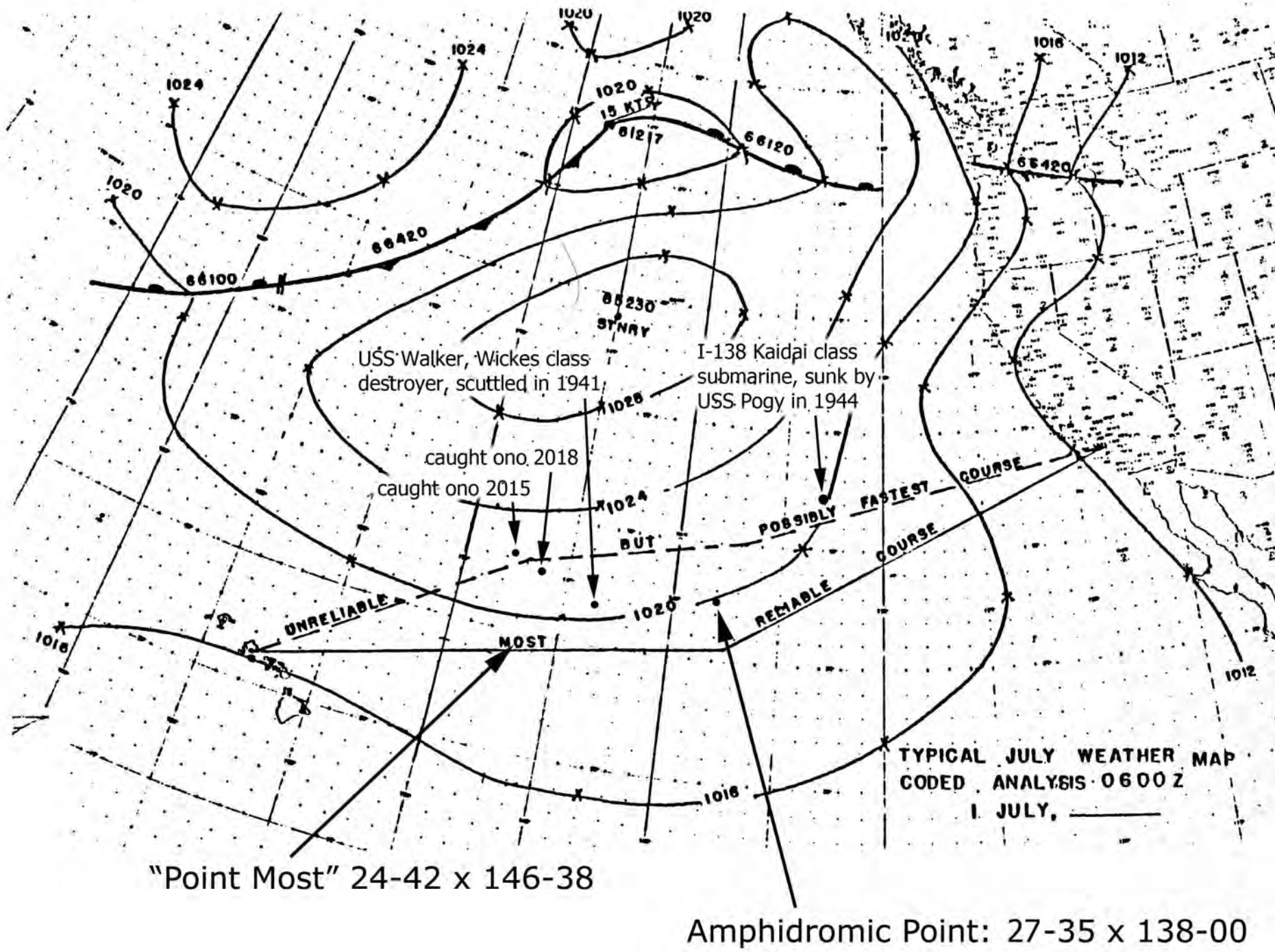
- NOAA weatherfax charts
<https://tgftp.nws.noaa.gov/fax/marine.shtml>
- Forecast discussion for San Francisco
http://www.wrh.noaa.gov/forecasts/display_special_product_versions.php?sid=mtr&pil=afd
- Atmospheric balloon soundings and Skew-T chart
<https://mag.ncep.noaa.gov/sounding-model-area.php>
- Dial-a-Buoy: 888-701-8992
<http://www.ndbc.noaa.gov/dial.shtml>
- Global buoy locations
<http://www.ndbc.noaa.gov/>
- Schedule of voice SSB high seas weather and warnings
<http://www.docksideradio.com/SSB%20Voice%20WX.htm>
- Global windstreaks
<https://earth.nullschool.net/>

Stan Honey on ocean race navigation preparation:

<https://www.youtube.com/watch?v=lbrKrjvwfbg>

Stan Honey's Lecture Notes:

https://pacificcup.org/sites/default/files/kbfiles/Pacific%20Cup%20Weather%20and%20Tactics_0.pdf







Roll over image to zoom in

Tecsun PL-660 Portable AM/FM/LW/Air Shortwave World Band Radio with Single Side Band, Black

by [Tecsun](#)

★★★★☆ 449 customer reviews

| 122 answered questions

Amazon's **Choice** for "PL-660 tecsun"

List Price: \$150.00

Price: **\$131.00**

You Save: **\$19.00 (13%)**

**Pay \$21.83/month for 6 months with your Amazon
Prime Rewards Visa Card**

- Dual Conversion, AM, SW-SSB, AIR Band reception
- SYNC detector for AM with selectable sideband reduces adjacent channel interference and fading distortion at night
- Convenient rotary dial or Auto Tuning Storage Function (ATS) For FM, MW, LW & SW Band; six tuning modes in all
- Built In Dc 5v USB Jack, Earphone Jack, FM & SW Antenna Jack, Built-In Charging System To Charge the supplied Ni-Mh Rechargeable batteries
- Includes stereo earphone, wire antenna, and carrying pouch

\$131.00

FREE Delivery by **Sunday**
if you order within 7 hrs 59 mins.

[Details](#)

Only 12 left in stock - order soon.

Qty:

Sold by [I do radio](#) and Fulfilled by [Amazon](#). Gift-wrap available.

Add a Protection Plan:

- ☐ **4-Year Protection** for **\$9.33**
- ☐ **3-Year Protection** for **\$5.49**

[Deliver to Paul - Berkeley 94708](#)

HF SSB/Voice Weather Forecast Schedule

(NOAA's National Weather Service Marine Forecasts Broadcast by USCG)

Pacific Region

NMC - Pt Reyes CA (PYE), NMO - Honolulu HI (HNL), NRV - Guam

Broadcast Time GMT (Zulu)	Station Location	Station Call Sign	Frequency (kHz, USB)		
0005Z	HNL	NMO	8764	13089	---
0330Z	Guam	NRV	13089	---	---
0430Z	PYE	NMC	4426	8764	13089
0600Z	HNL	NMO	6501	8764	---
0930Z	Guam	NRV	6501	---	---
1030Z	PYE	NMC	4426	8764	13089
1200Z	HNL	NMO	6501	8764	---
1530Z	Guam	NRV	6501	---	---
1630Z	PYE	NMC	8764	13089	17314
1800Z	HNL	NMO	8764	13089	---
2130Z	Guam	NRV	13089	---	---
2230Z	PYE	NMC	8764	13089	17314
			Source: http://www.nws.noaa.gov/om/marir		
Note:	ITU Channel numbers for the above listed frequencies are:		4426 kHz	#424	13089 kHz
			6501 kHz	#601	17314 kHz
			8764 kHz	#816	



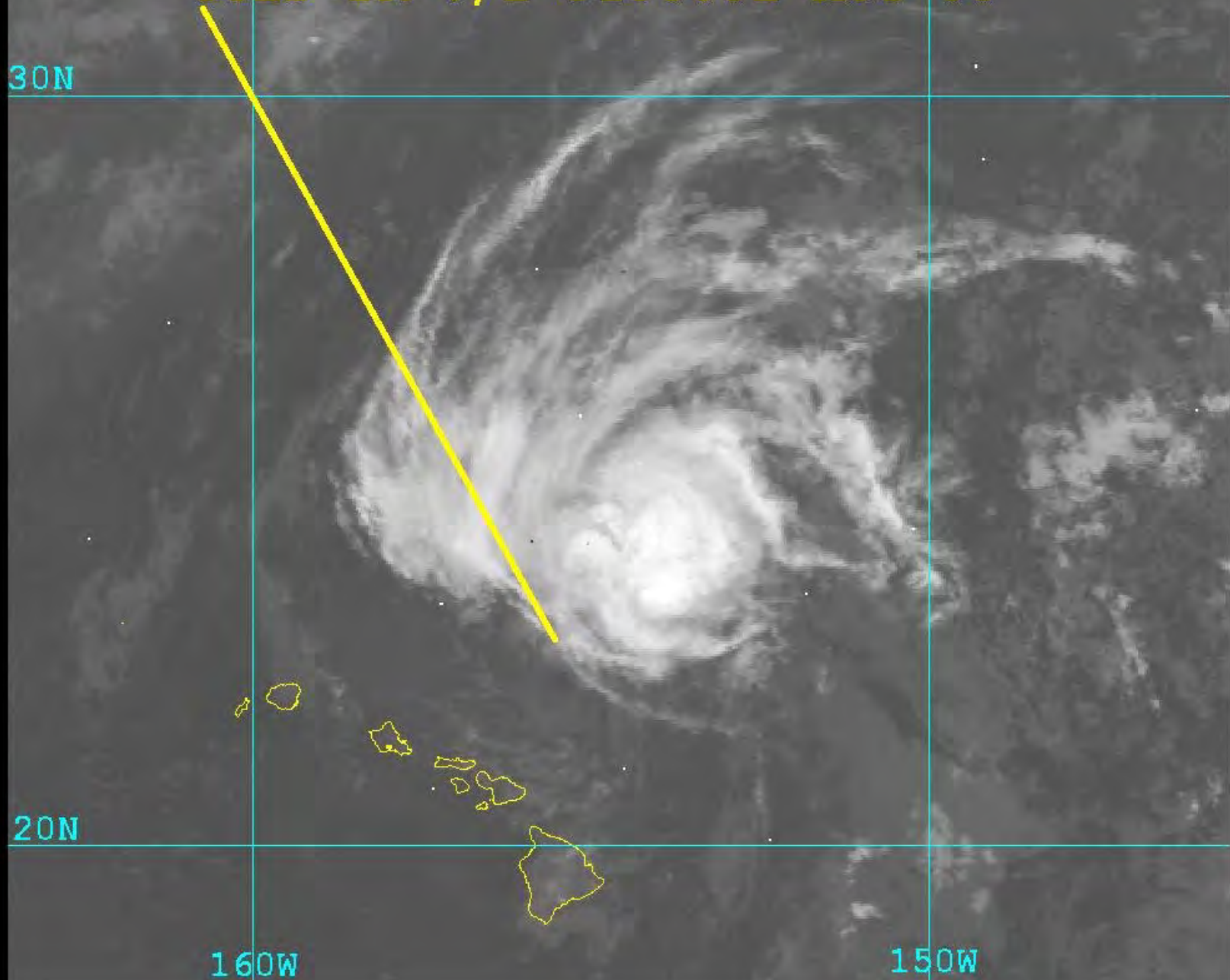
TROPICAL STORM DANIEL (06E) WRN #36
GOES IR V/T 010600Z AUG 00

30N

20N

160W

150W









Navelight Tricolor 2NM w/Navimount Base

by [NAVISAFE](#)



10 ratings

Price: **\$71.19** & **FREE Shipping**

Your cost could be \$61.19. Eligible customers get a \$10 bonus when reloading \$100.

Note: Not eligible for Amazon Prime.

- Compatible with Navisafe navimount System
- Floats to 66 feet
- Operates with 3 AAA batteries (not included)
- Navimount base lights will work with railblaza mounting systems, when used with the railblaza 932 converter

New (33) from **\$71.19** + FREE Shipping

[Report incorrect product information.](#)

\$71.19

& **FREE Shipping**

Arrives: **Jan 29 - 31**

[Paul - Berkeley 94708](#)

Only 4 left in stock - order soon.

Qty: 1

\$71.19 + Free Shipping



Add to Cart



Buy Now

Ships from and sold by [PrimeMarineTackle&Gun.](#)

Add a Protection Plan:

- ☐ 3-Year Protection for **\$7.99**
- ☐ 2-Year Protection for **\$5.99**



THE NATION'S CHARTMAKER SINCE 1807

UNITED STATES - WEST COAST

CALIFORNIA

GULF OF THE FARALLONES

PLACE	(LAT/LONG)	Mean highest high water	Mean low water	Mean lowest low water
Point Reyes, Marin County	38°00'N 123°00'W	1.1	1.1	1.1
Point Gorda, Marin County	37°50'N 122°50'W	0.8	0.8	0.8
Point Pinos, Contra Costa Co.	37°45'N 122°45'W	0.8	0.8	0.8
Point San Pedro, Contra Costa Co.	37°40'N 122°40'W	0.8	0.8	0.8

RADAR REFLECTORS
Radar reflectors have been placed on many leading aids to navigation. Individual radar reflector identification on these aids has been omitted from this chart.

POLLUTION REPORTS
Report all spills of oil and hazardous substances to the National Response Center via 1-800-424-8802 (24 hr), or to the nearest U.S. Coast Guard facility if telephone communication is impossible (24 CFR 153).

CAUTION
Limitations on the use of radio signals as aids to marine navigation can be found in the U.S. Coast Guard Light List and National Geospatial-Intelligence Agency Publication 117. Radio direction-finder bearings to error and broadcasting stations are subject to error and should be used with caution. Station positions are shown true. Station positions are shown true. Station positions are shown true.



NOTE F
CHEMICAL MUTILATIONS DURING AREA RESTRICTION
This area has been designated for U.S. chemical munitions dumping. Designation of such areas is in accordance with 40 CFR, Parts 220.225, 220.226, and 220.227.

NOTE G
Additional information concerning the regulations and requirements for use of the U.S. Coast Guard Light List is contained in the U.S. Coast Guard Light List.

Mercator Projection
Scale 1:100,000 at Lat. 37°45' North American Datum of 1983 (NAD 83) Geoidetic System 1983

SOUNDINGS IN FATHOMS
FATHOMS AND FEET TO DEPTH PATTERNS AT MEAN LOWER LOW WATER

HEIGHTS
Elevations of rocks and lights are in feet and refer to Mean High Water. Contour and soundings are in feet and refer to Mean Low Water.

ADDITIONAL INFORMATION
Consult U.S. Coast Guard Light List for supplemental information concerning aids to navigation.

NOTE D
PRECEDENCE OF AID
Traffic within the navigation area may consist of U.S. Coast Guard vessels, U.S. Navy vessels, and other vessels. The U.S. Coast Guard vessels have the highest precedence.

NOAA WEATHER RADIO STATIONS
The NOAA weather radio stations listed below provide continuous weather broadcasts. The reception range is typically 20 to 40 nautical miles from the station site, but can be as much as 100 nautical miles for stations at high elevations.

NOTICE
Traffic Service System covering the Gulf of the Farallones. Vessels are required to use this system to report their position and intentions.

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